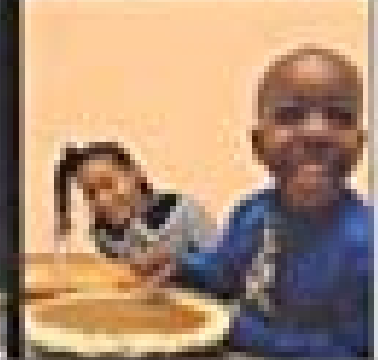
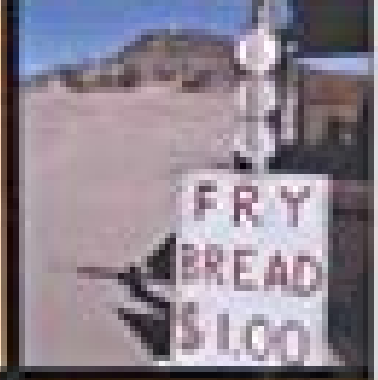
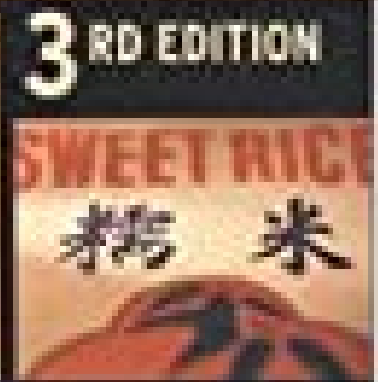


Food and Culture

Pamela Goyan Kittler and Kathryn P. Sucher



Pamela Goyan Kittler

Food and Culture: A Nutrition Handbook



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This book provides information on the meals and nutritional, health insurance and culture habits of all ethnic, religious, and regional groups living in the United States. It may also be used in a training course that fulfills a multicultural requirement of an over-all education student. It really is designed to help health professionals, chefs, and others in the food service industry learn to work effectively with associates of different ethnic and religious groupings in a culturally sensitive manner.



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Interesting read Was a required text book Didn't have an option but to buy it cheap. In decent condition. book arrived on time. It simply skims the surface. One cannot fully clarify the cultural nuances of meals in a small reserve. Emerged by mail, was a bit squished. A good introductory reserve to global cuisine and tradition. Will have good thoughts of the course though, got a whole lot of food to sample.



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