

#1 NEW YORK TIMES BESTSELLER

with a new afterword

Now a
feature film
starring
STEVE CARELL
& **TIMOTHÉE
CHALAMET**

beautiful boy

a father's journey through his son's addiction

DAVID SHEFF

"A brilliant, harrowing, heartbreaking, fascinating story, full of beautiful moments and hard-won wisdom. This book will save a lot of lives and heal a lot of hearts."

— ANNE LANOTT

David Sheff

Beautiful Boy: A Father's Journey Through His Son's Addiction



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#1 NY Times bestseller Now a Major FILM Starring Steve Carell * Timothée Chalamet * Maura Tierney * and Amy Ryan "An excellent, harrowing, heartbreaking, fascinating tale, full of beautiful moments and hard-won wisdom. This publication will save a whole lot of lives and heal a whole lot of hearts." Washington Post An eye-starting memoir. " ' Those are the wrenching questions that haunted David Sheff' phone phone calls— David Sheff traces the first indicators: the denial, the three a. What did I do wrong? Mary Pipher, writer of Reviving Ophelia What had occurred to my beautiful boy? To our family members? — That' . Before Nic became addicted to crystal meth, he was a charming boy, joyous and funny, a varsity athlete and honor student adored by his two more youthful siblings.s addiction to drugs and tentative steps toward recovery. After meth, he was a trembling wraith who lied, stole, and lived on the streets."m.s ultimately what Beautiful Boy is about: truth and healing.could it be Nic? the police? a healthcare facility? His preoccupation with Nic became an addiction in itself. And he refused to stop on Nic. But as a journalist, he instinctively researched every treatment that might save his son. 'Filled up with compelling anecdotes and essential insights .When among us tells the truth, he helps it be easier for all of us to open our hearts to your own pain and that of others.s journey through his son Nic' Anne Lamott "" — —



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An addict's viewpoint Well, I'm dependent on methamphetamine. David just wants his son back again and why is it a full page turner is definitely that he's learning from what he isn't proficient at. When I premiered from jail twelve months ago, I decided to browse Tweak.this book helped strengthen my resolve to stand firm, and look after myself, aswell. Tweak was relatable if you ask me, and so was We All COLLAPSE.As a recovering addict myself, (13 yrs. Considering there is no way feasible OUR child, Us would ever be back here doing this once again. She has been a heavy, and secretive (she thinks) drinker for over 40 years, a condition which worsened when her husband, and my father, died, 22 years back.! I've only experienced existence from the viewpoint of somebody on meth. I believed I was being considerate, I always examined in with my family on a every week basis. a MUST browse. Many falls possess ensued over the entire year, tooth knocked out, damaged limbs, constantly with a "plausible" description. We've a road before us.. Not just with terms of prayer but the truth of your beating heart. A flawed son who escapes and numbs himself to survive the frustrations and loss of life... Because my very own discomfort walking in David's sneakers was so extreme that I acquired to step away and may just take it in small doses. Nic Sheff can be an amazing person, he had overcome a lot., 11 mos., 11 days), in addition to a mother or father, it was really hard for me to read at times but I'm SO happy I did so.This is an amazingly touching book that's at times funny, emotional, heart wrenching, and hopeful. We've had extremely frank conversations about the next few weeks, of no consuming, for the rest of her lifestyle,. I was home at least twice a week.. My heart is out to the author but also all parents who are coping with addiction and mental illness.. Why? This was an incredible, touching book told from the other side of addiction - a side not heard frequently - the side of a parent watching their child slowly spiral out of control due to addiction. It has been our lifestyle for twenty years and I know there are specifics David didn't share/ couldn't talk about because it is so horrifying to know the reality of everything your son or daughter is doing to acquire these drugs of choice.. It is also appalling that in this great country - which gives away everywhere - that it's so extremely difficult to find help and rehabs for those with mental medical issues or addictions. Five Stars Great book! There shouldn't be such a fight/war to find reliable, effective programs for help. 28 time programs - a load of crap.. I still remember sitting in our first family session at a program - 20 years ago. Beautifully created and an emotional roller-coaster. He inspires me. Desperate inner cries of a check list of flaws yet perseverance a state in which you don't give up. I lost track of the rehabs, the applications, the jails, the prisons a long, long time ago. Many thanks David for sharing your story! Not to absolve our own part of the - all parents make errors along the way. Excellent! An eye opener for all parents and teenagers. I be concerned about the predisposition to addiction those beautiful boys have been sentenced to. A sufficient amount of already.. It was comforting in some strange way to end up being inside David's head and know that I'm not by yourself in thinking these things and more.. I'll be reading Nic's own tale next. David captures this in his amazing book. I am debating with myself now about sharing it with my child so maybe she can finally discover inside our thoughts and hearts and understand the depths of worries, the anger, the pain, the destruction. It would be a great read for all those that don't - simply for their understanding and education about how this plague of addiction impacts people they connect to every day and yet may not even understand the hell they you live. God help me but it does come to a place where you are happy they are locked up someplace because at least they are safe and for a time you can rest. I could do little to greatly help, because I live hundreds of miles apart, with young children. Found its way to perfect condition Thank you! I truthfully experienced no clue that I

