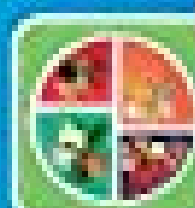
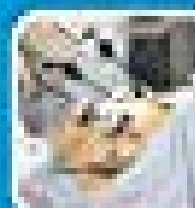
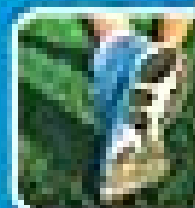


Practical Manual of Clinical Obesity

Robert Kushner,
Victor Lawrence
and Sudhesh Kumar

 WILEY-BLACKWELL

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Robert Kushner

Practical Manual of Clinical Obesity



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This accessible guide to obesity and its clinical management provides clear, didactic, clinically focused guidance for all healthcare professionals mixed up in treatment and management of patients with obesity, thus acting as a repository of essential practical knowledge. It really is an ideal practical instruction for registrars and citizens in endocrinology and metabolic disease, as well as seeing that all other medical researchers who regularly manage obese patients, such as for example specialist weight problems and diabetes nurses, dietitians, and general practitioners with an intention in obesity management.



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Old, tired, outdated I've been a practicing doctor for 28 years and have studied this topic extensively. I can assure you that you will learn hardly any here that will be of any make use of in assisting your patients get over obesity and steer clear of its horrible medical, interpersonal and financial effects. In the curiosity of disclosure, I know the author, who's an acquaintance at the hospital where I am on personnel. Digital version I got the digital version. Terrific book for clinicians. I re-read this book before taking my weight problems medicine boards and discovered it was a helpful review. Good tool Useful tool in the practice of weight management and the treating overweight/obesity. Unlike some of the wonderful, but overly dense obesity textbooks out there, this book is concise yet filled with digestible information. These authors are users of the medical industrial complex and are reluctant to challenge the old, exhausted and false "calories in, calories out" model of "weight reduction". In the years I have heard him educate colleagues, med students and housestaff about weight problems, I have always found him to be interesting and articulate, as he's in this reserve. If you would like to learn how exactly to help your sufferers (or yourself) I recommend The Weight problems Code by Jason Fung or Why We Get Fat and How to proceed About any of it by Gary Taubes. Quick read for Weight problems essentials. With the digital edition, I was able to read it across multiple devices and online Five Stars Precise, succinct summary! It's more useful and less esoteric than additional textbooks I've go through. I recommend it for physicians turn to treat weight problems and obese patients.



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