THE BESTSELLING CLASSIC REVISED AND UPDATED

## THE FIRST TWELVE MONTHS OF LIFE

YOUR BABY'S GROWTH MONTH BY MONTH



THE PRINCETON CENTER FOR INFANCY AND EARLY CHILDHOOD

Frank Caplan, Founder . Theresa Caplan, Director

WITH MONTHLY GROWTH CHARTS AND MORE THAN 150 PHOTOGRAPHS

## Frank Caplan and

The First Twelve Months of Life: Your Baby's Growth Month by Month



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The bestselling classic a lot more than two million parents have depended on approaches for soothing cruing babies, solving sleep ask --short overviews of what to expect. The First. A YEAR Of Existence.and thrive. child-care resource. infant has learned and feels at each stage of development from what he or she needs from a mother or father to grow --regular monthly grow charts that reveal how your baby's motor, For over Now totally updated to add the latest information on everything from first-time parent or a vintage hand, you'll find wondrous strides he or she is going to make. parents understand their new infants: from what an from your own baby each month --proven vocabulary, mental, and social skills develop --reassuring answers to the questions most parents breast-feeding versus bottle-feeding to coping with colic . Featuring: information on when to contact a doctor and the best .schedule for immunizations -- plus much more than problems, and coping with diaper rash, dread of strangers, and teething twenty years, this invaluable reserve has been helping 150 fascinating photos Whether you're a and choosing a trusted sitter, The First that The First Twelve Months Of Life presents a rewarding glimpse into your baby's globe which will just deepen your appreciation of the Twelve Months Of Life is the definitive



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My Favorite Baby Gift to Give! Great insight into baby's growth and development. I did a whole lot of reading about the being pregnant, but not about taking care of the baby itself! THEREFORE I immediately bought this publication after. Even though this reserve was written awhile ago, the milestones it explains and assistance it provides are timeless. Just the bit approximately the hiccups was a lifesaver for .! In addition, it includes milestones charts by the end of each month (and I'd add notes in it how my boy was developing). Smallish book but chock full of great info! The information is gold and accurate and timeless! I always give a copy of it to any friend who is expecting! Yes there are a few outdated references (record player, no reference to online or any contemporary inventions), but they are very minor details of the book. I used this basic guideline 37 years ago and the 'norms' haven't changed that much for the reason that time frame! helpful After raising my daughters, I now have a granddaughter. Simply make sure you're getting a far more recent publication. Its extremely fun to read what baby will end up being learning and then see it happen! What an AWESOME book.. I LOVED having the ability to read about the development of our baby month by month. It had been both scientific with an instant reference chart of development for each month, but also 'personal' with plenty of narration about babies' development, what to expect, what a baby requirements at this time, etc. I had liked the prominent photos in the month-by-month breakdowns - babies change so much each month of existence. I especially enjoyed it when I was an initial time mom.) Right now I buy this book for people who are having their first baby as part of their baby gift. Babie's first season of development I used this reserve when both my young ladies were within their first year. It was a 4x6" paperback sized (there are various size printings FYI including larger 8x11"), so that you can simply go through whatever chapter is pertinent at this time while baby naps or whatever. In ways I discover that refreshing as you obtain perspective of what the old advice was (which occasionally makes me wonder if we have to all end up being winging it / choosing our gut rather than reading up on "expert" advice from people that likely never stayed house with a baby). Its laid out simply. Just the bit about the hiccups was a lifesaver for me.. Handy but bit out of date lots of good details, but its a little bit outdated. However, most of the information continues to be useful and will never be outdated (milestones, baby capabilities by age. Also bought one for my child. that sort of matter). She got it when she got babies too. Super easy to follow and simply laid out for a tired mother to understand and follow. A caution though: there are plenty of publications of the book and the older ones have different tips for baby treatment and more outdated info about feeding and treatment. I bought it again when my grandson was created. This book helps you to know very well what developement was following at each month. When they are kind of "boring" within their early weeks of life you can read forward and see when he is supposed to smile, sit down up, babble, roll over and additional stages of change. Plenty of dark and white pictures, too (although outdated fashioned looking which can be funny! It made me feel so much more confident in my abilities and the baby's. I'd recommend this book even though it was a long time ago when it had been written. The days may change but the first year of the baby's developement is definitely virtually the same no matter what 12 months your baby is born. Common book!! She's a book reader, therefore my daughter is getting this for her shower.. If you are a new parent and your baby starts doing scary issues, a relief to make reference to a guide that calmly talks you through it all. great useful and timeless information. A wonderful parents guide! Happy to have found it Loved this book raising my boys. When I had my child in 2011 I felt so lost. A perfect combination of technology and encouragement/excitement of each new month. I love how the info was structured but it isn't sufficient or updated for today's parents. Still the great practical content I'm pleased to talk about with my daughter-in-rules, but find the tiny paperback size and paper less engaging with the photos aren't as clear... I received this book as something special from my mother

when We had our first son. An informative and basic resource for new parents. I finished up buying a dozen baby books which was the one that helped me through and the one I always returned to. Updated and incredibly concise &... I like how the info was organized but it isn't sufficient .. I'm so glad I had it. Aged outdated info - yes individual development hasn't changed very much in a generation but our understanding has. This book is normally a reproduction of what I experienced had. Great Great book Five Stars Great. Best ever This is my bible almost 40 years back and so I got it for my son. The book has been updated and relevant, No problem finding important problems in the grown of a baby in the initial 12 months. No nonsence approach Love the great no nonsense approach of the book. Great summary by the end of every chaptet



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