

*"Fascinating...terrifying,... Sax identifies an epidemic of lost boys,
Luckily, he offers solutions,"—Globe and Mail (Canada)*

boys adrift

**The Five Factors Driving the Growing Epidemic of
Unmotivated Boys and Underachieving Young Men**

VIDEO GAMES • TEACHING METHODS
PRESCRIPTION DRUGS • ENVIRONMENTAL TOXINS
DEVALUATION OF MASCULINITY

REVISED AND UPDATED EDITION

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*Author of the New York Times Bestseller **The Collapse of Parenting***

Leonard Sax

**Boys Adrift: The Five Factors Driving the Growing
Epidemic of Unmotivated Boys and Underachieving Young
Men**



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Why America's sons are underachieving, and what we can do about any of it. Something is going on to males today. He displays how interpersonal, cultural, and biological elements have created an environment that is literally toxic to boys. In *Boys Adrift*, Dr. He also presents useful solutions, sharing strategies which educators possess found effective in re-engaging these males at school, as well as handy suggestions for parents about everything from homework, to videogames, to medication. He's more concerned about getting to the next level in his videogame than about finishing his homework. The gender gap in university attendance and graduation prices has widened dramatically. Leonard Sax delves into the scientific literature and draws on a lot more than twenty years of clinical encounter to explain why boys and teenagers are failing in college and disengaged in the home. From kindergarten to university, American boys are, normally, less resilient and much less ambitious than they were a mere two decades ago. While Emily is normally working hard at college and getting A's, her brother Justin is normally goofing off.



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Disturbing.... Most of the elements mentioned in this book are normal knowledge now, but it's beneficial to read this book and look at all the evidence. Dr. Sax includes several examples in his publication from his individuals, all which are helpful. The part about venturing out and getting hands on experience really hit home with me also. Here he lays out the ways they work, the methods they don't really work, and the chance factors involved. I know way too many people--myself included--who've completed graduate college only to work as a barista or in sales, drifting along because they understand they must be doing something important, but they have no idea what. The gaming chapter seems self-evident now, but my guess is that it's just the end of the iceberg. Once VR headsets are more mainstream, I believe we all (boys, ladies, adults established in their professions) will become kissing our motivation good-bye. Sax for a wider and deeper knowledge of the boy sitting across from me (or playing chess with me). hardworking. I had heard about Sax before, but I am now completely blown away by the content of this book. We have generally included him in these things and all of the fun things we do because we are able to afford to. My child is 2 today; As he pointed out, "Boys need to meet a man to become man" and Personally i think that Leonard Sax is normally a real man for having created this reserve in the manner he did. The five factors are education, video gaming, ADHD meds, endocrine disruptors, and our culture's views of manhood and to become a man. I believe Sax has lots of the answers that parents and schools are looking for when they ask of a talented young man, "why won't you carry out anything? My husband and so are both educated and work really hard and in my mind this will have simply rubbed off on our son. My pediatrician also expressed his issues when I asked him. Since I enjoyed and learn so much from this book, I'll be looking towards reading other books by this writer. I just thought he would observe this and understand why as he matured and he would need the same or better still. I was completely wrong . This child who was taught to help in the kitchen, clean his area and bathroom, and at a particular age do his personal laundry seem to have dropped all will to even move. Hygiene was out the entranceway, studying became torture, he lumbered to do tasks assigned and then barely did them. I highly recommend this to all or any of my friends, family, and educators in my own life! This book answered quite a few questions for me. This book is great. During senior high school his curiosity in studying and becoming good at academics simply took a dive. He just didn't care. We tried everything we understood how to try to keep him going. They simply find new methods to live their lives as slugs. Much like anything you examine you must use your judgment. Thank you Dr. In a nutshell, Dr. I wish that I could've browse Chapter 6: Failure to Release, when I was a girl adrift back in high school. I bought this book for my sister who has a 9 year older son. My wish is that book will help her maintain my nephew motivated. True Answers to Why Your Boy Won't Do Anything I work with

