

## Gerald Corey and

I Never Knew I Had A Choice: Explorations in Personal Growth (PSY 103 Towards Self-Understanding)



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Thousands of readers have got used the honest and inspiring I NEVER KNEW We HAD A CHOICE: EXPLORATIONS IN PERSONAL Development, Ninth Edition to spotlight their personal growth and effect personal transformation. The text explores choosing an individual style of learning, the effects of childhood and adolescence experiences on current behavior, achieving the issues of adulthood and autonomy, and many other issues linked to personal growth and advancement. Through their warm yet thoroughly research-based discussion of significant dimensions of life, Corey and Corey help learners broaden their awareness--and understanding--of the options available to them. As they sort out the text's self-inventories, exercises, and activities--and read first-person accounts of the challenging choices real folks have made--college students will gain insight to their lives, beliefs, and attitudes in a personally empowering way.



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