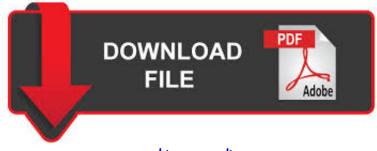
Living and Decoding Asperger's Syndrome

FINDING

Aaron Likens



Aaron Likens Finding Kansas: Living and Decoding Asperger's Syndrome



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All I want is you to definitely care, to know, to understand. Now a sought-after loudspeaker and blogger, he's passionate about sharing his insights into this frequently misunderstood condition. For others on the autism spectrum, Kansas might be trains, history, or the weather. When he was identified as having Asperger's syndrome at age 20, Aaron Likens began to gather his thoughts and experiences on paper-the highs, the lows, the difficulties, and the unpredicted joys. Finding Kansas is a memoir like no various other, written by an unlikely writer who initially never dreamed he'd find also one reader. What he found was hope -- not merely for himself, also for others with Asperger's. And perhaps, for a brief moment, I am free. Aaron has another passion, too: the globe of auto racing. An effective flag man at racing events in the united states, Aaron phone calls racing his Kansas-a place where he feels safe, confident, and normal. It is here where, like Aaron, they find independence, and the possibility for growth and change Finding Kansas brings us into Aaron's world and, in the process, offers a richly noticed, deeply thoughtful, and sometimes painful picture of what it's like to live on the autism spectrum.



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A MUST-Read for anybody that loves an Aspy! Some parts of this book will bring tears to your eye so prepare yourself. It has shed light on so many of the traits that occasionally exasperate the complete family. I under no circumstances thought his actual condition could be causing as very much deep internal discomfort for him since it does for all of those who love him. Such as this movie, the publication FINDING KANSAS is certainly wrenching in it's ability to throw back the curtain on medical analysis and assumptions and care-takers frustration with those with brain abnormalities, no matter what they might be, and eloquently illustrate that behind all these surface stuff, there is ultimately someone who is deeply suffering. There is a lot of insight here that I've not seen somewhere else in my search to comprehend my buddy. What fascinated me most is the agony this article writer goes through KNOWING he is nearly normal, but being utterly POWERLESS to do anything about any of it. It has always been easy for me to believe that my buddy was just being challenging and persistent. If the people encircling those with Asperger's are better able to understand them, there has to be a opportunity that some of the internal pain could be slightly relieved. This is very reminiscent of the film THE DIVING BELL AND THE BUTTERFLY about a stroke victim who was simply somehow able to transcend his condition and also describe that which was going on inside his head. I am positive, through this publication, Aaron has helped additional readers therapeutically--readers who tell him they have Asperger's so they understand him or readers who don't feel just like they can fit in and would tell him he is usually not alone. I hardly ever imagined that probably he doesn't Wish to be that way, that perhaps he is completely aware of what is causing other folks distress and can't perform anything about it. (For everybody involved! This book still left me thanking God that I have not really been cursed with this syndrome, but it also remaining me with a deep compassion for my buddy and the rest of the people who are struggling with a condition which allows them to appear normal a few of the time, but leaves people discouraged and baffled when the same person struggles to cope with the complexities of personal associations and lifestyle!) I've read many books, message boards and websites about Asperger's - but this is actually the most enlightening and enjoyable pieces of writing I have yet to encounter. The author has a unique gift to be unrelentingly open and honest(while writing in any case).. I think his insights are phenomenal. But that is a fantastic book. By the finish of the book, the reader hasn't only been presented to a stranger named Aaron Likens, however they actually reach better understand him through his ability to open his center and tell his accurate tale without hesitation. After scanning this, I am also left wondering how aware all sufferers of autism spectrum disorders are about their conditions, but as being a stroke victim or alzheimer victim, cannot tell the world what is going on of their minds. As research improves on these conditions, I am hoping this book will not go unnoticed by the medical community. The author has uniquely described what he undergoes every day, just trying to get through the day. We took out of this book the idea that although we might not understand just what is going on inside somebody's mind, we can make an effort to understand the discomfort life may create and that everybody has their very own story, but rather an initial hand account of his daily struggles. Even though you have no idea someone personally who is Autistic, Aaron's collection of personal writings is worth a go through because he effortlessly is able to describe his nontraditional thought process in a method the average reader can understand. Many times throughout the reserve, you feel as if you really "get" Aaron simply by the way he explains his viewpoint to the reader. I personally liked the format of "Acquiring Kansas", as Aaron will not continue to dwell using one concept or subject matter for too long, but instead explores a lot of his life encounters and how he has reacted to all of them. Relationship troubles give way to his adventures in the world of auto racing and everything in-between, and it's really genuinely hard to reduce interest after reading just a couple pages. As the book's pacing will not "flow" such as a traditional novel, his collection of personal essays are all enjoyable to read by themselves and provide a diverse selection of short stories, emotional descriptions, and life encounters that help the reader understand the thought process of someone with AS. Great Book I am not a book

reviewer.something most Aspy's are not capable of. I think it must be read by anyone who works or lives with anyone on the Autism Spectrum. I highly praise this book as something special to those that read it! ${f I}$ 'ue a brother with Asperger's and ${f I}$ 'm thus thankful ${f I}$ happened upon this reserve. You won't ever look at somebody who is a little bit different the same manner again. Aaron is an extremely articulate young man and he helps you to understand the chaos that occurs in the mind of a person with Asperger's Syndrome. Author, Aaron Likens, provides truly dispelled some of the mysteriousness of Asperger Syndrome and brilliantly portrayed truths about the angst it can result in a person living within and a family surrounded by this disorder. There is nothing more relatable than terms and thoughts shipped by the individual living with a disorder rather than perhaps a doctor who offers studied it or a member of family observing from the exterior. So many of his stories, insecurities and life encounters are similiar to all of humanity - but the discomfort and frustration are magnified exponentially. Aaron is usually braver than a lot of people who under no circumstances understand who they are because they merely don't need to know. For most reasons, people can really experience disconnected to those around them or culture in general and Aaron speaks to those individuals and portrays their tale and also his. It is so therapeutic to place your tale out there to explain how you experience and much more when others who hear your story can see a bit of them in it and may say they understand your feelings because they have felt some of those things too.In lots of ways this book is unpleasant and heartbreaking, but it is also filled with threads of hope. An enjoyable collection of personal essays Aaron's book isn't a step-by-step guideline on how best to live with Aspergers Syndrome; We have to nurture one another, as we might actually be similar with techniques also if for different factors. It was heartbreaking to learn of Aaron's struggles, but it was also glorious to see a young man learning his self and growing because of his desire to seek freedom and understanding. I feel like this is not only an important reserue for individuals who are either coping with Asperger's themselues or know somebody with it, but it opens the door for connecting with anybody who has ever felt as an outcast. We thoroughly enjoyed reading "Finding Kansas" and I want all of the best for Aaron and his trip in life.



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