

WALL STREET JOURNAL BESTSELLER

10 Rules
to Fuel Your Life, Work, and Team
with Positive Energy

THE ENERGY BUS



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The Energy Bus: 10 Rules to Fuel Your Life, Work, and Team with Positive Energy



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The Energy Bus, a global best seller by Jon Gordon, takes readers on an enlightening and inspiring ride that reveals 10 secrets for approaching life and work with the type of positive, forward convinced that prospects to true accomplishment - at work and in the home. I'll enjoy the ride you will ever have! When you can get on The Energy Bus you'll Jon infuses this engaging tale with keen insights as he provides a effective roadmap to overcome adversity and draw out the best in yourself as well as your team.



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Are You Bringing Positive or Negative Energy? In physics, the law of conservation of energy states that energy can neither be created nor destroyed. The author, through this parable, reveals "10 secrets" for achievement in life, in the home and in work that lead to fulfillment and accomplishment. Please read it and tell as much as you truly value. The book begins with this main character George having a rough begin to his week. His children are uncontrollable, the family doggie jumps through to his suit, he remembers his car needs to go in the store, and his wife cannot travel him to work so he has to take the #11 bus and he includes a major work presentation due in two weeks and his team is usually in disarray. His lifestyle is filled with unfavorable energy and he's in a unpredictable manner. George learns that his car will probably be down for a bit so he winds up taking the #11 bus over another fourteen days where he learns some valuable lessons that switch his life around. That is a must read! An OK read The ideas were great but it got just a little "cute" at times. It offers to be a habit.

3 - Energy your trip with positive energy. 4 - Invite people on your bus and discuss your vision for the road forward. #FridaysFind #MIAGD #TheEnergyBus #JonGordon #PositiveEnergy #TheLawOfConservation #10Rules WOW Eye opener Lifestyle Changer All I can state is WOW! And there will even be individuals who don't need you to succeed since it makes them discover their own weaknesses and failures. Great book Great browse.

8 - Love your travellers. You got to cope with them. And I'm Miss positive! The book is about mindset and bringing positive energy. It reminds us that we have a choice every day with our attitude and outlook. We actually have to be mindful because energy is usually infectious and in both directions. One day his car reduces on his method to work and he must take the bus to work - he meets a bus driver and travellers who pressure him to reflect on his life and an easier way forward. You will be plugging in the lessons from day time one and recommending the reserve to all or any your teams - family, friends, and colleagues. Love you all!

7 after 1,287 evaluations. Goodreads gives it a 3.84 rating after 6,219 ratings and 749 reviews. If not, you'll wonder why you didn't just jump to the wonderful outline recap in the rear of the publication. I was torn between a 3 or a 4 and chosen a 4 due to the positive message.

5 - Don't waste energy on those who don't get on your own bus. I've was simply dealing with a family member negative vampire 1 day before reading this book. A pal at Church said your family member has detrimental energy. I had been on the ropes for a long time on how to handle this vampire and in addition I did so not recognize he was being a poor energy vampire, until I got a double sign confirmation from my pal at Church, but nonetheless it was this reserve that enlightened me and really showed me how each one of these years I have been carrying out well but every time the vampire comes around it had been draining, and I was feeding into it. Forget about Thank God to the symptoms and confirmation of this book. Due to this reserve I am able today to understand the power of The Energy Bus. Jon Gordon writes about negative and positive energy in this parable, The Energy Bus. They believe that dreams were designed for others but not for people like you and them. End up being Blessed not really stressed. Every time I had a poor knowledge I fueled it not knowing I was just destroying myself and those around. Because of this book I today know how to deal with those unfavorable vampires and negative experiences. in order to not really let them in my life, yet somehow Feed my positive. You can often kick people off your bus and you will should do that from time to time but just remember that there will always be more negative individuals who get on. Amazon offers that one a 4. If you value parables, you'll like this book. Energy Bus Good read for work and life Great Loved how it's a tale about somebody struggling through life! One day is not enough, George. Middle aged man returns 1 day and starts to take stock of his life - he is failing at his work, in his relationship and with his kids. A poor person could be a cancer in our lives and eliminate a good environment. Regulations says that energy continues to be constant, but that it could be converted as time passes. The 10 rules: 1) You're the driver of your bus 2) Desire, eyesight, and concentrate move your bus in the right direction 3) Fuel your ride with positive energy (detrimental energy is usually friction) 4) Invite people on your bus and share your eyesight for the road ahead 5) Don't waste materials your energy on those that don't get on your own bus 6) Post a sign that says no energy vampires allowed on your own bus (eliminate the malcontents) 7) Enthusiasm attracts more travellers and energizes them for the trip 8) Love your passengers giving them your time and effort, listening, recognition, service - function to bring out the very best in them 9) Drive with purpose 10) Have a great time and revel in the ride

