



A Book of Comfort and
Constructive Advice for Black Sheep,
Square Pegs, Struggling Artists, and
Other Free Spirits



Susan M. Brackney

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The Lost Soul Companion: A Book of Comfort and Constructive Advice for Black Sheep, Square Pegs, Struggling Artists, and Other Free Spirits (Dell Book)



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The ultimate survival guide for starving artists, writers, performers — and anyone whose dreams can'tFrom the anti-procrastination "Filled with down-to-earth assistance and sustenance for your most far-flung dreams, The Dropped Soul Companion is the perfect guide for anybody grappling with the darker side of creativeness.re knee-deep in rejection slips, this impressive little reserve offers both motivation and compassion, plus surefire strategies for surviving in what can sometimes seem like "A way to obtain support whenever your day work gets you straight down, a refreshing reservoir of humor when you' to the importance of keeping well nourished (toaster-oven-snack dishes included), The Shed Soul Companion will talk with anyone with big dreams and creative spirit who nonetheless finds it difficult some days merely to get out of bed."t be contained by an office cubicle.chopstick plan,"a world of meanies.



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Sweet book. I particularly recommend this if you feel . I must have read a large number of books in my own lifetime.. There exists a large amount of stuff on suicide,yes,but there are several OTHER things. I especially recommend this if you feel you're going mad from trying to make it in this world. Much better than drowning your sorrows in drink. Five Stars This book was great. I can honestly say that I have NEVER found so much interesting,useful and strange details packed into so small and short a reserve! i laughed and cried while reading it, i came across susan's way with terms very touching and 'real'. i only rate this four stars rather than five because i feel she isn't reaching her complete potential with this book, she has the skill to go so very much further! The author ends up talking a lot about general hopelessness, when it isn't all that relevant to most of the people she's addressing; I think any lost soul can find something in this book to comfort them. I would definitely recommend it to anyone who's a struggling artist of any sort,or anyone else who is having trouble figuring out where you can go in existence,or if it's worth the discomfort to simply keep hanging in there (it really IS! This book was decent. . Extraordinary little guide to comprehend creative people I purchased this book as a gift to my partner because she is a creative person who sometimes feels as though a Square Peg in fact it is hard for me to understand why she feels in this manner. She states the most obvious, and will it extremely poorly. Also the pictures are displayed poorly on Kindle. If you are a dropped soul you might realize that it isn't therefore lonely out there. The author touches on what's incorrect with "the big style", quoting a man who actually SAMPLED it and hated it!!.. Many of the books I've read as a grown-up were non-fiction,mostly history and self improvement. a comfort it really is a comforting book. Sweet book. Just what a BOOK! One last thing: "Program bee" is a publication from Susan that is about bees and the everyday work of a beekeeper, nonetheless it was a delightful publication that I finished in just three days. In case you are artistic,sensitive,or feel lost,baffled or sad a lot,BUY it! Funny,deep,sad,and exciting by turns. If you have tripped upon this review, you were meant to read this book. In many ways similar to "Generation X" prior to the advertising people took over. Meh!). It's an instant read you'll want to reread again and again,with mostly very short chapters,illustrated with drawings and other artwork by the author herself.! The author also includes her address by the end,and ANSWERS LETTERS! It maintains the book fairly likeable. However, I really believe that for those who have found this review, whatever you may consciously believe, you should read the Lost Soul Companion. I am here. I'm an artist and enthusiastic author of letters and emails,myself,and this book was a BIG help me. It exposes a very real community of individuals to each other. WOW! If you know a lost soul, you may gain a little persepective on a wonderful person. In any event, I only came across the publication because I had the author in my taxi as a passenger. This book is actually unique. It is an excellent declaration of self. It didn't genuinely have anything profound or deeply moving to say though. where are you? . Robin's Review ridiculous, worthless, and written very immaturely. She had not been very excited at the beginning, but after a few days she told me how impressed she was because Susan M. particularly 'free spirits' who, by the sounds of them, are perhaps quite carefree and, well, free-spirited. It had been good to observe how she finished the publication in less than weekly and had an excellent feeling there are more folks out there like her. I browse the book also and it had been impossible not to get hook to it. Great publication, great advices and incredibly interesting content (actionable). Now I have all the books from Susan and her witting style is quite natural, friendly, clear and engaging. An ideal book to learn after work just to find out something different while getting disconnected from everyday nuances. She talks about the joys of experiencing a pet,an invention by an autistic female that has been used to treat autism and is now for sale commercially,the Burning up Man event (don't worry,he's handmade,Not really a PERSON,and it's an annual event),ways to end procrastinating,about adjusting goals to match

present realities, achievement versus failure (and who's working the huge vacuum cleaner that pulls you down to failure) and a LOT of other things. I'll give credit to the author for having an available, warm style of writing though... I actually had expected this book to have a bit more information about succeeding as a 'square peg'/struggling artist, rather than just surviving... and hadn't quite expected so much details on "Why you shouldn't kill yourself" or "Why anti-depressants are OK". As a earlier reviewer observed, a struggling artist isn't necessarily suicidal. Possibly the flaw with the reserve is the inclusion of way too many 'types' of individuals in the title. Certainly, the advice you'd give to a 'black sheep' would not really be the same as the advice you'd offer to an artist who hasn't 'made it' yet. a good, uplifting, quick read There were a few parts that I felt spoke right to me. Brackney was able to describe in great details the situation that she was going through, providing good advices about how to take care of those bad days and how exactly to deal when you are facing a innovative emptiness. I suppose the term "comfort" in the title is a major hint towards all this, but I sensed it was all a bit extreme. Not big on constructive information after all. Synchronicity I am not a college student of Carl Jung.



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