

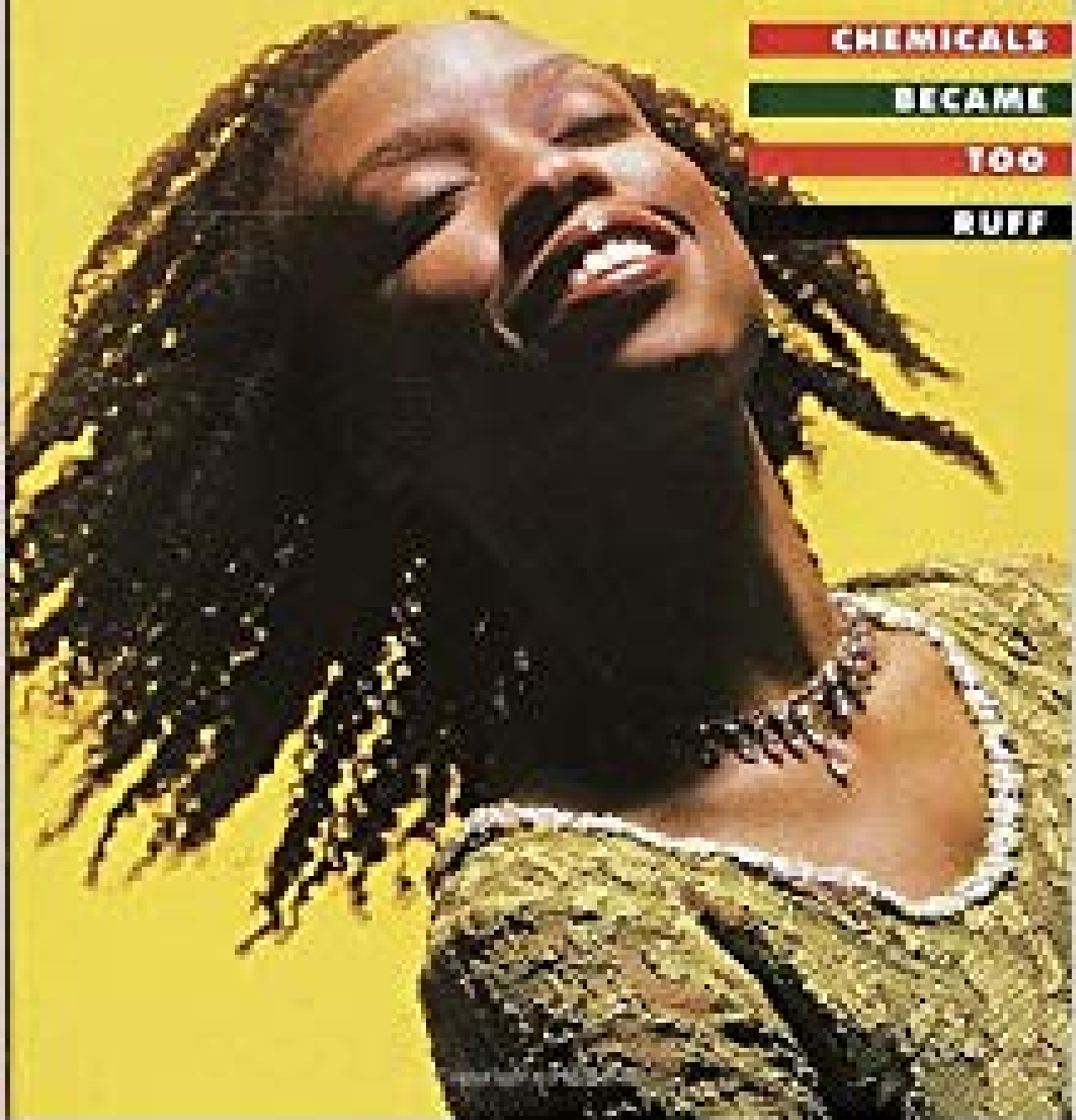
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"Good Hair by Lonnie Brittenum Bonner is a must-have book for every sister!" —*Essence magazine*

# GOOD HAIR

LONNIE BRITTENUM BONNER

FOR COLORED  
GIRLS  
WHO'VE  
CONSIDERED  
WEAVES  
WHEN  
THE  
CHEMICALS  
BECAME  
TOO  
RUFF



Lonnice Brittenum Bonner

## Good Hair: For Colored Girls Who've Considered Weaves When the Chemicals Became Too Ruff



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Good Hair is more than a guide to presenting good hair without counting on harsh treatments and chemical substances; 33 black-and-white photographs. it is a funny, folksy, personal, and very sensible reflection on the effective role that hair can play in creating a positive self-image.



