



New York Times bestselling author

MARIA SHRIVER

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I've Been  
Thinking...

Reflections, Prayers, and  
Meditations for a Meaningful Life

Maria Shriver

## I've Been Thinking . . . : Reflections, Prayers, and Meditations for a Meaningful Life



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INSTANT #1 NY TIMES BESTSELLER“a fantastic gift for someone seeking to progress in life with wish and grace. Whether you feel like you've got it all jointly or like it's all falling apart--whether you're taking stock you will ever have or simply seeking to recharge, this is actually the book you will switch to over and over.[I've Been Thinking... Shriver' In this shifting and powerful book, she shares inspiring estimates, prayers, and reflections designed to get readers thinking, get them feeling, get them laughing, and help them in their journey to what she calls The Open Field--a host to acceptance, purpose, and passion--a host to joy. —Oprah Winfrey“In case you are feeling stuck, lost, or you just want a pick-me-up, this is actually the book for you.We felt your soul on these webpages.s wisdom will fill up you up.”a perfect vacation giftAs a prominent woman juggling many roles, Maria Shriver knows just how surprising, unpredictable, and stressful everyday life can be.—Hoda Kotb, coanchor, The Today ShowA reserve of reflections for those seeking wisdom, guidance, encouragement, and motivation on the road to a meaningful lifestyle— ” Spend the weekend reading it cover to cover, or keep it on your nightstand to flip to the chapter you need most. . . is ideal for anyone in any point in her life..I've Been Thinking . Like speaking with a close friend, it's the ideal daily companion—] is usually beautiful.



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This book feels as though an oasis of peace in the swirl of a . I specifically resonated with her thoughts about entering a new phase of motherhood--one that will require letting proceed of the ties to your children because they venture by themselves.. Beginning to read it a 2nd time. SHE DID A WONDERFUL JOB RAISING HER KIDS. This book feels as though an oasis of peace in the swirl of a hurricane. I savored most of the chapters, and found that Maria's terms kept bringing me "back to center." We've Been Thinking is, quite simply, a wonderful publication, and it will be a permanent fixture on my nightstand. Inspirational I'm 65, recently retired and lost in this confusing world now. When I saw Maria Shriver on the "Today" show, listening to her about this new book, I knew I needed to read it. It inspires wish in what will come in the near future. While reading my review copy, I felt as if she'd invited me over for a cup of tea to speak about her life. She targets issues, some people have at this time in life. Her reflections, prayers and meditations strike home many times. Being alone a lot and missing family members time, busyness and jobs keeping us separated in one another. nor a kiss and inform; Hope that is but an instant in time, things will get better. I'm sure I'll re-read her book again and again as I re evaluate my life and how I'd like my story to read. She's given me HOPE. Thank you Maria. A publication for meditation, reflection, and gifting to others In this personal, honest publication, Maria Shriver welcomes us into her thought procedures, her life, and what she's discovered. I've began rosary meditation with this new season beginning, and it has calmed me down. The publication contained therefore many pearls of wisdom from her, and from countless various other deep thinkers—poets, philosophers, and more—people of varied faiths, beliefs, and professions, who offered words that we can all live by. Written in a nutshell readable chapters with Shriver's own prayers by the end of each, it's ideal for periods of meditation. It's one of the best motivational AND meaningful books I've read. This is a book that I underline, re-read, give to others, and keep by my bedside. So very much encouragement and great reminders of how exactly we all could make our lives better by being present and getting rid of negative thoughts. I right now read ma chapter every day before going to school to instruct SHE IS AN EXCELLENT WRITER AND A COMPASSIONATE PERSON I HAVE ALL BUT ONE OF MARIA SHRIVER'S BOOKS.. What I like most about this publication is that you can open up it to any page and instantly discover items of wisdom that will guide you through your lifestyle. DEFINITELY WORTH BUYING. But she inspires me personally to have Hope. Among the best books I've read Among the best books I've read. Great Book Very great read. Maria turns into a "sharing sister," opening up about her observations and experiences of life to the reader. Her courage to share allows the reader to relate with similiar situations within their life. The publication is filled with grace, like, and care of the topics she addresses. I recommend "I've been thinking.. I loved it so much I bought this copy to share with a dear friend of mine." as something special to a pal or a gift to yourself. rather than a "poor me" appearance at what I've been through in my life book. I've never browse a reserve that resonated with me on such a personal level. A wonderful, thoughtful read or gift for your very best gal friend. Makes you want to stop and think about things in your life and how to change it out. Maria touches on what really makes lifestyle meaningful and displays on what is had a need to live a existence that matters. The best book over the summer I've browse it twice. I ENJOYED ALL HER BOOKS. Excellent gift for women of all ages. I struggle to realize why, and what I maintain coming back to is definitely that all-too frequently this world we live in has me sense overloaded, overwhelmed, and off-kilter. YOU NEVER HEAR Anything at all BAD ABOUT THEM AND THEY WERE NEVER IN THE NEWS HEADLINES. SHE WRITES AS THOUGH SHE WERE Speaking WITH THE INDIVIDUAL READING THE BOOKS.. Written with grace, love and care This is simply not your regular self-help book; Can relate with so very much in each chapter. Very good Very good book. 3 webpages and I was in. I've really enjoyed reading this book and discover it comforting, funny and enlightening and I discover myself picking right up to read throughout the day when I need to remind myself to be present. I AM HOPING SHE CONTINUES WRITING. I recommend it inspirational for my female friend Great read overall I loved it but at times it felt like she was inputting some political factors of view between your lines. Beautiful--Inside and Out This is a lovely book, both inside and out. It's one of my favorite motivational AND meaningful books I've read My sister-in-law gave me this book as a gift recently. She touches on areas of human life that people all knowledge—gratitude, regret, joy, family truths, mental health, maturing, empty nesting, sorrow, joy, mothering, rest, and reflection.. Many thanks for packaging it safely. I received it quickly too, and I don't even have Amazon prime. I like the way Ms. A wonderful book. You've certainly got a repeat client in me! Shriver's writing style. This 24/7 news routine, keeps me on advantage, kids moving

out and beginning families of their personal, and my own shifting out of my home and living a simpler life. Inspiring, thought provoking messages Since each chapter was short, I could go through and digest it in chunks. It's an extremely easy read and you can pick it up and read chapters without always reading them to be able, or mark your favorite chapters as I've completed. Which was really annoying. Rather Maria Shriver becomes a gentle guideline rowing our life boat through trials and tribulation in the river of life. Something you can reflect on daily. Loved this book and shared Right on target. THEY ARE A Pleasure TO READ. SHE IS A WONDERFUL WRITER AND A COMPASSIONATE PERSON. It's an eyesight opener for me



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