## American Academy of Pediatrics

THE COMPLETE AND AUTHORITATIVE GUIDE

# CARING FOR YOUR SCHOOL-AGE CHILD



### **AGES 5-12**

NEW AND REVISED THIRD EDITION

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#### American Academy Of Pediatrics

#### Caring for Your School-Age Child, 3rd Edition: Ages 5-12



From the American Academy of Pediatrics, the most up-to-date advice for moms, fathers, and caregivers of school-age children You've outgrown the infant books—Talking to your son or daughter about selfesteem, puberty, becoming shy, and coping with prejudice • A comprehensive resource, Looking after Your School-Age Kid includes guidance on: •recommended simply by pediatricians and trusted simply by parents.s best pediatricians, presents this revised and updated age-specific information to help your children thrive of these formative years.s mass media use, including screen time, electronic devices, and internet make use of and basic safety •s school years, while exciting, bring new transitions. Through the ages of 5 to 12, children continue to develop and develop skills and habits that will impact their future health and well-becoming. Your kid' Your child' The best methods to encourage good nourishment and conditioning • Promoting independence and fostering resilience through well balanced objectives s emotional, physical, behavioral, and social advancement • A kid' Plus much more, including a complete health encyclopedia covering injuries, ailments, and chronic medical ailments such as asthma and diabetes Caring for Your School-Age Child can be an essential childcare resource—Cender-specific issues facing boys and girls as they approach adolescence, like the phases of puberty • • Safety and injury prevention, plus handling emergency circumstances • School problems including promoting great homework skills and public dynamics, and coping with school complications and learning disabilities •however your school-age child needs your guidance and support more than ever. Family issues, including divorce, stepfamilies, adoption, sibling rivalry, working-mother or father households, and childcare • Understanding your child's inborn temperament—and how exactly it affects the child-parent relationship • Effective discipline, behavior complications, temper tantrums, and optimal nurturing • The American Academy of Pediatrics, the trusted firm that represents the nation'



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Great Resource! It's almost like having a pediatrician to inquire question to in your house! Great way to obtain practical information. This book is an excellent resource of information! Such a valuable tool for school age children! Great! I pick up this book and look for the topic I wish to address and it's been a helpful source in a couple of instances with my kids already. Excellent reference! Addresses not merely physical health issues but an array of topics like mental wellness, behavior problems, managing technology, etc.



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