

You're Old, I'm Old...
Get Used to It!



TWENTY REASONS WHY
GROWING OLD IS GREAT

Virginia Ironside

Author of No! I Don't Want to Join a Book Club

Virginia Ironside

You're Old, I'm Old . . . Get Used to It!: Twenty
Reasons Why Growing Old Is Great



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It's time to end hiding that birth certificate! Virginia Ironside desires you to learn that getting outdated is an excellent thing-and not for the reason that dreadful "sixty may be the new forty" way. At sixty-five, she's no curiosity in pretending to be young and neither in the event you. Virginia celebrates all the "problems" that she and her fellow oldies embrace, including:

- Get Used to It! . Grandchildren (the reward you obtain for not killing your kids)
- .Wisdom (random disorganized knowledge you get to place a fancy label on because you're old)
- No-nonsense, wryly self-deprecating, and totally persuasive, You're Aged, I'm Old .
- Discussing ailments (and the fantastic meds that come with them)

unabashedly exalts the virtues of aging.



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So timely and wonderful This is my first-time to read this author, and I am delighted with this book. To begin with, it's completely new (October 2010) therefore she's my age, grew up in England but offers yet references I do -- I too got a grandmother who got an "ice box" and not a refrigerator when I was a tot, and I too like solitude. Well, that's not all the similarities, but I will leave them to you to discover. That is a great publication for anyone who would like to understand a female who's in her sixties "but doesn't appearance it" and currently has had all the t-shirts anyone may sell regarding any trigger or idea and is trying to come to terms with the actual fact that "it is, in fact, too past due." Get the book. Right now. I know that it's the British attitude that finds "trousers" on women or sneakers on anyone to end up being gauche but, contrary to popular belief, Virginia, women can appearance quite appealing in a nice pair of pants and a high and athletic shoes. I understand she's a stand-up chat which she provides to groups all over England - how I would love to attend. And one of the things that I didn't expect from the freewheeling Ironside was a dress code for my old age. Ironside contributes a column each month and I invariably see them amusing and can identify with a lot of her observations.. Everyone who is over 45 should browse this book. I first found Virginia Ironside in the popular "Oldie" magazine in England. Her other books, "No, I Don't Need Reading Glasses" and "No, I Don't Want to become listed on a BookClub" echo the sentiments of many of us "oldies. I really do that all time in my own mind. Treat yourself! Much less funny as we thought it will be. I've a bad cold and so when I'd laugh I'd cough and wheeze and it wasn't pretty however the upside was that, like Virginia Ironside, I'm previous (nearly 65) and by itself therefore i didn't have to be concerned about disturbing family. Get Used to it. But not all older ladies have to cover their higher arms--my arms are simply fine thank you and if I'm in the disposition for putting on a sleeveless top, I do. I found myself determining with and laughing along with some of her concepts, laughing at others because these were so outrageous and let's assume that she was writing with tongue in cheek (although I'm not all that sure), rather than being able to connect perfectly with some of her thoughts, since I'm not British, I'm three years younger and don't remember life before refrigerators and TV, and I wasn't a hippie in the 1960s. Yes, believe it or not, Virginia, I got my sex life with my husband and never dabbled in recreational medications. Shocking, I know! Ms. A writer to look for. We need not suffer with the agonies to be "ladies" anymore. In America we're liberated! She concludes the book with the joys of grandchildren which really is a little bit sad for the many the elderly who aren't lucky enough to have them. Nothing is too sacred or personal for Ironside to see the silver lining or the downside--sex, sickness, prescription drugs, death, or funerals. She writes in regards to a change which has occurred in her later years which has happened to me as well. We were both scared to loss of life of

speaking in front of groups when we were young, and today giving eulogies is among our guilty pleasures! Her own ramblings were just that. But I'll trust you regarding a few of your pet peeves especially that pony tails on guys over 60 (or of any age for example for me) aren't interesting at all.! I believe it's truly wonderful that Ironside adores her grandchildren and is able to spend quality period with them--a plus for all concerned.I have no idea if anyone will be on Ironside's side completely this amusing book--I believe she will lose people at various factors along the way.. Maybe I will have written this reserve. She writes from the viewpoint of ladies aged over 60, which is what she is, so that isthe market she will attract...The author enables you to feel better and more relaxed about achieving the "sensational sixties" as another author, Helen Gurley Brown, used to call them. Loved it. Hilarious. Just was hoping that one will be as funny.!! She enables you to want her as a good friend and/or nearby neighbor. I absolutely adored this book. .. But whether you're laughing with her, at her, or alternating between your two, I believe that she's occasionally eccentric, mainly honest, and sometimes practical in her considering and that she can offer you with a funny undertake entering old age with an attitude.and how best to offer with it.I did, however, LOVE her "Zero, I Don't Want to become listed on a Book Club: Diary of a Sixtieth 12 months". Everything in the publication is so true you need to laugh at therefore much of it. You're old, I'm Old.! Someone older should order it and go through it and wear it the coffee table and every once in a while go thru it..Get Used to It!read it through in a single sitting.!!! Go through it once and will read it again an I have to pass it on so many can go through it and move it on.' while punching the air flow with my fist, in total contract at what the author was saying. Could relate with it so well and wanted to continuously yell out 'Yes!!!!!! Fortunately I put up by falling deeply in love with small ones not linked to me.!.!!!!!! Makes an excellent gift of the old generation.... It helps to know what is round the corner for all of us. For a true-to-lifestyle insight on getting sixty years older and beyond, this reserve has it all. It will make you laugh and see real life you have never noticed it before. I couldn't put it down...Highly rated I would say! Lots of fun. Funny, Refreshing Appearance at Old Age I got a whole lot of laughs from this book. The funniest parts of this book were the quotes she took from various other authors, actors, wise people, and dead people. This connection between the two of us simply astonished me..!ramblings." You smile, you nod to yourself, and you laugh outloud with the sentiments in these books. You're Old, I'm Old. GETTING OLD This book is ideal for anyone who is close to sixty and beyond. Exciting. Easy read and fun At my age, the book really hit home and let me laugh at myself understanding I am not alone in life's challenges of aging.' Easy examine and fun.



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