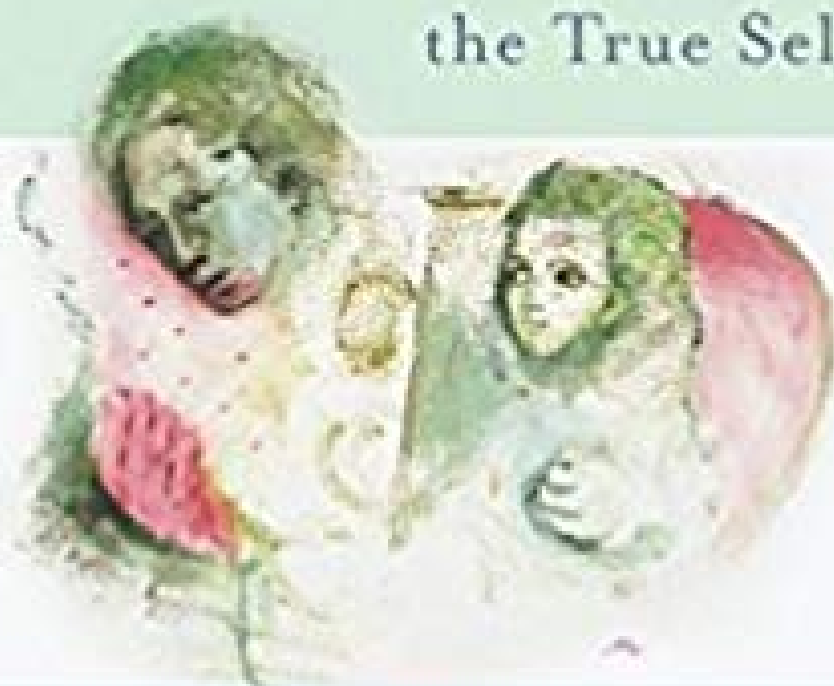


COMPLETELY REVISED AND UPDATED WITH A NEW AFTERWORD

"Rare and compelling in its compassion and its unassuming eloquence...her examples are so vivid and so ordinary that they touch the hurt child in us all."—*New York Magazine*

THE DRAMA OF THE GIFTED CHILD

The Search for
the True Self



ALICE MILLER

Alice Miller

The Drama of the Gifted Child: The Search for the True Self, Revised Edition



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The bestselling book on childhood trauma and the enduring ramifications of repressed anger and pain Why are some of the most successful people plagued by feelings of emptiness and alienation? The Drama of the Gifted Kid assists us to reclaim our life by discovering our own crucial needs and our very own truth. Without this 'present' offered us naturally, we would not have survived. I just meant all of us who have survived an abusive childhood thanks to an ability to adapt also to unspeakable cruelty by becoming numb." Alice Miller writes, "When I used the word 'gifted' in the name, I had at heart neither children who receive high grades in college nor kids talented in a special way....Too many of us had to understand as children to cover our own feelings, needs, and memories skillfully in order to meet up with our parents' targets and win their "love." But merely surviving is not enough. This wise and profound reserve has provided an incredible number of readers with an answer--and offers helped them to apply it to their own lives.



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Amazing, eloquent, truthful, and painful. I started working with a great psychologist/therapist last year to cope with a few issues that I had diagnosed in myself and to cope with PTSD. Please let me be very honest and state that even today I have not really finished reading the whole book. Apparently my mother has extremely narcissistic tendencies and my dad, with his indifference, often played the role of the enabler. I can now understand how I have to behave to cope with these individuals. In one of our sessions, very much to my shock, he linked these issues back again to my childhood and my parents and especially my mother. This, not really because it is a difficult or poorly written review. She uses lots of commas and the sentence structures become unnecessarily convoluted. Read it and re-browse it again and again, because by understanding your former you can transform the present and the near future and even if you may not completely get away from the discomfort, at least you will not repeat the same errors with your children. It forces you to look inside your own self, to investigate your ideas and actions, and more than anything to acknowledge the origin of your fears and insecurities. I've not finished it because sometimes the truth hurts and it hurts deeply when one faces its ugly component. I can not recommend this book plenty of, painful as it is to learn it and face truths about one's self. If one suspects childhood trauma as the culprit for inexplicable inhibitions, anger, rage, insecurities, etc. Gave me a new perspective on my entire life. Really amazing book. I've read a whole lot of "self help" and other types of psychology books. I've also carried out years of therapy. Though it was full of Freudian psychological terminology, and it challenged me intellectually to read it, the process of looking up and familiarizing myself with the terms made me feel just like I had unearthed a rare jewel, so much did it expand my understanding and insight. The book predicted the Narcissist would behave specific ways in certain events. Very insightful. It will cause you to think. It was really amazing to learn and identify with so much of what she said. Almost everything she discusses was something I hadn't considered before--at least in the manner she explains issues. There was also one thing she explains that I have had a profound encounter with, that I've never heard of anyone else experiencing. It was amazing to hear that what I acquired experienced and worked through is actually common. An older book but still extremely relevant today. I admit that I have only just finished reading the book and have yet to do most of the work involved in this, but personally I think incredibly confident that is normally what I have been missing (for me personally with these kind of therapeutic and self-revelations, you understand when something speaks to you like this). Also, the people dissing this publication are all very in denial and their reviews seem to come from rigid "black colored and white" thinking. The ideas in this book possess given me the tools to be my "true self" and get that self-esteem I have often lacked. Intellectually, I can see why I (or anyone for that matter) must have self-esteem. This isn't about demonizing your parents but rather recovering from their shortcomings. I cannot recommend this review highly enough. However, I must say that I love the original edition better. Excellent book. This is a great book that can help you delve into the root factors behind current pain. It's uncomfortable work and the writer doesn't sugarcoat it. But it's very rewarding in the event that you let yourself continue the scary trip of healing, which will require you to sit down with darker areas of yourself and your past. This publication was useful in helping recognize different personalities (conditions) that I am dealing with. The read is normally brief and engaging. I got to browse many books and carried out work in therapy specifically for this issue, nonetheless it still remained a comprehensive mystery for me. It is needed. I will have a plan for functioning through this problem and personally I think confident I right now know very well what has been holding me back. This about acquiring responsibility on your own healing. But some people would rather stay in their discomfort and misery than encounter the music — Perhaps they number the devil they understand is preferable to the devil they don't. Amazing, life-changing must-go through for children of narcissists. I am giving this book 5 stars because I think it is a must-go through. I had thought the individual the publication described was a little bit narcissistic, but I thought I was simply being judgemental. I've already purchased another one of Alice's books and I am hoping it is as ideal for me as that one has been. I always felt that there was