was hurting people therefore badly. you aren't looking forward to a dreaded call to come with horrid news...we are not alone It took me over 2 weeks to read this phenomenal reserve and I'm normally a 1-2 day per publication person..or waiting for calls to come merely to understand they are alive. You do truly start to dread and hate a ringing phone. You learn. That is a genuine must read for any family or person that knows and adores an addict. I want to believe that will help her/us heal if she could ever understand why isn't all about her and her pain. Thank you for composing this David. I sensed like I was holding my breath throughout waiting around to learn that Nic was still alive and was rendering it constantly and painfully. Very detailed information regarding addiction, some of which may be applied to other medications than meth, . Excellent Got my within days.. My mother has recently entered a healthcare facility, at 82, with a lung infection, caused, the physician says, by aspiration of something into her lungs, probably while heavily consuming alcohol. Therefore when I then found out that his dad also wrote a reserve about his son's addiction, I simply needed it.. I was alert to her drinking, but just comforted myself with the actual fact that she drank at home, and didn't drive. I worked regular, but still liked to go crazy with my friends. Nothing of true, long lasting value can be accomplished in 28 day applications.. David is individual but didn't have the ability to change his son. This time She nearly died, and as she recovered, thankfully, I read this book, which both frightened and comforted me. I will have some good rates for the recovery ahead for her, and myself. I would recommend this to publication to everyone but especially to those fighting either part of addiction... An old friend of mine examine it while he was in juvie, that's how I first found out about it. After scanning this book (okay, while reading it) I cried and apologized to my parents, my grandparents, and my uncle for all your hell I had put them through. But because you received the gift of the child while these were young - it doesn't remove damage completed in the womb and even as a small infant. An excellent memoir on family members, addiction, and recovery. A phenomenal go through that I will suggest to anyone, especially if/when read in tandem with his boy's memoir, Tweak: Growing up on Methamphetamine.. Moving Very moving A MUST READ !! Without a doubt, Beautiful Boy tore me apart.!! Amazing story, hard to put down ! So heart breaking to learn what this family experienced and how drugs destroy lives. A must browse for all parents and teenagers! And that terrifies me for both beautiful baby boys that my kid had and gave up to some other loving family. This publication should be mandatory high school curriculum. Seated in that circle that could become just one more dreaded part of this process and hearing people discuss it being their 4th, 5th, 6th time.. I certainly loved this publication and am buying for relatives and buddies. I also learned a lot along the way about the impacts of points birth parents did to impact a beautiful young ladies destiny. The daily battle is overpowering.. Cant wait to learn it. Thank you The love a father has for his son isn't just an investment of time but of character. Being a truth in the center of turmoil and frustration finding your way through the near future respectfully. David enjoys something that is continually reminding him that he cannot like him back. This was an incredible, touching book told from the other side of . Torments of connection and folks who are alive. We were an excellent family, had raised great kids and we would handle this and fix it during this one go round. One day you going to need to live. If you are an addict, if you have a kid that is an addict, even if you're neither, READ THIS Reserve.. He's addiction is normally a compulsive become a reminder of how fragile the individual spirit and condition. Youth and the condition of family or the cult of it. I've been in recovery for just one year, three months, and 11 times. The tragedy of considering your ever only. David reminds not only himself but what he must let go off know with his presence that

he is not alone. We are not alone in understanding that any one who has ever delt with addiction struggles to find a way to remove one self from it.



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