







THIRD EDITION COMPLETELY REVISED AND UPDATED

STEVEN P SHELOV, M.D., M.S., F.A.A.P, EDITOR-IN-CHIEF

CHARLENSES ADDREED

American Academy Of Pediatrics

## Your Baby's First Year: Third Edition



suggestions on breastfeeding, bottle-feeding, and introducing solids• the nation's most trusted name in child care— new material on prebiotics, probiotics, and the Tdap vaccine•s First Year may be the definitive all-in-one guideline to looking after your infant. safety checks for house and car, including a car safety seat shopping information•s First Calendar year provides authoritative information on all areas of infant care, including expanded sections on increasing twins, multiples, and kids with autism••Your Baby's first season with vital facts on growth, behavior, and advancement• a complete health encyclopedia covering illnesses, accidents, and disabilities•THE ONE GUIDE MOST PEDIATRICIANS RECOMMEND guidelines for choosing a child care supplier• Revised and updated, including two brand-new chapters on rest and allergies, Your Baby' And much more a month-to-month lead to your baby'From the American Academy of Pediatrics— Comprehensive, reassuring, and up-to-day, Your Baby's Initial Year can be an indispensable guide for all parents who wish to provide the very best look after their baby.



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This is an excellent little book to carry around. Our Pediatrician gave us a copy of this book at our first appointment for our little girl and my husband and I have study it several times. Five Stars Thanks! ESSENTIAL buy! This book gives me more peace of mind than 'what to expect' because I know it's directly coming from the AAP. Enjoy your baby Enjoy your child. It's well created and extremely easy to understand, even including small diagrams and some growth charts in the trunk. It eases my brain a lot and allows me know what baby ought to be doing. Best Baby Reserve for the 1st, second and almost all kids to check out! I received the first edition 9 years back and no other book even half fits how great this book is. I will probably hand mine to my sisters or get them a fresh copy. This book had such great detail, that everything your doctors don't let you know, forget to let you know or let you know wrong, you will see and have comfort out of this book. Everything from mother's care, to c-section and vaginal birth recovery, colic/gas, holding a baby, therapeutic after a circumcision, the naval stump dropping off and more. I can't tell you just how much this reserve helped with milestone and actually feeling as if you are doing the right things. It is detailed what things to expect during each month, ways to help baby develop skills, text messages for grandparents that are tactful and very kind, and actually has advice for teenagers. This book is crucial buy no matter how many kids you curently have. Google" for everything. Was looking for something with a little more in-depth info on medical problems and developmental milestones. It covers almost every topic imaginable for the first year or two, from breastfeeding (and method) to different muscle tissue reflexes and behavior and the like. Great book Absolute must have for all new moms! Five Stars We present this to every brand-new parent we realize! We've also bought two copies- one for a few misinformed grandparents and one for another mom-to-be. Nothing at all compares, trust me! It has taken me forever (exaggerated of course) to find this book. I' ve used this book today for both of my kids and highly have recommended it to friends and family (when they possess theirs). I used it for my second child and still left it on the espresso table so I could go back and remember what to expect in the weeks after coming home. Everything was spot as and I by no means felt like I had a need to call on "Dr. Good for the milestones, however, not a lot of in depth info As FTM, I needed a baby reserve that was even more credible than "What things to expect the 1st year", but found both books largely the same. You'd be better off googling most of the topica. Can't wait to read it. I supplemented this publication with 'Healthy Sleep Habits, Happy Child'. I really like that this publication also has a section in each chapter focused on grandparents, explaining that stuff change through the years and to respect the parents' desires and things such as that!This book is filled with useful information. This book was recommended by our pediatrician so I bought it significantly less than ... This book was recommended by our pediatrician therefore i bought it less than 24 hours after our baby was created. It's been such a great resource with an ideal info for baby. The index helps it be very easy to research a certain topic quickly. I definitely recommend this for folks planning for baby and not simply the first one :) You'd be better off googling the majority of the topica Very basic information just. This is an excellent gift for an expecting mother and father. Just like ' what to anticipate', this book carries a medical, disease and vaccine part and then goes on to describe babies' development for every month. Came back item as I understand how to alter a diaper and that I will put a baby on it's back to sleep. This publication has been a great reference at 2 AM when we weren't sure if contacting the Pediatrician was required or not. Google is fine, but we find there are so many nonexperts sharing what they believe is helpful, but at the end of your day we simply wanted an expert's viewpoint. Essential for new parents This book has been such a great resource for my husband and I as we navigate new parenthood. Of course, if you are experiencing an emergency, it is best to call 911, but also for minor things this book is wonderful. Delivered on time Emerged in great condition. The only thing where I' ve noticed this book is lacking is about sleep. AAP may be the best! Being truly a Pediatric nurse intended for more than 32 years I understand The American Academy of Pediatrics is the best. It's held us from phoning him on many different occasions. Eh IF you like mainstream medical propaganda. The book is fine, but do not fall into the evaluation trap - it took us a while to understand this but we were so much happier when we do. Given to us by our pediatrician. Don't focus an excessive amount of on milestones - it makes you feel just like you' re checking a container rather than enjoying each brand-new accomplishment.



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