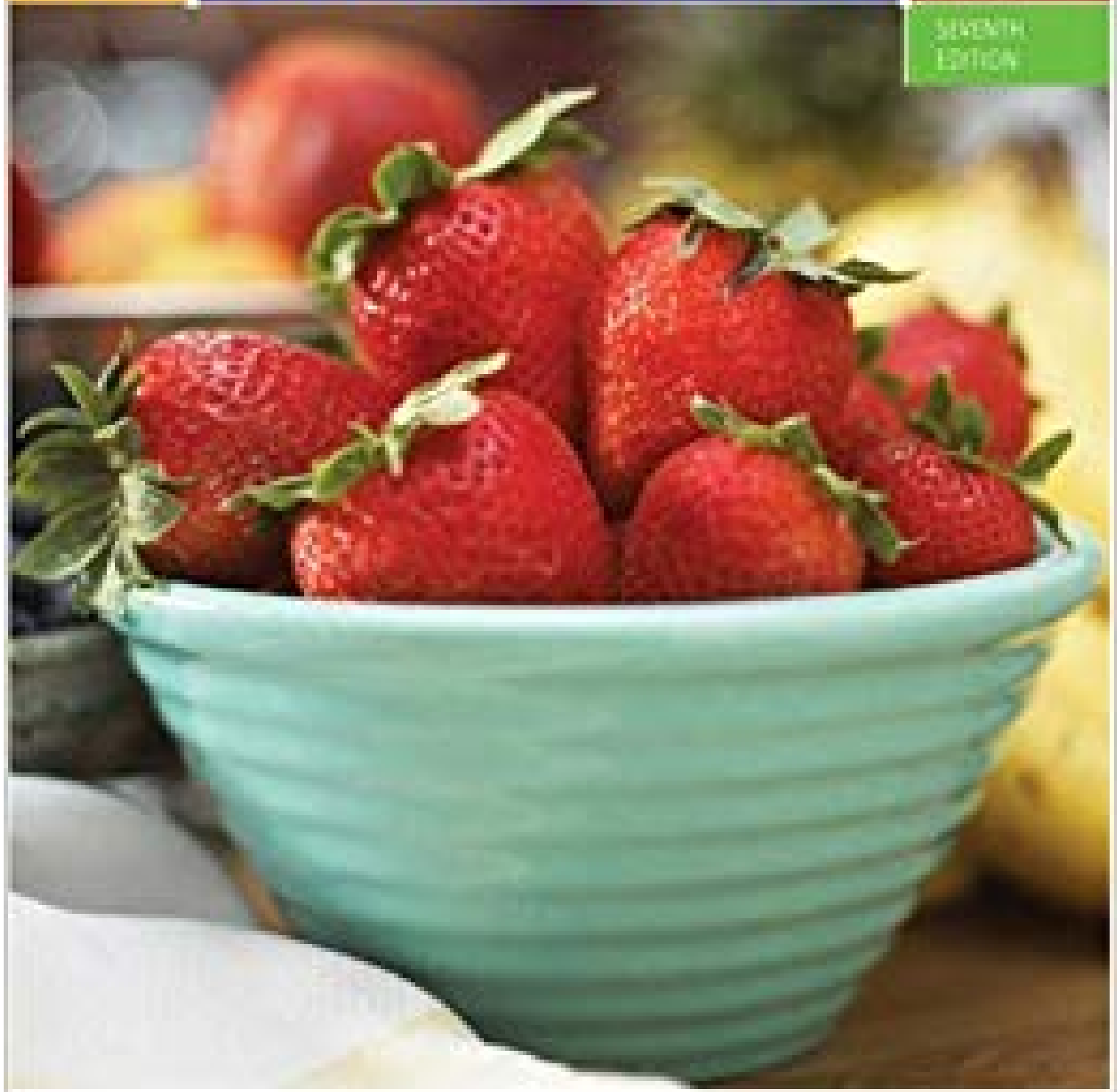


UNDERSTANDING NORMAL and CLINICAL NUTRITION

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Sharon Rady Rolfes and

Understanding Normal and Clinical Nutrition (with 4 month InfoTrac
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UNDERSTANDING Regular AND CLINICAL Diet, Seventh Edition, supplies the most current and in depth coverage of both "normal" nutrition, such as digestion and metabolism, minerals and vitamins, and life cycle diet, as well as "clinical" nutrition linked to diseases, such as nourishment and gastrointestinal, liver, and cardiovascular diseases. Regardless of the students' course background, the text is organized and created in a very clear, easy to follow format which will engage and enable them to become actively involved in the field of nourishment. Features include case research, "HOW EXACTLY TO" boxes with examples of problem-solving in real world situations, and study questions that further conceptual knowledge of the material. The text also incorporates a number of learning tools designed to help college students both retain the information and apply their understanding so they are better prepared to work in a clinical setting.



