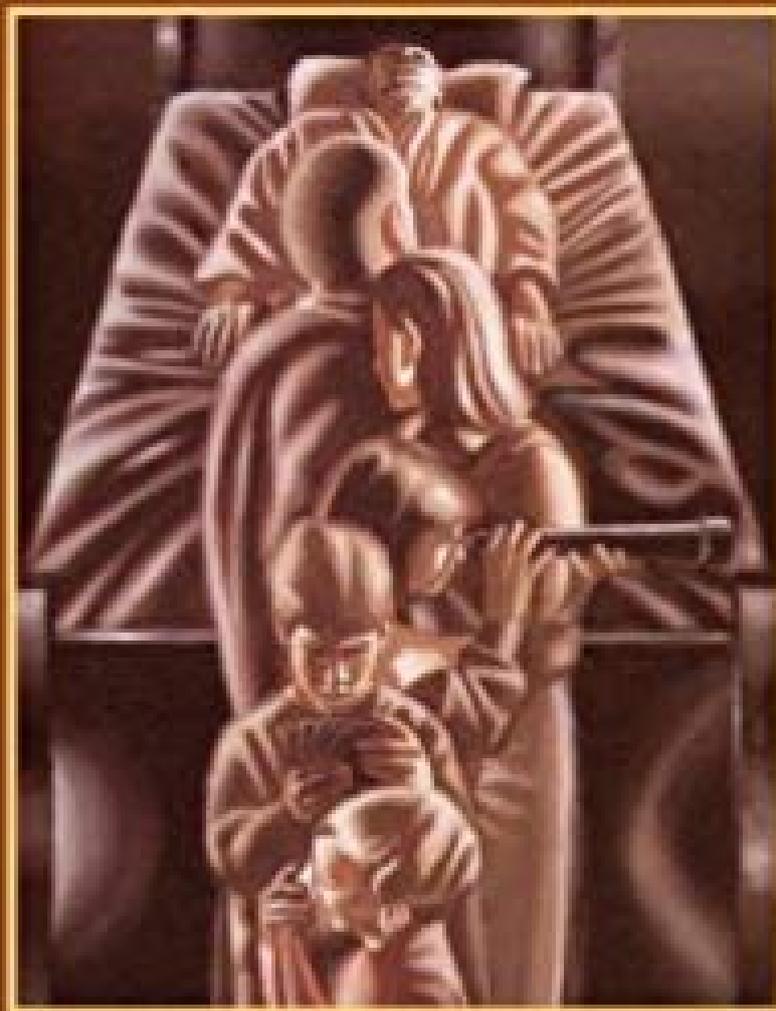


Cancer as a Metabolic Disease

On the Origin, Management,
and Prevention of Cancer



Thomas N. Seyfried

 WILEY

Thomas Seyfried

Cancer as a Metabolic Disease: On the Origin, Management, and Prevention of Cancer



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The book addresses controversies linked to the origins of cancer and provides solutions to cancer management and prevention. This book aims to provide It expands upon Otto Warburg's well-known theory that all cancers is a disease of energy metabolism. evidence, through case studies, metabolic solutions for However, Warburg did not link his theory to the "hallmarks of tumor" and therefore his theory was discredited. that cancer is primarily a metabolic disease requiring same derived from critical assessment of current cancer theories. Support because of this position is Brain cancer case studies are provided as a proof of theory for metabolic solutions to disease administration, but similarities are drawn to other types of cancers, including breast and colon, credited to the its administration and prevention. cellular mutations that they demonstrate.