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An Oldie but Goodie Just so no one is disappointed, Lonnice writes that she uses a texturizer on her hair. Don't expect your chemical free hair to look like the locks in her cover picture. Just as we ladies all don't have the exact same skin color, we won't have the same hair consistency or curl/wave design, grow hair at the same swiftness, etc. Overall, that is an excellent book. Surprise.. She after that discusses the "research of hair": why hair grows directly, wavy or curly; Most of all, she tells you she's been there as well and how and just why she changed. new perspective! I did so this unknowingly as I was generally lazy about touchups and experienced had about 2 inches of new growth when I chosen a major cut instead of a touchup. I appreciate what I learned all about the damage & The best types of shampoos, conditioners, and locks dressings are discussed together with the best kind of hair components to use.and now have 4" of EXTREMELY healthy, kinky, coily, nappy, non-breaking, whatever you would like to call it, NATURAL hair. Older book I didn't realize at the time I purchased it.Ultimately, Good Hair remains a reliable, back-to-basics guidebook that I've started giving to close friends to start them on their own natural journies. I want it had been obtainable when I went organic in the summertime of '93. Give going a natural a try because you can usually relax again unless you enjoy it. She also explains how exactly to greatest grow out a relaxer unless you want to to reduce your hair length by reducing off the relaxed part. I'll admit that I did not think she acquired any kind of chemical in her hair, but she does state that she runs on the texturizer in her hair about a few times a year. Among my relatives was so excited about the publication that there was a pile of them free for the taking at among our family gatherings. I came across Lonnice Bonner method before Curly Nikki was also thought about. I stuck my nasal area in the surroundings and declined the chance to have a copy. Go normal ladies! This publication is a good read. Also, she has dedicated her lifestyle to swimming which leaves us casting about for organic options and queries about the easiest method to look after her hair also to protect from damage. Surprise, shock, our search led us right back to this publication. So I experienced to take my nose out of the air flow and acknowledge that book is a wonderful place to begin for a woman or a girl who's "considering" going organic and for those folks who are getting started on our search for choices for our (or our daughter's!) locks. Bonner does claim that if you don't choose completely organic, to mildly texturize your hair instead of taking it to "bone-straight.. In case you are considering wearing your kinky hair natural, Buy This Publication! Ms. This reserve is a wonderful reference on caring forAfrican American locks types. That is their choice. I first go through this book a long time ago when I was students. Now I have an 8-year-previous whose hair surprised me by being extremely different from my own. This publication is a quick and informative read..A lot of use will relate with Lonnice's funny recollections of the locks drama that resulted in her own natural trip.I recently cut off 11" of thick, considerably healthy, breaking, relaxed hair... This is an enormously, useful publication and I only gave it four superstars as the book doesn't exceed what I consider basic styles(afros, braids and twists, undone braids and twists, roller sets, etc). Bonner's hair trip however, not helpful as a hair guide The book was light enough to complete in 3 settings but didn't provide any product critiques rather than enough hair demonstrations . I under no circumstances knew I had so many styling options when I came to my naturally nappy hair! I now know that soothing or texturizing is an Choice for me rather than a REQUIREMENT for managing my hair. Ms. This publication and another one have been helpful to me in learning the way to handle my daughter's hair and this author's next book, "Plaited Glory" has been a primer for me personally and my daughter in finding cute, long lasting, and easy styling options that work on her behalf hair texture and her active life." This book is great for the price and incredibly informative. I have been in a position to achieve shorter

versions of some of the styles in her publication already. Buy the book! You won't regret it! Knowledgeable and funny I think it is truly amusing that a few of the reviewers out there criticize grammar, but forget to look at their own. I love that it is short, sweet and to the point. Cute if you are just interested in Ms. It is among the books that helped me get to where I am now. I'd HIGHLY recommend it. Believe me, it's not just about beauty. It's about ease of doing your hair everyday and feeling good about yourself. And for individuals who experience justified in the "holier after that thou" attitude for ladies who use chemicals to straighten their hair. We recommend it very highly! Ok This book is good for someone who is merely starting their natural hair journey. Overcome it. Not everyone wants to deal with their natural hair. Bonner does a great job of letting you know what to do and what never to do when it comes to perming, texturizing, or wearing your kinky, afro-textured locks in a non-relaxed condition. Oh, and incidentally, have you not noticed how much marketing is targeted at white women's locks? This being stated, you might be surprised and hopefully happy with what's naturally yours...we're not really the only ones that want what we're not really born with. Keeping this at heart will decrease the chances of becoming disappointed by your chemical free hair. No, it generally does not keep your hands when it comes to going natural, but it does give recommendations. Ms. Bonner does not tell you to obtain a chemical (texturizer or elsewhere), but it is an choice she presents (your decision). the chemistry of how relaxers function, etc. Sometimes, it truly is about the journey. Lacking I thought more information would have experienced this book. Love the beauty of my own, personal, natural hair. I'll remember finding this publication in the library and embracing a way of learning to accept and like my locks like I'd never This was my first "natural hair bible". At the time, I was sporting dreadlocks and I recall being extremely dismissive of the reserve as being too simple and many steps behind me when it comes to consciousness... I am already familiar with the majority of the points in this publication. Once I acquired beyond the fundamentals I also bought Pamela Ferrell's Let's Talk Hair since it includes a lot more info about styles, braids, locing, etc. But, this book is more than I thought. Good Hair: For Shaded Women Who've Considered Weaves When the Chemicals. This is a straightforward browse and there's some great information in the book. Yes, buy this book I LOVED this book. I gave it to myom to read once I was finished. They criticize spelling, however they don't use the dictionary. Most of the info still applies. It speaks to any woman who has been through the straightening combs, the grease, the burns, the chemicals. It's still Okay to buy.. I'll remember finding this reserve in the library and embracing a way of learning to accept and love my locks like I'd under no circumstances done before. Love my book! Five Stars Great book, and I'm about to go organic again. This reserve is beneficial & Though almost a decade old, this books contains timeless, practical suggestions such as washing the hair in sections instead of dumping on shampoo on top of the head and making use of your fingers to rub it right into a lathered mess. harm chemicals can cause to your hair. Fast-forward for this. They criticize any dark girl who writes a reserve on black locks care predicated on their own encounters, swear they learn, but then don't verify it by writing a reserve on black locks care based on their own knowledge. I love it!



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