



Under the Skin

A PSYCHOANALYTIC STUDY OF BODY MODIFICATION

ALESSANDRA LEMMA

Alessandra Lemma

Under the Skin: A Psychoanalytic Study of Body Modification (The New Library of Psychoanalysis 'Beyond the Couch' Series)



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Alessandra Lemma - Winner of the Levy-Goldfarb Award for Child Psychoanalysis! Topics covered consist of: body image disturbance appearance panic body dysmorphic disorder the mental function of cosmetic surgery, tattooing, piercing, and scarification. It discusses how the therapist can understand and help individuals for whom the manipulation of the body is experienced to be psychically necessary, regardless of whether the process of modification causes discomfort. Under the Skin offers a detailed research of the challenges posed by our embodied nature through an exploration of the unconscious phantasies that underlie the necessity for body modification, making it essential reading for all clinicians dealing with those who are preoccupied with their appearance and modify their bodies including psychotherapists, counsellors, psychiatrists and psychologists. Beneath the Pores and skin considers the inspiration behind why people pierce, tattoo, cosmetically enhance, or otherwise change their body, from a psychoanalytic perspective. In this publication, psychoanalyst Alessandra Lemma draws on her behalf function in the consulting space, along with films, fiction, art and clinical analysis to claim that the motivation for extensively modifying the top of body, and becoming excessively preoccupied using its appearance, originates from the person's inner world – under their pores and skin.



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Thoughtful, Wide-Ranging, Provocative I'm a science article writer whose current task is a publication about people who self-induce visions. In addition to these professional issues, I'm puzzled by the current recognition of tattoos among teenagers in my area. This lady wants to hear herself talk and must use as many big words as feasible to make sure the reader feels as though she must be smart so she must know what she's discussing. Many induction strategies involve the use of some ascetic practice--isolation, fasting, sleep loss, intense exertion, and, not really least, self-infliction of pain. Very readable and essential topic. Although the reserve does not delve into even more sociological speculations, Lemma includes a lot to teach us about a larger cultural change from neurosis as the "paradigm" to psychosis---but without judgement. Highly recommended for the academic thinking about body modification and psychoanalysis. Very readable and important topic. Given these interests, I began looking for a scholarly publication on the subject, preferably a recently available one, and I shortly found Alexandra Lemma's BENEATH THE SKIN. Was there simply no editor? I found this book to be very wordy. Usually the public screen of self-mortification plays a significant role. It seems if you ask me that this publication is less about how "heavily modified" people surely got to be the way they are and more in what the author seems to think that is "wrong" with these folks. We was dissappointed and would ask for a refund if it were possible. thoughtful and careful That is a thoughtful and careful look at the (unconscious) motivations behind body modification. I found the dialogue lucid and persuasive. Although ostensibly the reserve is approximately the compulsion to pierce and tattoo, it's really about our contemporary romantic relationship to our bodies, and how postmodernity (or modernity, provided your bent) has changed the mind/body problem anew. I am deeply appreciative of her capability to illuminate a world that would otherwise seem inaccessible to me. But, from the perspective of a person who teaches psychoanalytic materials often, I discover this a good, interesting, and highly relevant to our period. The reserve assumes a background in psychoanalysis; readers unfamiliar with this domain of theory may have got a tough time. That is a savvy, intelligent, and I daresay loving book from an analyst generally worried about how subjectivity is usually transforming inside our time. I'll be teaching this reserve in a graduate seminar on psychoanalysis in a couple of months. I would give this reserve the best recommendation, but a prospective buyer should be aware that this is certainly a serious, scholarly function by a psychotherapist, not a pop psych text.



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