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The Most Important Book about Cancer Cell Metabolism I actually am a board-certified medical oncologist with 30 years experience in caring for cancer sufferers and another 20 years of research in cancer medicine dating back again to 1963. Seyfried's "Tumor as a Metabolic Disease" is the most significant publication I have read in my own 50 years in this field. It should be required reading of all cancer specialists, physicians in general, scientific researchers in the field of malignancy and for medical college students. I have already been reading this publication off and on for a year. wish Dr Seyfried gets a great deal of funding for more research Most important reserve your Oncologist SHOULD browse today and An added you should buy If your oncologist is traditionally trained, they may haven't been given this type of information. Strum, MD, FACP Medical Oncologist, Member of ASCO (American Society of Clinical Oncology) since 1975 Compelling evidence to support cancer as a metabolic disease Dr. I borrowed his book from UCONN for 6 weeks to discover if it had been worth the \$140 cost. Relating to Otto Warburg's theory of cancer, mitochondrial dysfunction is the origin of cancer. Dr. Revolutionary Cancer Theory which makes sense Revolutionary theory technically demanding for trained professionals . The writer does an incredible work at convincing the reader that healthy mitochondria are the best tumor suppressor. I highly recommend both books. He offers an method of the MD world that depends on a more developed drug that's relatively harmless when compared to techniques that the MD globe currently promotes. I go through this book immediately after reading "The Secret History of the War on Cancer" and "The Emperor of All Maladies". On the other hand, when cancer can be regarded as a metabolic disease the ways of treat and prevent cancer become incredibly simplistic and economical. For example, animals studies, case reports and anecdotal evidence demonstrate that metabolic therapies that lower blood sugar and elevate ketones will quickly reduce tumor development, extend lifespan and in some cases cause full remission. This strategy works well because cancers cells are fueled by glucose and lack the ability to derive energy from ketones due to mitochondrial defects. Metabolic therapies exploit the mitochondrial defects associated with tumor by targeting glucose rate of metabolism, reducing insulin and elevating ketones. You, as a lay person, can go through this book if you are willing to maintain a reference helpful (I use keep the internet within an arm's length). The information in this book is valuable to patients and supported by comprehensive references.. The cancers genome project has actually created more confusion amongst cancer researchers, and this is very apparent if one reads the literature.. Seyfried's publication to be more beneficial and empowering because it provides reader clear proof for the cause of cancer and impressive ways of prevent and treat the condition.. This book will also be an extremely valuable resource for patients diagnosed with cancers.. Seyfried provides compelling proof that cancers is definitely a metabolic disease (NOT a genetic disease), and this has major implications for the procedure and prevention of cancers. Not really proclaiming magic. We sacrificed to possess his book.. I bought two which is one month's worth of food for my family. Asking excellent questions. Providing experimental evidence. an important contribution for tumor theory .. just look at the basic research that has occupied his lifestyle which never reaches see the mass media. This book was written for doctors to encourage them to open their minds. What we can say for certain is that many cancers are dependent upon glucose as a energy and hence treatment which deprives malignancy cells of glucose might tend to stress malignancy cells and make sure they are less destructive. Get the Keto for Cancer tumor book by Miriam Kalamian , EdM, MS, CNS ! Just read Gary Taubes book, Good Calories, Bad Calorie consumption to appreciate this perspective. Seyfried will not pretend to know it all nor understand the answers.. My knowledge of his thesis is definitely that science, as of now, has no idea how cancer forms. We all need more PhDs to increase our understandings also to offer competing points of look at to stimulate further investigation. Seyfried also differentiates cancers in tumor type from cancer in the form of metastasis. In both cases he contends that the mitochondria within the cells are broken (a contentious point that he directly addresses) however in the metastatic type the behavior is so related to macrophage behavior that we might consider dealing with the metastatic cancer as if it had been macrophages. By starving the macrophage from its energy (which is not glucose but glutamine) requires an approach other than diet (which potentially can impact tumors). Enormous amounts of money are spent on large cancer genome tasks, but this has not really advanced our understanding or treatment of cancer as expected. There is absolutely no question that I distrust the MD who is trained to regurgitate and is prevented from pushing the frontiers of knowledge. These therapies are basic and include "therapeutic fasting", calorie limited ketogenic diets and relatively

cheap and safe medicines that focus on glycolysis, insulin and additional cancer-specific metabolic pathways. In fact you can go through it without a reference, but its value to you will increase at least 2 orders of magnitude if you are willing to learn medical terminology. An amazing book Fantastic book. This book is one of several must haves. Taubes, Freeman, Volek, Phinney, D'Augustino each is willing to think and increase our understanding of how the body works (vs proclaiming how the body functions without the hard science behind the proclamations.!) New way to check out fighting cancer and WIN We thoroughly enjoyed this reserve (although it made me sad and angry sometimes when stats of insufficient advancement with cancers treatment were raised.. what he does is normally provide the experimental results he and others have generated and asks you to think for yourself (that your MDs and their procedures discourage)). I have a pretty solid science background and some of was a bit beyond my needs as a "hobby researcher" but I believe we are in need of more cancer patients, households, and allied health professionals to start educating themselves on whether the current cancer standard of care is actually "successful." I believe this book is strictly what we need to combat and WIN against malignancy. If you or your loved ones have malignancy, that burden is usually miniscule. I cannot overstate what a valuable contribution Thomas Seyfried offers made in writing this masterpiece. Purchase this reserve for your Oncologist and help to increase the knowledge base that Diet might help extend existence. Seyfried has amassed intensive evidence to support Warburg's theory and increases the idea that malignancy comes from defects in energy rate of metabolism (mitochondrial dysfunction), and that this metabolic dysfunction triggers genomic instability, activates oncogenes and inactivating tumor suppressor genes... The guy is a genuine scientist. He's not into cancer research for the glory; Addressing competing factors of view. They are superb books, but I came across Dr. This publication is technical (in parts), but the author has the ability to describe complicated procedures with elegant simpleness. Stephen B. For those who have tumor as a analysis you should try to read this reserve. It is very scientific and could be challenging for the average individual. Such a competing viewpoint exists in all science other than that provided by the medical industry which has consistently promoted conformance, not really pursuit of knowledge. Without question, Thomas Seyfried joins the above list as a scientist who is truly bent on increasing our knowledge of how the body functions, vs promoting cancer models which have not reduced cancer deaths.!! Education and understanding how to specifically use the Ketogenic Diet is key to extending your survival and making your Healthy and "Feel Good " days increase. I have learned so much and as a proactive measure applied a low carb diet plan. Kalamian also recommends some resistance training to ensure your muscle tissues are functioning as they should to have a healthy rate of metabolism. It has made a huge difference for me and my Stage 4 breast tumor has stabilized. Mets to the liver and the bone have become scary. It's crystal clear that the strategy to treat malignancy as a genetic disease is not functioning following metastasis of solid primary tumors, but this fuels the pharmaceutical sector. An extremely great book on the best diet plan to follow in the event that you .Dominic D'Agostino, PhD, University of South Florida A must browse for anyone seriously interested in understanding cancer treatment There is absolutely no one like Thomas Seyfried. I would also point out that some chapters got fairly science heavy BUT much of it is created at a level an educated person should be okay with reading/ in a position to reap benefits from. A very great book about the best diet plan to follow in case you are having disease issues..I would recommend this publication to all cancer researchers, oncologists and layman thinking about understanding the origin, management and treatment of malignancy as a metabolic disease.. Thanks! a bit specialized but a really interesting Writing that will help understand exactly how diet effects your wellbeing Five Stars Fantastic product. Great book Superb book but lay people could find it difficult to check out. Five Stars The best on cancer!



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