

Smoking • Alcohol  
Antidepressants  
Painkillers • Ritalin  
Amphetamines and  
other drugs

# End Your Addiction

## Now

The Proven Nutritional  
Supplement Program that  
Can Set You Free

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and Greg Lewis, Ph.D.

Greg Lewis and

# End Your Addiction Now: The Proven Nutritional Supplement Program That Can Set You Free



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A clinically proven and groundbreaking fresh three-stage recovery plan reveals how to reduce or eliminate addictions by firmly taking over-the-counter natural supplements that restore the proper balance of neurotransmitters in the brain. 35,000 initial printing.



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END YOUR ADDICTION Right now by Charles Grant, M.D. Dale's NeuroBalance Pro fundamentally contains every neurotransmitter available. Dr Gant End Your Addiction Now This book is crucial read for adults and particularly for parents .D. The book gives you so very much help and guidance before you even start your own pre-started, own private process of coping with your unique addiction. I don't have what most people think of when they think of addiction: drugs, alcohol, cigarette smoking, etc. This book gives great details on how to treat the cravings of substance abuse and his success rate of treating individuals and curing them is certainly amazing. When those with addictions have performed all the psychological work and gone to all of the rehab clinics but still have the problem. Has a great deal of useful information regarding natural supplements rather than using prescriptions. Gant's book is an invaluable first step. Especially with drugs, there exists a light by the end of the tunnel and my God, is it worthwhile! Bravo!! I am an Integrative Wellness Specialist, and presently in Grad School working on my LADC; A Concept That Works Better Than Any Other Exceptional resource for those people who are battling various addictions. Don't browse all the crap out there n the internet or even from close friends.....it is refreshing and encouraging to comprehend that nutritional intervention works when everything else fails. It has been rewarding over the years of my practice, to view the addicted individual switch themselves around and gain independence over their addictions through the use of nutritional supplementation in very specific ways for every of the neurotransmitters. these details is incredibly helpful and I intend to implement with customers soon!! Plus, more than one neurotransmitter may be involved so more than one crutch could be sought. Not only for garden variety addictions I'm not even sure why I read this book, nonetheless it opened my eyes to a new understanding of nutrition. There are A lot of addicts out there that book is a must-read for them. But I DO have an dependence on carbs, exactly like probably every person walking down the street with an growing waistline. A book you can refer to often and great info on the way the body responds to different health supplements.Before scanning this book, I had only a vague understanding of what neurotransmitters were and how important they are for the mind. I got NO idea more are stated in the gut than in the mind and how you treat your gut will impact everything from cognitive function to every aspect of your disposition. Once that door is normally opened, nutrition turns into awe inspiring.Dr. The medical occupation is putting people and especially children at risk by the over usage of perscription drugs. Five Stars good read Informative Great information. to Charles Gant and Greg Lewis!He has put together tests in the publication to assist you discover in which areas you might have deficiencies. Through his three decades of encounter treating people who have addictions, he has uncovered different neurotransmitters correlate with particular "crutches". But if you don't have any of the traditional addictions, these checks could be of limited value. Interesting and incredibly factual Such interesting information and nutritional facts that one may use as tools to participate in their own healing process. Finally!Every parent must read this publication inorder to protect their children from the developing threat from the pschiatry industry and the pharmaceutical industry. And I am here to tell you that is all true. This book is an excellent for putting "tools in your toolbox" Gives plenty of options for option helps from nutrition, herbal products and supplements and more. I've passed the book to others for review and also have passed on simple recommendations such as for example using GABA. GABA offers helped 3 people I understand to see through a Xanax addiction, so they said. This reserve is an excellent for putting "tools in your toolbox". WILL NEED TO HAVE TEXT for LADC's Arrived timely. You may not need them all, but what do you consider the body does with the excess? I, myself, am living evidence it CAN be done with minimul effort on reading and re-reading it for its compassionate support by these great authors. Nutrition works, and I am delighted to observe such a well crafted book on this subject matter. and Greg Lewis, PH. Gant puts ahead the idea that when you become deficient in a specific neurotransmitter, through poor nourishment, mal-absorption or genetics, you choose a "drug of preference" to cope. It guides you through the beginning o the finish with

supplement you'll want before your own voyage. It's not a question of getting rid of a crutch - it's a issue of giving your body the building blocks it was designed to make use of to construct its important scaffolding itself and Dr. Solid research and understanding Of training course the medical and psychology field will try and debunk him for his groundbreaking function. Once you read this, you'll realize how simple and logical it really is, and also how threatening it is to the amount of money hungry experts. I've dealt with drug and sugar addictions, all my entire life. I've tried many conventional programs with no success. After just two days taking amino acids, I feel more in control of my entire life, and my decisions than I have for days gone by 20+ years. Charles Gant has solid study, and he understands and has learned what he is talking about. Great Book! I strongly recommend scanning this book; it's changed my entire life. It's too poor because he provides nod to the fact that sugar/carbs are a few of the most addictive chemicals there are, but doesn't actually address them in this reserve as much as he does the traditional addictions. I purchased this book on my kindle, and found that is it simpler to get the very difficult copy, as I make reference to prior pages frequently. And for me, this reserve stopped that expansion in its tracks. But this just makes points worse because rather than your body getting what it needs to produce the neurotransmitter itself, it depends on an unsatisfactory crutch. A method to help with the physiological factors behind addiction! You WILL come out a champion in the end (I'm nt likely to say it's a bowl of cherries), but by purchasing the product quality products the authors tell you to invest your cash in are really worth it! He explains it in layman terms so it is easy to comprehend. Even so, the reserve has opened my eye and changed my entire life where none of the normal low carb or glucose busters books worked for me previously. Has a lot of useful information about natural supplements instead of using prescriptions Have obtained several copies for folks I understand with addiction. Gant's book provides all the info you need about cofactors and additional vitamins and minerals to take so you are sure the neurotransmitters work. There are some guidelines here There are some guidelines here, but I came across information that I've never seen before approximately ending addiction in the book "Your Best Health Today" that is life changing! After decades, I found myself with issues once again. I recommend that you try out this approach. It creates obvious feeling that there will be. This publication outlines solutions. I attempted a few of the supplement recommendations, and discovered that they actually bridged the gap left by therapy/treatment alone. Although the reserve suggests particular regimens of products, and recommends brands, I found that to end up being beyond my budget. However, I educated myself, then suggested the reserve to my naturopath, and she found the perfect product for me to make use of as a companion to this publication. Dr.D> I completely LOVE this reserve! Flushes it, same as other excess items. The product was much more affordable than separately supplementing with neurotransmitters,[ASIN:B000WSGS24 Dr. Dale's Neurobalance Pro Homeopathic Treatment]] and Dr. Changed my lifestyle! I know there is a link between brain chemistry and addiction. I am a biologist, and I have struggled.



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