

A Mind Unraveled

A MEMOIR

Kurt Eichenwald

NEW YORK TIMES BESTSELLING AUTHOR

Kurt Eichenwald

A Mind Unraveled: A Memoir



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The compelling story of an acclaimed journalist and New York Times bestselling author' When you travel on his personal trip, it is natural gold.his torturous decision to keep his condition a secret in order to avoid discrimination, and his ensuing decades-long battle never to only survive, but to thrive., chief medical correspondent, CNN "Praise for A Brain Unraveled"s] remarkable memoir reads, unaccountably, like the most hair-raising of psychological thrillers."—" In the aftermath of that critical minute, his once-carefree life would be consumed by confrontations with medical incompetence, discrimination that nearly cost him his education and work, physical abuse, and dark moments when he contemplated suicide. This is actually the story of 1 man's fight to pursue his dreams despite an often incapacitating mind disorder.A Mind Unraveled reads such as a medical thriller, at times truly frightening but also deeply inspiring. He details his encounters with the doctors whose carelessness could possess killed him, but also for the heroic activities of a brilliant neurologist and the friends and family who fought for him. A lot of Eichenwald's recollections are drawn from his diaries, vivid and painstakingly kept information that helped sharpen his abilities as a journalist. This reserve will make me think in different ways as a doctor.t be able to put it straight down.A Mind Unraveled can be an inspirational story, one which chronicles how Eichenwald, faced often with his own mortality, transformed trauma into a guide for reaching the upcoming he desired.ve go through before, with a propulsive narrative.[Kurt Eichenwald' From his early encounters of dread and denial to his exasperating seek out treatment, Eichenwald provides a deeply candid account of his years facing this misunderstood and often stigmatized condition. He raises essential questions about the nature of memory, the revelations of brain science, and the profound mysteries of human perception.—s ongoing have a problem with epilepsy—"—Sanjay Gupta, M.D." It'This book absolutely floored me.s a medical mystery unlike any l' Defying relentless threats to his psychological and physical well-getting, he affirmed his decision to never give up, and along the way learned how exactly to rise from the depths of despair to the heights of unimagined achievement. Believe me, you won' Ultimately, The New York Times Publication ReviewAs a college freshman, Kurt Eichenwald awoke one night on to the floor of his dorm room, confused and in pain. Kurt Eichenwald is a tremendously talented article writer.Bryan Burrough, New York Times bestselling writer of Barbarians at the Gate