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A 3 star rating with reservations I had to provide this book a 3 star rating for the ease of information it contains regarding the enzymatic pathways used by each supplement or mineral. The publication is also easy to read. Having said that however, this reserve is normal American Dietetic Association Clap Trap. Information is very updated and I discovered a few brand-new things. I would not spend the amount of money for a fresh copy of the, egads!! Discover out the Real Cutting Edge science of Nourishment and why regular American Dietetic Association Fare with their Corrupt Corporate sponsors contacting the pictures in Government Nutrition info is not reliable. It was a good deal. The book was very useful to my ..!Wouldn't purchase it unless I had too I had to buy this book for school. Does the work. But it was much more helpful to myself 'cause it helped me understand how to choose my meals wisely. The book was very helpful to my class. It was a great offer. It is the kind of book that you want to keep forever since it has really helpful information that you could connect with your everyday existence. I would suggest whoever is normally interesting in learning more about having a healthy diet plan to buy this book. It really is an amazing help on how to consume to live healthy as you learn how to choose food, snacks, beverages, etc wisely. Good Choice for Learners, Has Limitations This book has very scientific explanations of all areas of human nutrition. It really is a good choice for students, however, not people hoping to get a good reference and go-to publication. It has okay details in it, however it seems just like the FDA/ADA and the federal government supplied all the information. For a cheap book for college students, it is still a good choice. Awesome coverage of everything nutrition! I bought this reserve for my nutrition class for my Nursing system. This is an excellent book! Has the right basic chemistry in regards to nutrients. Pretty decent book Pretty decent book. That is a great purchase and will definitely be a go to resource book for several years to come. Nice Book Exact book needed for college nutrition class.! Easy to return as well. I must say i enjoy the post chapter highlights that cover everything from clinical nutrition to common health issues associated with food. I have both 6th and 7th Editions of the book and with only small qualifications in the 7th edition, both books endorse aspartame and condemn stevia, regurgitate standard government misinformation about nourishment, knock dietary supplements, and also list Steven Barrett's Quackwatch site as a reliable source of information on what's quackery and what is not! Five Stars ? Got it used.. Overall it's good not really great, I got it for a class but I really do refer to it every once in awhile. As expected. Lots of contradictions about dieting specifically dairy consumption and meat consumption. Does the work . I bought this book simply because a requirement for one of my classes. It gets just a little dense on some subjects, and has an excessive amount of on a few clinical dietetic issues, so general it could be lopsided. I am into holistic nutrition which is definately NOT holistic. I have already been enjoying the way the authors put this publication together. I loved learning about nutrition beforehand which really gives me a good knowledge in a therefore many regions of this subject. GOOD READ This textbook is truly a excellent read. I wouldn't actually consider buying this reserve unless I acquired to for school. What's convenient about it too is that at the end of each chapter, there is a Highlights section that goes into further fine detail about the topic and applies it to real life.. Exactly what I was looking for Five Stars Best for understanding science and nutrition Five Stars Loved using this book for course. What I did so like was the info presented seriously favored with FDA/USDA. Eh.. Five Stars Book was in great form!. Bought it used. Needlessly to say. The school was selling this publication new for a little more than \$400, I found it fresh on Amazon for under \$274. Necessary for my nutrition course. The chapters on Cancer and HIV and Nourishment are virtually useless.. In the event that you do buy this book for the essential information it includes on metabolic pathways and co-enzyme structures, then be kind to

yourself and also get "Clinical Nutrition, AN OPERATING Approach", released by the Institute for Useful Medicine, and "The Real Vitamin and Mineral Publication", by Shari Lieberman, amongst others. We like renting books as purchasing them on campus is normally horribly expensive, particularly if you probably won't reference them once again anyway.! Five Stars Fast shipping and top quality.



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