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"This book is great!  
The approach to discipline is one of the best I have seen.  
It is a real contribution to parents."

—T. Berry Brazelton, M.D.

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# THE DIFFICULT CHILD

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Expanded and completely revised,  
the classic and definitive work  
on parenting hard-to-raise children,  
with new chapters on ADHD and  
the latest medications for  
childhood problems

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**STANLEY TURECKI, M.D.**

*AUTHOR OF NORMAL CHILDREN HAVE PROBLEMS, TOO*

**WITH LESLIE TONNER**

Stanley Turecki

The Difficult Child: Expanded and Revised Edition



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How exactly to help--and cope with--the challenging child Expanded and completely revised, the classic and definitive work on parenting hard-to-raise kids with new sections in ADHD and the latest medicines for childhood disorders. Temperamentally difficult children can confuse and upset even experienced parents and teachers. They often times act defiant, stubborn, loud, aggressive, or hyperactive. In this parenting classic, Dr. They may also be clingy, shy, whiny, picky, and difficult at bedtime, mealtimes, and in public places. difficult" This landmark book has been completely revised to include the latest information on ADHD, medications, and a reassuring approach Stanley Turecki, among the nation's esteemed experts on children and discipline--and himself the father of a once hard child--offers compassionate and useful tips to parents of hard-to-raise children. Predicated on his experience with thousands of households in the highly effective Difficult Children Program he developed for Beth Israel Medical Center in New York City, his step-by-step approach demonstrates how to: Identify your son or daughter's temperament utilizing a ten-point check to pinpoint specific issues Manage common--often "uncontrollable"--conflict situations expertly and gently Make discipline far better and get better outcomes with less punishment Get active support from schools, doctors, professionals, and organizations Understand ADHD and additional common diagnoses, and decide if medication is right for your child Make the most of the tremendous potential and creativity that many "to all aspects of childhood behavioral disorders. Turecki shows parents how exactly to: Identify their child's challenging temperament utilizing a ten-point test to pinpoint particular difficulties Manage typical conflict circumstances expertly and kindly Make self-discipline more effective and get better results with less punishment Get support from institutions, doctors, and others Understand ADHD and additional common diagnoses, and decide whether medication is right because of their child Make the most of the child's creativity and potential --> kids have Drawing on his knowledge with a large number of families in his highly successful Difficult Child Plan, Dr.



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This book was recommended if you ask me by my child's Pediatrician I normally don't take the time to write testimonials, but had another and carry out it since I'm looking for even more resources. This publication was recommended to me by my child's Pediatrician. It was a godsend! I am increasing a strong willed child, and I did not recognize that I was focusing on so many areas that didn't matter (but I thought were important). We remain very early in the process of monitoring and understanding the pattern of behavior which preludes the outburst, but I am optimistic that it can help us . When I browse the first web pages of it I acquired the feeling that book was based on my daughter's case. I knew that I was going to have challenging with my child, and I knew what the triggers had been; Do yourself as well as your kid a favor by firmly taking the time to read this book and let it sink in.don't allow title place you off. It's still not ideal, but at least we've dealt with the issues we were coping with. And finished . that's humbling and encouraging, is that I changed just how I behave/ react, and my child's behavior followed. It was very much good sense and consistency, though he didn't eliminate learning disabilities and Insert/ADHD. For parents of YOUNG difficult kids (not me) My difficult kid is currently 15.. Very good reserve to have, I got for my own child and purchase it again and again to give to young moms at the end of their ropes. This book is a huge relief! I know how kids can be difficult. I was looking for more cement strategies in dealing with an older difficult child as well. Practical I think this would be a good reference for parents fighting toddlers, but it says nothing on the subject of kids more than 9. Also, BOTH parents have to buy into this plan, or it won't work. This book ought to be mandatory for anyone who even considers being a parent. My pediatrician recommended this book to me after I explained the down sides we go through on a daily basis with our after that 3. I discover myself more able to roll with the punches, laugh when I can, and see the improvement that has result from the strategies provided. And IT IS SO CHALLENGING AND DRAINING to be living with the continuous fights and tantrums, which are unavoidable and uncontrollable.! This reserve would also be considered a good read for brand-new elementary teachers or teachers in schooling. I was not a bad mother or father, I just didn't have the info I had a need to guide my kid toward better behavior.30pm-12am every night after a 3 hour fight, she actually is never sleepy. If you're considering reading it, it is likely exactly what you need Tough children can "ruin your daily life," which can ruin theirs. I simply didn't understand how to end them. There are way more answers to your trials and tribulations than you likely realize, which book holds the main element. You'll be pleased you found this phenomenal resource. Best desires for your (and your child's) success!! He was a child psychiatrist with easy kids then his next child was a "difficult" child. She has extremely low sensory threshold-she is usually always hot. Sleeping is boring to her... My biggest complaint can be that over half the book is "battle stories." Story after story about kids who are hard and how and what they do to get this distinction. Beat reserve for raising a kid He now has a bit of a difficult girl and I purchased this (again) to greatly help them guide her in the simplest way. And especially after learning that nobody I was sharing my encounter with was understanding why I am having such problems. This is just the beginning. This book was suggested to my by our pediatrician, after I mentioned to him that my child is very defiant, persistent, picky, and overall harmful and unhappy child. My life was a struggle each day! I could not really believe it. I couldn't surface finish it, not skipping through chapters. She practically will not comb her hair, does not put on socks, because they bother her, wears shoes 1.5 size bigger because otherwise they "feel tight" , only wears the oldest and most loose clothing, new clothes she cuts with scissors ,because each of them "bother/itch" her. Sleeps uncovered, and with summer time pajama -and we reside in NJ, this winter was brutal!. I simply didn't find it that helpful for a mature kid. He really reduces the variations between behaviors and sensitivities. Has continuous nightmares about spiders, etc. He said he also skipped church because of the