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Among the best memoirs of the entire year Surefire bestseller, Pulitzer materials, likely to be a movie. An unbelievable story. Highest suggestion for anyone interested in memoirs, medical tales, or overcoming adversity. A Profoundly Upsetting Book that MUST Be Read I have read most of Kurt Eichenwald's books, and for my money he is the best business writer ever; If you are anything apart from a vindictive, petty zealot, you can disregard that crap. I was at Swarthmore and on Kurt's hall when the events in this publication occurred. As I examine Mr. Because of Kurt's high political and Twitter profile, it's likely you'll encounter hate speech fond of him and his work. Eichenwald, I experienced the stigma associated with epilepsy and hid my disorder from friends and colleagues. Actually, I probably perform him a disservice by discussing him as a "business author" -- he's an excellent writer who has particularly excelled available arena. In doing this I just found out he blocked me. Bad and the good for me I purchased this book because I began having seizures at age 44. This would be considered a great choice for a book club. I read its almost 400 web pages in two days, and literally couldn't place it down. Words cannot describe how good this reserve is. It really is profoundly upsetting, to the idea that I found myself dropping it in anger at his doctors, the administration at his university, and more. Not really that he doesn't are worthy of it, I simply struggled with some of it. This is simply not a "pretty" story, nonetheless it commands our attention and should be read. I was more fortunate with my doctors and university but, like Mr. Though eventually triumphant, the challenges which Eichenwald describes in his publication are both shocking and yet all too familiar to people that have intractable seizures. I admire him exceedingly for the life he leads and for his courage and skill in writing this book. Taking Epilepsy OUT FROM THE Closet I grew up with epilepsy. The book is merely riveting; I bought this book because I have a girl with epilepsy, but I must say I believe this book will be inspiring for anyone to learn. I also acquired no proven fact that he provides epilepsy, significantly less that he suffered therefore significantly from the horrendous treatment accorded to him in his early years as a result of his disease. Mine were because of an AVM in my own brain, but there is so little information shared with people with epilepsy and I don't know why. This publication is Pulitzer material. I cannot believe what Kurt experienced because of his epilepsy. And present a copy to your neurologist so they might see the human part of this disease. Today I am still left with the feeling that author just really wants to sell his publication and does not have any regard for helping people that have epilepsy. The one thing I didn't look after was some of the arrogance that I sometimes felt from Kurt. It is also shifting, as when his parents start to realize what he is usually going through or when he meets the caring girl who becomes his wife. Otherwise an incredible book that people have to examine. There are so many people with epilepsy in the globe and yet we hear so little about it. It's a frightening feeling to awaken on the floor rather than know how you got there. Through learning from your errors, Eichenwald learned to balance determination with risk acquiring that was courageous but not reckless. I haven't got a grand mal seizure in nearly 30 years, nevertheless, you remember what they are like. They wring you out actually, mentally and emotionally. I didn't understand Kurt well at all, but every detail of this rings accurate, and Kurt has demonstrated that he's an outstanding and meticulous researcher in five most effective sellers. We as culture have held our heads in the sand and it's more than unfortunate. Mr. It has remaining me with a poor feeling. Ultimately, It's a tale About Pursuing Happiness A Mind Unraveled chronicles Kurt Eichenwald's journey overcoming epilepsy, discrimination, and mistreatment. I've long thought that at least one of his own books, "A Conspiracy of Fools" (about the collapse of Enron), ought to be required reading at laws schools and business academic institutions. I want to thank Mr. Eichenwald for

telling his story and getting epilepsy out into the open. Also doctors aren't overly forthcoming whenever a person is diagnosed. Disappointed I was extremely excited when we heard that book was coming out as I've a 21 year old boy with intractable epilepsy. At that time I delivered a tweet to the author telling him my son's story. I was amazed that I under no circumstances received a response but I forgot about any of it. I just finished reading the publication and would tweet the author. However, I knew nothing at all of his life or history, and I certainly acquired no reason to think or expect that he is a brilliant memoirist. An extraordinary book by a fantastic writer. I am pleased he shared his story to provide people a better understanding of what folks with epilepsy have to deal with every day. Why would he block me except that he didn't desire to be bothered with someone else's epilepsy tale. I am very sorry I bought his book and spent time reading it. Eichenwald experienced hell with his doctors, college and companies. The Experience of experiencing Epilepsy As someone who has epilepsy and who has experienced many of the encounters described in the publication, Personally I think like this story would have to be told. I am hoping this publication can nudge a turning stage in the care of patients with this disease. Each doctor tells us something different and prescribes different things making it a very much harder trip than it requires to be, just like Kurt describes. Read this book when you have epilepsy or in the event that you know anyone who has epilepsy. It's shocking to hear how he was treated in college and by so many doctors. Kurt Eichenwald overcame therefore much because he knew what he wished out of existence, and he didn't let his seizures block the way of that. Amazing book! Could not put it down. This memoir is indeed a lot of things. It's heartbreaking while also being inspiring. It's tragic but also humorous. You won't regret buying and scanning this publication! After reading A Brain Unraveled, you are going to want to go over it -- and actually re-read to glean all of its inspirational lessons. Thank you Kurt! The bigger truths revealed by Eichenwald's story transcend epilepsy -- and may apply equally well to any battle to live a full and happy life despite challenging obstacles. It is so brutally honest and well written. Beyond good. His writing provides its customary lucidity blended with incredible passion. Having friends with TBI from war, some with seizures, and viewing how no-one wants to talk about it or cope with it, it's long overdue. Eichenwald's memoir, I had to put the book down several times because it brought back memories and feelings that I hadn't experienced in a long time. I am very upset as all I tweeted about was my son's condition and that I was looking towards his book. Thank you.



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