My assessment: 1) Easy to read, can finish in one 2 hour sitting 2) In the beginning comes off as "as well cute" but writer manages to pull you in with a straightforward but powerful message with some fundamental plays in a ground game that can earn 3) Applicable to all ages from teenager

on up4)If you want parables, you'll like the story's messages. This is my 3rd Jon Gordon reserve and he brings a good message but it's at a fairly low level and these books are but one hour to two max reading period. Easy read. Lots of great key points to help you use others and bring up your very own energy.Two of my favorite excerpts:"The goal is not to be better than anyone else but rather be much better than you were yesterday. Positive energy is a like a muscle mass. Your certainty must be greater than everyone's doubt. Actually, not only to be an innovator in a organization, but also to regulate your life and consider better existence decisions. Its a Lifestyle Changer and we just have one Life, why spend it on negativity whenever we can all end up being therefore Positive and in pleasure on our Journey!6 - Post a sign that says, "no energy vampires allowed" on your own bus. So that's how essential your positive energy is usually George. And occasionally you will have an Energy Vampire on your bus such as a boss or somebody who you can't kick off.9 - Drive with purpose. That's why you have to feed the positive pup and why you got to cultivate it every day and why we gave you the Energy Publication..2 - Desire, vision, and focus move your bus in the proper direction."and"Your positive energy and vision must be greater than anyone's and everyone's negativity. The even more you utilize it the more powerful it gets. The stronger it gets the better you become. Strongly suggested. You against the world?" Great idea I'd give this publication a 5 star review but (not trying to be negative just real), while the ideas are i'm all over this, the story is pretty simple and corny. The message is actually something existence changing that I desire everyone could hear, however the story is indeed golly jee whiz that actually I was rolling my eye sometimes.10 - Have a great time and revel in the ride. Young adult leadership Used for middle college aged sports leadership work out.5) This tale reminds me of the famous Albert Einstein quote: "Everything should be made as easy as possible, however, not one bit simpler. Clear message about leadership in a different environment. Great Book This book is great for obtaining a new perspective on how best to work together as a team, and getting those energy vampires to either change, or be changed. Readable, and extremely easy to follow. Stuck? During the two weeks he learns the 10 guidelines of the bus; Such an excellent story filled with lessons. Don't allow these vampires on your bus! Still, a good reminder of what's essential. So when someone comes at you with negativity it is possible to respond with power and positive energy. Go through this!7 - Enthusiasm draws in more travellers and energizes them during the ride." The writer succeeds in taking a frustratingly easy trap to fall into with a straightforward and effective path forward. Repetition is the crucial and the even more you concentrate on positive energy the more it turns into your nature state. I still look over the notes I required from when I browse it. Great life experience Any business or IO psych (I am 1) major pupil should read this book, it will offer you a generalized broader look at of how to become a great leader. After all, George, there will be the doubters who doubt, doubt and doubt and let you know you can't do that and you won't be able to accomplish that.1 - You're the driver of your bus. Feel just like you are stuck?. It teaches concepts and lessons to follow through. It also has great exercises to take into account and act upon. Amazing reading!



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