

AGING

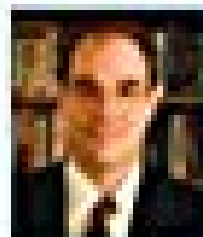
Fight It with the Blood Type Diet®

Dr. Peter D'Adamo's
EAT RIGHT 4 YOUR TYPE
Health Library
4 Blood Types, 4 Battle Plans

The Individualized Plan for Preventing
and Treating Brain Decline, Cognitive
Impairment, Hormonal Deficiency,
and the Loss of Vitality Associated with
Advancing Years



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Dr. Peter J. D'Adamo
with Catherine Whitney

Dr. Peter J. D'Adamo and

Aging: Fight it with the Blood Type Diet: The Individualized Plan for Preventing and Treating Brain Impairment, Hormonal D efficiency, and the Loss of ... with Advancing Years (Eat Right 4 Your Type)



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Dr. Peter J. D'Adamo, author of the Eat Best 4 Your Type series— Includes methods to fight human brain decline, cognitive impairment, hormonal deficiency, and lack of vitality. With specific tools unavailable somewhere else, here's an all-new individualized blood-type-specific intend to gain control over the signs or symptoms of aging. is rolling out a brand-new, targeted plan for fighting the consequences of advancing years. with more than two million copies in print—



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