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"A fine piece of muckraking, alarming without being alarmist . . . Schlosser makes it hard to go on eating fast food in blissful ignorance." —*New York Times*

With a New
AFTERWORD



Eric Schlosser

The Dark Side of the All-American Meal

Eric Schlosser

Fast Food Nation: The Dark Side Of The All-American Meal



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New York Times Bestseller “Schlosser has a flair for dazzling scene-setting and an arsenal of startling specifics.” . Fast Food Nation points just how but, to resurrect an old fast food slogan, the choice is yours.” Los Angeles Times In 2001, JUNK FOOD Nation was published to critical acclaim and became a global bestseller. Schlosser shows the way the fast food market conquered both urge for food and scenery.s exposéAs disturbing since it is irresistible . The book changed just how millions of people think about what they consume and helped to launch today’ “” JUNK FOOD Nation is as relevant today as it was ten years ago. The reserve inspires visitors to look under the surface area of our food program, consider its effect on society and, most of all, think for themselves.s meals movement. revealed how the fast food market has altered the landscape of America, widened the gap between rich and poor, fueled an epidemic of obesity, and transformed food production across the world. channeling the spirits of Upton Sinclair and Rachel Carson. . Exhaustively researched, frighteningly convincing In a fresh afterword for this edition, Schlosser discusses the growing interest in local and organic meals, the continuing exploitation of poor employees by the meals industry, and the need to make sure that every American offers usage of good, healthy, affordable meals.—San Francisco Chronicle “Eric Schlosser’—The New Yorker Eric Schlosser is a contributing editor for the Atlantic and the writer of Fast Food Country, Reefer Madness, and Chew on This (with Charles Wilson).—



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I could talk my learners about how easy it really is for E-coli to develop and spread. The reason I chose this book since it uncovers the horrors behind junk food aside from the obvious health implications fast food has on people. I also chose it because it can relate to health class. I can talk my college students about how easy it really is for E-coli to develop and pass on. I am blown away! Nor did I realise just how much it hurt those who worked in the market. Fresh meat, fruit and veggies are healthier than prepared food. The twenty-first will no doubt end up being marked by challenging to curtail extreme corporate power. It can more harm than worthwhile. Disconcerting Supply Chain Unlike the restaurants and food preparatory processes discussed, the statistics and case studies of Fast Food Nation are palatable. By tracing the varied influences of fast food I hope to shed light not only on the workings of a significant sector, but also on a distinctively American way of viewing the world. For rational thinking people it will seem merely even more of the same old same exact. The Cosmetics Industry uses them so we can look and smell 'pretty'. If the publication presented concrete solutions, I really do not recall many of them, it works better as a highlight reel of atrocity rather than meditation on possible improvements. I browse the book in 2012, 11 years after JUNK FOOD Nation was originally published but I've failed to see any of the adjustments highlighted in the book taking hold. Democracy still is apparently smothered by special passions and lobbying, and despite other mass media emphasizing the horrifying condition of our food industry we seem stuck in that same responses loop. Ultimately Fast Food Nation will open up your eyes to many of the problems in the fast food industry, though possibly the biggest lesson is how much more it will take to actually incite change. They will sell whatever sells at a profit. The purpose of this book, about the junk food industry, is best summarized by the author within the introduction: "I do not mean to suggest that junk food is solely in charge of every social problem now haunting America. In some cases (like the malling and sprawling of the West) the junk food industry is a catalyst and an indicator of larger economic styles. In other cases (such as the rise of franchising and the spread of obesity) fast food has played a more central function. The publication succeeds in taking a complex industry, presenting the reader to its history in the context of American commercial advancement, and disassembling it out by its main components. The reduced price of an easy food hamburger does not reflect its true cost - and really should. If you are area of the Choir you'll no doubt think, nay know, this book is usually a Godsend. Eric continues on to investigate every part of the fast food market: people, cattle, vegetables, wellness etc. The storytelling techniques that he uses through the entire reserve bring this expose to life. The tales are descriptive, personal and touching. But this reserve is merely another in a much too long range of income generating ventures (similar to the 'food' industry) of the Leftist Agenda. Here are essential excerpts from the publication that I came across particularly insightful: "The history of the twentieth century was dominated by the struggle against totalitarian systems of state power. This book relates so well with wellness implications because if additional countries are gaining fat because of our fast food than junk food is the problem. I've always heard about this book and finally I examine it and wow! Fine, I do understand their placement albeit there are plenty better ways to get the message across than blatant Propaganda." This reserve recounts the history behind the uprising of fast food to become dominant force inside our modern society. the gains of the fast food chains possess been made possible by losses imposed on the others of culture. The annual cost of obesity by itself is now doubly large as the fast food industry's total revenues. This new century may provide an impatience with conformity, a refusal to be kept at night, less greed, more compassion, less speed, more common sense, a sense of humor about brand essences and loyalties, a watch of food as more than just fuel. The United Learners Against Sweatshops and various other activist groups have brought widespread attention to the kid labor, low wages, and hazardous working circumstances in Asian factories that produce sneakers for Nike." "No one in the USA is forced to buy junk food. The first measures toward meaningful transformation is by far easy and simple: end buying it. People could be fed without being fattened or deceived. They are businessmen. They'll sell free-range, organic, grass-fed hamburgers if you demand it. You Are What You Eat! The usefulness of the market, its effectiveness as a tool, cuts both methods." "Whatever replaces the fast food industry should be regional, diverse, genuine, unpredictable, sustainable, rewarding - and humble.. The executives who run the fast food industry are not bad men." "The proper pressure put on the junk food industry correctly could produce change quicker than any act of Congress. Things don't have to be the way they are. Despite all evidence to the contrary, I remain optimistic." Eye opening Wow. I do need to commend the writer for an intensive investigation