middle schoolers and too little motivation is definitely observed in many of my boys. That is reflective of his desire to have people to understand the reality. For other, large portions of our boys, they get into an apathetic rut and continue through senior high school and for a long time thereafter; I was extremely skeptical of this chapter but convinced after he quoted a report carried out in Puerto Rico of extremely mature ladies and of man alligators that make eggs (both linked by plastics). Not everything in this publication put on us but a substantial amount of it do. Everyone should examine this book The most important book I read all year This book is crucial. I've got my theories but after reading Boys Adrift, I have research-based answers that are difficult to argue with. . Rather, he quotations from his solid study and that of others. Sax will not come across as accusatory to parents but writes out of a sincere concern for the welfare of our males and the ones adults who want the very best for them. For some, it's a phase because they leave the sand box and discover girls. I usually wondered why he was not more worked up about his future. Our culture's neglect of the transition to manhood is not generating an overabundance of young men who are . Wish I Read This 8 Years Ago My son is in college now nonetheless it took (uses sometimes) quite a bit of pushing and inspiration to get him there. For education, I don't believe his information would bode well with any college system that is stuck in their same exact ways. However, individual institutions and parents could benefit from his watch that how we educate our boys can actually make them hate college. From his house in Philadelphia, I am sure there are many private institutions that could put into action his thinking tomorrow.. This book is crucial for helping us know very well what went wrong in raising men and how to fix it. However, he keeps a well balanced view characteristic of all of those other book and says that in moderation, they are Fine. He gives clear reasons why they are harmful to our boys and as a former game-mind, I'm a believer. Video games tend to replace other even more fulfilling endeavors that may more positively form the minds of our young men.I've shared his look at of ADHD meds for a long time. As I continued to college, I did so meet several students (children) who would've been more suited in the trades than in college, trying to find something meaningful related to their lives. He leaves it up to the mother or father to decide whether or not they want the youngster on meds. Sax provides anecdotal proof but also scientific evidence by quoting the DSM-IV's requirements for ADHD and different studies. You can show that he shares in the struggles of parents who want what's best because of their child in a global they may not totally fit in to. . whose music degrades women. probably for the others of their lives. He has constantly seen us work, tidy up after ourselves, keep our home organized, take care of our issues etc. Sax presents the material very clearly, in a manner that is easy to learn. He said, "We twenty-first-century People in america smile condescendingly at such

traditions." Sax analyzes five cultural elements that he believes continues our boys from excelling, and in a larger sense, weaken our culture. A tone of voice in the wilderness We am a mental health counselor that works with many adolescents and Dr. Sax writes in an easy to comprehend way that will not seem to come from his very own political or religious views. It's hard even now for some people to disengage with their smartphones. Well said. The part about video games and other internet interaction really hit home with me. Sax believes that gender is certainly important. He quotes his publication, Why Gender Matters quite often and I anticipate reading that reserve and his others. He says that three years of believing that children are the same except for their genitalia have not created a paradise of gender equity where boys respect females. Instead, it has provided us performers like Eminem . The fourth factor Sax believes is contributing to underperforming boys is, "endocrine blockers." Basically, they are chemicals within plastics that have been shown to accelerate puberty in ladies while at the same time feminizing boys." He's exactly right. . Leonard Sax isn't just a psychologist, but a preacher. I've been thinking of getting this book for some time and I finally made a decision to give it a shot. Mom's bring their males to a male counselor to allow them to have a male voice and influence. I discussed this book with my boy and even bought him a copy for his iPad because at his age I cannot force him to do anything but I can share knowledge so he can realize why he feels the way he does some times. It'll be hard living in real life when a multi-sensory virtual world is so appealing. Five Stars Very timely and simply as advertised. Dr. I have written about the poor view of males and manhood for quite sometime, but Sax's evaluation of cultures that help boys become men really opened my eye. His interest was video gaming and surfing the net. Five Stars Amazing. This book is excellent. I am taking my time reading to digest . Nevertheless, based on my experience, the threat of nuclear battle wouldn't make some individuals change their view of how students should be taught.. I only wish I'd have read this publication when he was in senior high school. I am taking my time reading to digest and ponder. Perfectly created and a logical tone of voice for our males. I recommend this reserve to parents of males and appreciate the respect proven to all race and economic situations. Best book I have read for parenting boys. Great book Love this book! I've a daughter but just work at a school. Why? Every parent, teacher, counselor and anyone who works with kids must examine it and spread the word. For video games, he is quick to state that boys shouldn't play them at all. Needed for any parent or educator Essential for understanding the crisis in modern manhood Must Go through for all Parents and Educators Such important info for all who influence the lives of young men and boys. Way more than expected! Will not hesitate to shop again. One of the primary bits of data is the simple actuality of boys abandoned by their dads through divorce. I know that I took several more

days to finish this reserve because I was losing too much time on Facebook in the evenings. The wording is solid. Sax assaulted me with details and data and truth that explains so much that I observe in every of the boys I've the privilege to work with. I'll update my review in twenty years to let you know if the advice in the reserve worked. I think anyone could benefit from this book, not only parents. I myself am trying to navigate myself out of or from a "failed start" and I think this book assists for that purpose.



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