

FOREWORD BY WILLIAM SEARS, M.D.

babyfacts

*the truth about your child's health
from newborn through preschool*



over 200
essential tips
to help
you raise
a healthy
baby

ANDREW ADESMAN, M.D.

Andrew Adesman

Baby Facts: The Truth about Your Child's Health from Newborn through Preschool



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Ear infections have to be treated with antibiotics. Newborns and infants should be bathed daily. This book explores common baby health myths--in areas such as for example feeding, sleeping, toilet teaching, and illness--to help them independent baby details from baby fiction. New parents are deluged with advice on how to care for their babies.



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Buy this book. This book was a good resource. It was a good brush up for grandma (me) and provides answers to important questions fresh parents will have. I particularly liked the tip about reversing the path you place the baby in their crib periodically because they tend to switch their heads toward the door. I want the authors would create a website or something so their visitors could send queries, and then they could make a new edition. Love this book! Best baby reserve ever! I really enjoyed this book.) He also points out when you should check with your doctor. Additionally it is an interesting read. Best Baby Shower Gift Ever! Great info concerning temps, head bangs, ect. nice to have on hand I read this book here and there. I hate it when people give unwanted advice on babies. The info in this book is definitely invaluable and answers a lot of questions that I needed to ask my pediatrician but forgot/ felt foolish asking. total waste I bought this publication b/c my Pediatrician actually recommended it if you ask me. I was very disappointed. I disagreed with a whole lot due to my personal experience in raising babies and from my very own upbringing.! I was spanked along with MANY loving and soft people I know. Dr. Also, the cover is beautiful!!! Baby Facts: The Truth about Your Child's Wellness from Newborn through Preschool As a mother and grandmother, I totally endorse this publication!! We thoroughly enjoyed this book. There have been others I disagree with, but I guess it really is all personal opinion. My daughter-in-law loves this book as a mom of 2 pre-schoolers. (He also admits the myths that he and his pediatrician wife succumbed to while increasing their 3 children. The best thing about it is usually that it is simple, yet very efficient and straight to the point. Adesman addresses all of the "old wives" tales and current trends in a good, witty, crisp and humble fashion. Wonderful Book!! I am offering this as a baby shower celebration gift for a long time to come. The only "down" aspect is that it's way too short.! Particularly- spanking does not make children grow into violent and angry adults. I bought this book to provide to sister on her behalf baby shower and ended up buying one for myself and everybody else I know who's having a baby!! Its good to know the difference of what the "older" group has lead people to believe and what's really essential for baby. I would suggest this publication to any parent or grandparent (my mom also read it and I discovered her quoting it to me at times)! A "must read" reserve for new mothers! Reading "BabyFacts" can make me an improved pediatrician, mother, and overall "information giver. Wow, I'm pleased I did! I was surprised at how many myths even I believed were accurate! As a pediatrician, I initially skimmed this reserve out of curiosity to see if there have been any pediatric myths that I innocently believed." I am today recommending this reserve not only to my patients, but to my colleagues and friends with small children. The info regarding pacifiers could be outdated, though, as some hospitals make use of them in the newborn nursery. I want that I'd acquired it when my children were small. It had been refreshing to read this educational, information-packed publication that was written in a light-hearted and sometimes humorous tone. The "myth/reality" format also helped to create it a straightforward read. I was really surprised to learn how many myths I have fallen victim to. I recommend buying this reserve for either yourself or anyone who has young children!



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