into this whole segment of business.. Therefore about once a week, I steel my nerves and read probably 5 to 10 webpages and quit before I do irreparable harm to my nerves and my heart. Up until the last 2 chapters, I couldn't go more than a couple of sub chapters at a time because I simply got so mad therefore heartbroken at the eye opening and really horrific information that the writer goes into. Every time I opened up my Kindle, I had to take stock of how I was feeling that day, easily could handle more information that would make me desire to tear my hair out or break my already fragile heart. I realised we just needed to encounter the ugly truth and getting ignorant isn't bliss. It's a book, girl had to read it for college. And most times, I opted to skip Fast Food Nation because I just couldn't handle it. We have to try to stay away from it whenever you can if you want to live lengthy and healthful lives. it has taken me months to complete this book.. The writer does an unbelievable job at laying out the glory times where hard work, elbow grease, dedication and fairness is definitely what got these first trailblazers off the bottom and hamburgers became a staple of the American diet and way. I can also talk to them about the need for finding foods that are house grown by a farmer and doesn't have any pesticides in it. Sure, life is cash and cash is business. A Must Browse! The great challenge today facing countries across the world is where to find a proper balance between the effectiveness and the amorality of the market. All it takes is onetime of not cleaning you knives or cutting board to get it. While I understood it wasn't healthy to eat, I did so not really know quite the degree of it. Then your gruesome information which he appears to explain in a mainly non-bias way , one gets the experience he is not trying to sell vegetarianism - more to the point of the unsanitary circumstances of the factories and the illnesses of the food. He clarifies what big industry did to the American farmer and the way the unsanitary meats, chemical substances and processing has poisoned the globe. He explains most importantly the affect this kind of diet has had on the youth- all youth of each country there is fast food. That is an atrocity and a shame that to this day nothing is being performed about the greed and filth of these monster companies. Go through at your very own risk - you might do something passionate and boycott the bastards!. Ask my daughter. Five Stars Excellent Worth it I bought this since it was a required reading for a history class, but I actually became drawn to it. The composing is quite descriptive. The slaughterhouse chapter is the most memorable one for me. Good Book Good book, wonderful look. But I soldiered on... She's writing the book report, not really me. Five Stars Very eye-opening! It will know its limits. ONSLAUGHT OF HUMAN WANT I will be the first person to advocate for the Rights of defenceless animals in the onslaught of human want. Fast Food Nation makes an excellent effort to identify many of the cultural, personal, and political problems in play within the junk food industry, though it does little to incite transformation. Chickens and all types of human food intake are subjected to a brief life of abject horrible indecency so we can 'dine-fine'.An extremely educative and enlightening read, and a rude (essential) awakening about the meals industry in general and the junk food industry in particular." "Today's junk food industry may be the culmination of these larger social and financial trends. However, what many of us do not know is : "what lies behind the shiny, happy surface area of every fast food purchase". One of the most memorable sections of the book targets junk food employees, the developing standardization of their functions as time passes, and the extreme procedures some companies pursue to avoid any consequences of employing an inconsistent, unreliable workforce.



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