

"Easy to read and chock-full of helpful ideas for the disorganized."

—Dear Abby syndicated column

SINK REFLECTIONS



OVERWHELMED?
DISORGANIZED?
LIVING IN CHAOS?

Discover the secrets that have
changed the lives of more than
half a million families....

MARLA CILLEY—
THE FLYLADY

Marla Cilley

Sink Reflections: Overwhelmed? Disorganized? Living in Chaos? Discover the Secrets That Have Changed the Lives of More Than Half a Million Families...



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Fly Out of CHAOS (Can't Have Anyone More than Syndrome) Into Order— The FlyLady, demonstrates how to manage mess and chaos and obtain your home— Soon you'll be a One Baby Step in a Time With her particular blend of housecleaning tips, humor, and musings about daily life, Marla Cilley, as well as your life—in order. Drawn from the lessons and tools used in her well-known mentoring plan, the FlyLady system helps you create doable housekeeping routines and break down mind-boggling chores into manageable missions that may restore peace to your home—you'll be able to greet guests without dread, look for your keys, locate your children, and, primarily, discover ways to FLY: Finally Like Yourself. And your psyche.



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