something I was lacking. Plus, the actual fact that it was addressed to the Psychology Professional was if you ask me one of the most incredible things about the publication. I have been for some really insensitive counselors but this reserve hook them up to notice: Don't keep carefully the individual locked in the same bad habits. this book and the author's examples can help unlock the door and offer a glimpse into acknowledging, engaging, and ultimately dismissing/disconnecting the power those past encounters may possess over one's current existence as expressed by treatment of others, especially one's own kids. This fresh edition is just a little preachy and gets down on religious people a little bit. I realize that there is nothing "spiritual" about psychology, but I sensed that the original edition was, a lot more than any various other book I've ever read, totally un-self-conscious, also to borrow the term from the Washington Post review of M. Scott Peck's book *The Road Less Traveled*, a "spontaneous action of generosity" and a uncommon gift. That is my simple, rather uneducated perspective in any case. I found it pretty informative. As I was scanning this book, a scenario happened which was just as outlined in this book. After reading it three times over quite a few years, I can honestly say it's been life-changing, the key to so many unanswered questions and neuroses. I got decided to take a break from attempting to re-hash my past encounters when I stumbled across this publication. Low and behold it described an associate. The people who wrote complaining reviews are missing the point — to be able to heal, you need to embrace the harm first. As i began to do more analysis and read more to comprehend so many complicated issues that are part of the human being psyche, i ran across this book. A superb book for bright people plagued by inappropriate family dynamics An excellent book for intelligent people who were caught up in parental dynamics as kids, that then impacted them for the others of their lives. Highly insightful. The minuscule to the major traumas of the family situations are revealed in cogent composing for any reader. No knowledge of psychoanalysis is really necessary. Okay Not as much insightful information as I'd have hoped. My highlighter got a good work out upon this book. this book is written even more for mental medical researchers, but it is certainly understandable for all of us in the general public. One of the best books written on trauma Alice Miller is a true pioneer in the field of trauma. life changing heartwrenching, truthful, beautiful, and telling. Alice describes me and my life perfectly in this book. It is an eye opener to so much hidden inside ourselves. A very important factor I could never understand on the subject of myself was why I even now have low self-esteem. Edit: I see from various other feedback that the readability problems may be linked to the translation, rather than necessarily the writer. Excellent book! What a great job the writer did here, I am so thankful I go through this book. I believe it is essential read and must be brought in to the light, and go through, so we the people can make corrections our potential and even current generations can change their lives around for the better. No one had perfect parents... Good, but not a straightforward read The right information and patient examples, but I came across the writer's style in terms of crafting her sentences very odd sometimes and hard to grasp; On the contrary, it really is brilliant, eloquent, and enough examples to make the topic very easily understood by everyone. I have described this book often over the years and have suggested it as a very important tool to others. Poignant, worthwhile read At the minimum, this work is thought provoking though it's miles reaching impact over time proves it to be more transformational for most. As acknowledged by the author, some shared ideas and appropriate responses may be lost to those without at least some encounter in therapy. You will become a better person in the end. Miller illustrates this with a powerful analogy about giving someone meals at just as soon as when they have the opportunity to escape a lifetime of incarceration---chilling! Great read, very informative Pretty interesting read. After that, like a snake, you metaphorically shed that pores and skin.



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