

NATIONAL BESTSELLER

"Mira Kirshenbaum's words of wisdom are an inspiration to everyone who reads them." —DEEPAK CHOPRA

# TOO GOOD TO LEAVE,

A STEP-BY-STEP  
GUIDE TO HELP  
YOU DECIDE  
WHETHER TO  
STAY IN OR GET  
OUT OF YOUR  
RELATIONSHIP

# TOO BAD TO STAY

MIRA KIRSHENBAUM

Mira Kirshenbaum

Too Good to Leave, Too Bad to Stay: A Step-by-Step Guide to Help You Decide  
Whether to Stay In or Get Out of Your Relationship



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There are many books that promise to assist you fix a bad relationship.and with wisdom and compassion, it helps you work with the confidence of realizing that whether you decide to go or stay, you are doing the very best issue.or if you want to go.Will there be real love left between you, and how will it stack up against almost all that you come across unlovable? What sins are forgivable and which ones are unpardonable?What is your sex life enjoy, and how important could it be? Is your partner questioning your opinions to the stage where you doubt yourself?Mira Kirshenbaum provides expert guidelines that are the key to making all your choices, concrete techniques that you could implement right now, and the ultimate method to determine your individual bottom collection— She demonstrates how to diagnose your specific situation with self-analysis and queries like these, that get to the heart of your complications:••• Psychotherapist Mira Kirshenbaum draws in years of analysis and her work with real-life couples to help you make the proper decision. what you should be happy. This remarkably insightful and probing guide offers advice that enables you to start to see the truth about your relationship— This groundbreaking bestseller is the first one to help you choose whether you should actually try—



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I first got this book to attempt to find a reason to stay. We found that it was time to leave. Today my wife and I are exceptional best times in our marriage. Bad to stay So, I. It was for life. It had been honest. I was caught in a war between ethics and ideals. There never was any other substitute. The topics are a lot more relevant to long-term relationships, in my opinion, so that it wasn't super valuable in my situation, but I could see how it could help others.... If you can't decide to leave or stay you're . Would advise for anybody in a long-term relationship (several years) that's going through a bumpy route of uncertainty. You will be free of all dread and all question. "When I got this book it was my plan to go through it and reaffirm my factors to stay.. A great common sense guide to get you through the quagmire of doubts, woulda, coulda, shouda convinced that bogs us down. That remaining was a good choice.. Great and helpful book Finally a therapist who's willing to provide very clear guidance rather than asking what I feel about it and then leaving it up to me to determine if it is bad more than enough to leave the partnership. I felt excellent about my decision to stay by the end of it. Great book- recognized what I needed to do to create changes, but my hubby read and asked for a divorce after reading. Deliberately, trying to make the best of every single memory space while remaining really honest with myself in the process. refreshingly effective, new perspective this is an incredible book of truth. I allow time pass and browse it again, trying to be sure it was the mood of the moment. I thought I was building the case to stay. Do not read unless you're ready to face your demons. It's been 3.5 years after an 11 year relationship. It was simple. Marriage, to me, was it. That is truly a powerful book. what if THIS time differs. Upon reading the start of the reserve, I saw all of the words and phrases about staying. I constantly thought "well . If you can't opt to leave or stay you're in relationship ambivalence. anybody in a relationship, good or bad, will benefit from this insight and this book is an excellent gift to anyone struggling in a relationship -- much better than personal guidance. This book produced my decision to leave an extremely clear one. Forget about ambivalence. A great good sense guide to truly get you through the quagmire . Thank heavens for Mira kirshenbaum. Found this publication helpful in understanding some of my feelings. We was stuck. This reserve should be a requirement of every newlywed. A Good Book For Supporting People Sitting down On The Fence About Their Relationship That is a sad nut necessary book for people sitting on the fence about their relationships. I prefer to help people save marriages, but that calls for two people. When you possess one that won't come to counseling, or won't do anything differently to improve the relationship, and isn't interested, this helps the other consider their relationship, and make a decision, versus twisting in agony for years, vacillating between guilt and resentment. disadvantages list I was mentally carrying out that wasn't pushing me out of my romantic relationship ambivalence. I thought this was the perfect book. Nevertheless, there are therefore many guidelines it became hard to keep in mind them all. Getting through to the end felt tiresome and monotonous. I would recommend acquiring notes as you read so you don't have to continually re-read. Right now comes the other hard part.. To be able to move forward, fully committed and free of dread. I was desperately hunting for something to tell me it was alright to stay. This is NOT a "tell you WHAT to do book," but rather an affirmation of everything you probably already know. Regardless if your choice to stay and work, or keep, you WILL feel well informed in this painful decision. I wrote down every response. really different method of getting to the bottom line of situations. refreshingly effective, new perspective. i'm very grateful to the author. Having been wedded for 10 yrs and being stuck in between wanting to leave and not knowing easily was making the right decision i am so grateful I found this book. thanks. All the benefits and clearness that comes. I highly recommend this reserve to anyone who is ambivalent about their romantic relationship. So helpful So helpful Self help? We took every single query seriously. reviewing topics rather than the pros & Helpful advice I'm loving it up to now... I was trapped. Amazing Mira made me realize my marriage was too good to leave. A few of the book didn't pertain to us & most of the publication was boring. No thanks Useless information not practical Helps with decisions I liked the procedure of answering specific questions (in my head) & He

had a mistress for 3-4 years so obviously a different perspective. Helpful After struggling to choose to stay in my marriage or keep, this book gave me some clarity. Recommend this reserve as a tool. Well worth buying Got this reserve in Audible, 7 hour book, actually gets you to go deep Best for long-term relationships about the edge Bought this reserve for help me decide easily should stay static in a nonmarital short-term relationship. Even in the conditions I was in where my very well being was under assault, I still found it difficult. Well-written and non judgmental. Helps to keep things in perspective too. Then your relationship will have a bond that's immeasurable.



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