embarrassment of his daughter's behavior. it's a beautiful way to raise a kid to their potential Great reserve! Falls asleep between 11.. Whatever you say she ignores, cant adhere to directions, lies, is present as if in a state of oblivion. When asked why she disobeys, she says that her "mind tells her to take action". It is so overpowering that I was feeling like I want therapy for myself! No-one was seeing the difficulty I was discussing. This book has changed my relationship with my daughter. We are celebrating achievement more than suffering angst.. The book provides very objective summary of typical scenario which are a part of the everyday concern. It offers a system which includes the potential to ease the stress by helping you predict and understand the reasoning behind your son or daughter's behavior and the explanation for the unfavorable outlook, defiance and opposition over your authority as a major caregiver. The information in this book clarified sense, and I saw my very own child in the good examples. Will observe up with another review in a few weeks. I cant believe that I haven't found out earlier about ODD, everyone is talking about autism and ADHD that this particular disorder is usually overlooked.. He also teaches how exactly to discover what aren't really behavior issues (example in my home, my child was really sensitive to textures so could have a tantrum when I put t shirts with certain seaming designs, just like a two tone sleeve with a seam on the higher arm). It is also useful to know you aren't alone in fighting a difficult or manipulative child. Not really any new information Essentially structure your kid's schedule, watch their diet, and have patience. It has been a life saver for our relationship and the relationship with this daughter. We feel completely different today as we cope with her, how we discipline her, everything. She was created in this manner. It wasn't our fault! Still some tough days, but an extremely helpful and positive reference!! She is now 4.5 and thriving! 5 year old. Not necessarily anything new for those who have a difficult child. Very helpful resource and guidebook to helping a difficult child to success This book is an excellent resource for tools to use to help manage and improve a difficult child's behavior. I felt so only in the actual fact that I was experiencing such a challenge with everyday routines because my girl was always being so difficult. My "difficult" boy is now an accomplished engineer.. I believe I read this publication when he was just a little child, as I really do remember it, and it is certainly written for parents with small kids. this is on my night stand for years and described daily... surprise!! How to really help your difficult child The author knows the truth of a difficult child... He now has a bit of a difficult daughter and I bought this (again) to greatly help them direct her in the easiest way. My romantic relationship with my kid has improved so very much, because of this book! He helps to recognize what Could be changed and how to zero in on those behaviors so that you can focus on them.. Does not eat lunch, dinner, eats only a small number of foods and specific brands , if I switch the brand she wont contact the food. A must read! Outdated, boring and repetitive As a clinical psychologist I was hoping more: - It seems as if the author was just writing anything that found mind to "fill up" the book. Sooooo many obvious and unnecessary info - It ignores brain development to the core - It's the same traditional discipline however in an extremely long and boring reserve I really did hate it. Turns out that she is normally one of the very hard children out there. Actually don't waste materials your money. Four Stars Great resource and superb read!



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