



*"Grandin has reached a stunning level  
of sophistication about herself and  
the science of autism."*

*— New York Review of Books*

# The Autistic Brain

HELPING DIFFERENT KINDS OF MINDS SUCCEED

TEMPLE  
GRANDIN

AND RICHARD PANEK

Temple Grandin

## The Autistic Brain



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“ Weaving her very own experience with remarkable new discoveries, Grandin introduces the advances in neuroimaging and genetic study that link brain science to behavior, also sharing her own human brain scan to show which anomalies might clarify common symptoms.s] most insightful function to day .—Pittsburgh Post-Gazette Temple Grandin could be the most famous person with autism, a condition that affects 1 in 88 children. John Elder Robison, writer of Look Me personally in the Eyesight "The proper brain has created the right book for at this time.[Grandin' "Scientific American The Autistic Mind brings Grandin' Most excitingly, she argues that raising and educating children on the autism spectrum must concentrate on their long-overlooked strengths to foster their particular contributions." . . The Autistic Mind is something anyone could reap the benefits of reading, and I recommend it to a person with an individual or professional link with autism or neurological difference."— Since her birth in 1947, our knowledge of it offers undergone a great transformation, leading to more hope than ever before that people may finally find out the causes of and treatments for autism. The Autistic Human brain can both enlighten readers with small exposure to autism and provide hope and compassion to those who live with the problem."—s singular perspective in to the heart of the autism revolution.



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This book is super fascinating! My grandson is certainly high functioning autistic and .. If you want to comprehend ASD better, I would recommend you read this publication. This book is super fascinating! My grandson is certainly high functioning autistic and after reading this book I today suspect my youngest boy is also. A fascinating glimpse inside the autistic mind! People are judged on if they have an ideal body and perceived flaws are magnified. will be exceptional for high-working Aspergers , and I believe the others as well.. Perfect book for anyone who provides ASD, family, caregiver, teacher/ etc Love Temple! Superb read that I'll visit over and over. This is the quickest I've finished a book in years. why most of us have different strengths & weaknesses. But simply because I learned from illustrations like Carly Fleischmann's description of sense overstimulated in the restaurant, I think what researchers should be doing is looking at the self-reports meticulously along with eliciting them in fresh ways. I will re-read that one again - Large recommend! Great book and well crafted. If we were yet then our society would not evolve. Just forget about labels. While I have not read a previous function by Grandin, as a parent with a child diagnosed with moderate level autism I have frequently find out about her and also have seen plenty of interviews of her that I possibly could hear her voice as I made my method through this text message. Out necessarily, I have go through a high number of books and analysis papers associated with autism, and the vast insight that Grandin shares from her own experience is valuable, as is usually what she shares about mind science and the opportunities she has had throughout the years to take part in ground breaking study that included scans of her personal brain.Both of these topics are interwoven through the entire book, and I trust other reviewers here that this book probably includes a wider audience than what the authors may possess originally surmised. Looking at every case of autism as an individual will result in the broadest spectrum feasible, a holistic analyses which includes the brain technology that the authors discuss, and proceeds to encompass the entire being, both for traditional and regressive instances of autism. The DSM-5 may no more include different examples of autism, but even Grandin explains her reservations about DSM diagnoses. Potential readers just need to keep in mind that almost all her focus here is on people that have high working autism like herself.Having said that, interestingly enough Grandin is probably being among the most optimistic writers in regards to to the potential of these with autism. In one of the best brief written summaries of the history of the DSM, for instance, she writes the next terms of encouragement for all those with autism within their lives: "Unlike a medical diagnosis for stage throat, the diagnostic criterion for autism has changed with each brand-new edition of the DSM. I warn parents, teachers, and therapists in order to avoid obtaining locked into the labels. They aren't precise. I beg you, don't allow a kid or an adult to be defined by a DSM label." For those of us that have had to battle ICD codes while searching for treatment for our children, we recognize that this categorization is typically not going to disappear completely any time soon, nonetheless it is about time that someone of Grandin's stature is certainly questioning their long-term validity.As a mother or father, I specifically appreciated chapter 1 ("The Meanings of Autism"), in which Grandin discusses the annals of the autism medical diagnosis and reflects on the original diagnosis that she was given, "brain damage", chapter 4 ("Hiding and Seeking"), in which sensory disorders, an oft neglected area in study, are discussed in relationship to autism, and how Grandin found realize that there exists great variety, chapter 5 ("Failing on the Spectrum"), where she furthers her earlier thoughts on the DSM, and chapter 7 ("Rethinking in Photos"), where Grandin writes that "of training course autistic brains don't all start to see the globe the same way - despite what I once thought" after realizing that people that have autism exhibit multiple instead of one kind of visualization. We all match one or more of the types of thinking and learning referred to in this reserve, not just those with ASD. Following her applying for grants what she identifies as two phases of autism the diagnosis (1943 to 1980, and 1980 to 2013), she discusses how it is time for another shift. "Because of advancements in neuroscience and genetics, we can begin Stage Three in the history of autism, an era that returns to the Phase One visit a trigger, but this time around with

