

# Spa APOTHECARY

Natural Bath & Beauty Recipes



Stasie McArthur

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## Spa Apothecary: Natural Bath & Beauty Recipes



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You can make luxurious products for skin, hair, and bath in the home! All you have to are basic cooking abilities, a few simple kitchen tools, some common household ingredients – These handmade items make great gifts for family and friends – Best of all, it will assist you in transitioning to a healthier, natural splendor routine and save money, as well! Spa Apothecary is a good resource for individuals who want in order to avoid the chemical substance additives of commercial items. Author Stasie McArthur explains developing your own personal apothecary. Included are moisturizers and toners for face and hand treatment, washes and scrubs for skin and body, shampoos and conditioners, and healing compounds for congestion and earaches. There is a supply list and a lot more than 100 basic, preservative-free recipes, along with a helpful tip for every one. which easy-to-follow guide. and can be customized with favorite scents and textures.



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