three big distinctions." Bravo! By including references and links to additional books and scholarly articles about Autism (some compiled by other autistic individuals), Temple Grandin offers a clear way to further understanding this frequently misunderstood neurological disorder. The collaboration between Grandin, probably the world's best known specific with high working autism, and Panek, a well regarded science article writer, was a good move for this reserve. Thank goodness for people like Temple.' Concentrate on the cause. " "Rather than - or at least in addition to - assigning human subjects to research through a common autism medical diagnosis, we should become assigning them by primary symptom. Understanding and understanding how to utilize the strengths of each can be invaluable when assembling collaborative groups. If we figure out even more about autism it will undoubtedly shed a whole lot of light on ordinary people with the 'average' ho-hum brains! They they must be putting the subjects into studies based on those self-reports." She later on furthers this thought by writing: "Phase Two thinking says, 'Let's group people together by diagnosis. Loved this book. Exceptional book and I anticipate reading more of Temple Grandin's books. However, because I've read so much with regard to autism, potential visitors of this book should be aware that the criticisms from autistic readers that Grandin mentions in this book about her past assertions with regard to how "thinking in pictures" is a common trait across autistic people, might cease but be redirected toward the actual fact that Grandin greatly concentrates on high functioning autism, not the entire spectrum.. Since I watched her film about 7 years ago I've become such a fan! Until I experienced a child of my own three years back and he was identified as having ASD I started to read even more of her books about autism. She actually is this inspiration to parents therefore knowledgeable. This publication is a must have for anyone who has ASD, is definitely a caregiver, teacher, mother or father, relative, or has contact with a person with ASD. Temple covers everything from the neurological basis, behaviors, examples, research, along with explains the research and results at a level that everyone can understand. This is very useful information that needs further exploration. It really helped put lots of things about myself and my life in a completely new body of reference.. Loved the science explanations, and even bought a duplicate for my family to greatly help them understand ASD better. I would like to see more folks with the knowledge Temple Grandin's book passes on. Her insightful very clear knowledge of the types of thinkers and the way Autistic people process info should be a must read for each and every psychiatrist/psychologist/therapist out there in my opinion. Crystal clear, concise, informative, and relevant to me personally. Nuts and bolts of Austistic/gifted human brain and potential jobs for each type. Very interesting. As I suspected, it describes the hard wiring in our brain, especially of an autistic/gifted one in a manner I expected. An extremely useful part of the reserve is at the end where it describes three types of thinkers and the most likely jobs for each. I honestly think that is you can know very well what is going on within the brain and just why, you can better understand the person and the behaviors. Then all would understand our public cues together exactly like we must learn math, science, background, etc. That is good but I believe there might be a thing that can be done earlier in a child's school career. We all have strengths and weaknesses that need to be explored in addition to the sides of each folks that need some assistance. Informative Good read Enlightening insights by somebody who is both autistic AND a tuned biochemist. Helped me know very well what people who have Autism or on the Autism spectrum could be going through that the so called normal person doesn't see or hear or feel. I took chemistry in the fifth quality, and studied in depth about Pompeii in the 4th. Now, it is still left to parents to fill those gaps. Very interesting and useful. What I like is certainly that the Temple Grandin walks you through most of the historical research of autism and her queries and theories will be the same types that jumped out at me as I was reading it. I am older and in my high school they had career assessment. A lot of our society now targets weaknesses, rather than our individual gifts. Bullies appear to be rewarded and continue their rein even into adulthood and the workplace. however, not ever officially "diagnosed" as such. Acceptance of each all our presents

and those around us is key. "Ignorance has become component of a society's belief program" Very well written text in autism and mind science. Concentrate on the symptom. In my own time, schools had cash for enrichment classes. Excellent book, and very readable. We are very fortunate with an autistic adult who is skilled and motivated more than enough to show us how and why our loved types may be so terribly suffering from sensory things ... great read A lot of science, figures, biology. Autistic brain I ordered this reserve because I have an Austic grandson. Her vivid examples and comparisons make understanding the daily challenges of life with ASD much easier. Ought to be required reading for teachers This book was very enlightening for anybody who might know a child with Autism. I did not complete the publication, but it is interesting. Viewing how different the connections in the brain can be from one person to another was extremely interesting. Ex. Knowing that will be the first rung on the ladder toward being able to help a kid find methods to cope. Focus on the individual. frequently without us not even knowing it because they don't tell us or they zone out , nor show it. Great, easy read. In my opinion, this is actually the climax of the publication. Classes on social goals such as how exactly to have a discussion, etc. Actually think I may have learned a couple of things about myself too!. Strongly suggested for people who are interested in this topic, understand someone who can be autistic, or are autistic themselves. Temple Grandin eloquently and honestly conveys what it feels like to experience the world as an autistic person while concurrently exploring the scientific side of Autism and interpreting the results of decades of analysis as only she can. This book is quite in depth about the mind functions. Although I love the conversational style of this book, I also specifically appreciated the way she shares her way of thinking in chapter 5. I sometimes see experts pooh-poohing self-reports. Additionally, it may help us all to be more open to embracing differences instead of ridiculing or dismissing them.' Phase Three considering says, 'Forget about the diagnosis. after that she dives into even more research that she's uncovered in trying to answer those questions. This book will be helpful to anyone with or without ASD in better understanding and I recommend it to anyone trying to help themselves better understand "what's really going on" in the non-neurotypical brain. We have no idea more than enough about autism today and even though you don't know someone with autism, what I believed was so exciting is learning more about how the mind works & Thank you Temple for everything you perform! Sheds light on a lot of areas of autism that I was unacquainted with prior to reading. If you know somebody with Autism spectrum disorder or if, like me personally, you are simply curious to learn and understand this complex affliction, this book is for you.



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