ATYPICAL

IN 20 % CHAPTERS



JESSE A. SAPERSTEIN





Jesse A. Saperstein

Atypical: Life with Asperger's in 20 1/3 Chapters



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The poignant, funny, and truly unique observations of a writer identified as having Asperger's Syndrome. Informed with endearing and unflinching honesty, Jesse brings his exclusive perspective to the conditions of his existence and his condition." Therefore begins the enchanting, insightful, and memorable tale of Jesse Saperstein. He has also worked hard to understand and take full advantage of his AS- developing his keen curiosity and love of life, closely observing the globe around him, and most of most, helping others with AS to better cope and actually thrive. Diagnosed with Asperger's Syndrome, a slight form of autism, Jesse has struggled since childhood with lots of the hallmark difficulties of his condition-from cultural awkwardness and self-question to extreme difficulty with change and managing his feelings. "Please be forewarned you are about to browse the observations and lifestyle lessons of someone who entertains himself by farting in public and conversing in gibberish along with his cats.



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This Saperstein Is Not a Kojak Character I've known the author since he was students in the high school where I'm a teacher. Jesse's tale is honest, sometimes brutally (how refreshing! I read this book for an assignment and I actually absolutely loved every term of it. His humor and honesty is indeed captivating and forces the reader to maintain turning the webpages. But this reserve tops it all. Lively, Interesting Memoir about coping with Differences! I'd love to hear more comprehensive of your experience on the Appalachian Trail. Payne), or read it to get brand-new insights into what Asperger's is about, or both. Or go through it to discover how what many would find as an affliction has been created by the author into an asset. "It is a central irony of my life that my biggest disabler has been to live with a disability so profoundly gentle that people usually do not usually identify it as more than a character flaw. an excellent true story about as an Aspergian I really liked this book which is about coping with Asperger's syndrome, a condition on the autism spectrum. No therapist-speak, no watered-down generalities, no filter. A taste reviewed We hope Atypical is merely the beginning of what Jesse Sapperstien (JS) provides. is the highest functioning of the autism spectrum, for the reason that people who are Aspergians don't have the speech delays and are often higher IQ than the neurological typical. Must Read! Jesse Saperstein has a humorus way of telling his own tale of his struggles, his accomplishments and interesting elements of his life. I must say i enjoyed the book Jesse has a skill for prose. In the launch he states what is probably the most problematic component which I will quote; Nevertheless, you appear at it, this is an astonishing literary debut that I can't recommend highly enough. I wish I were better with words and could have given an assessment worthy of this publication. One chapter's title is "all the world's an awkward stage" which pretty much sums up living with Asperger's. In this chapter he tells of a teenager's attempt at humor which often backfired on him. The best chapter was "speaking out" with how, when, and who to reveal that you actually have got Asperger's syndrome. This book left me wanting even more from his gifted and exclusive voice. This is not a "typical" self-help book for parents with kids on the spectrum (by itself anyway), so don't be prepared to read a "how exactly to cope" book by an "expert"." to me this is actually the most revelant sentence in the book. I admire Jesse's keen insight and ability to issue solve. What's amazing concerning this book may be the pain and joy is indeed human and so humanely portrayed that it will be identifiable for just about any reader ready to "provide it a chance". After reading the first few webpages, I came across myself laughing hysterically, something I hardly ever perform when reading anything, especially stuff that's said to be funny. He has handled his Asperger's in a few astonishing methods: dedicating himself to learning his choreography in a play I directed in senior high school (a feat that took relentless function for him), dedicating himself to a cause and consequently walking the space of the Appalachian Trail to raise cash and awarenes, dedicating himself to overcoming the stigma of his condition in high school and university. In describing the days he accomplished acceptance JS brought me to the verge of tears. I didn't desire this reserve to get rid of and am today following his blog page - which is simply as funny and great. He quotes Michael John Carley who has also written a reserve on becoming on the autism spectrum, "tell when it feels secure". It's more of an honest disclosure of what it's really like to live in a global that's not created for people who are different. It's told by a most interesting and inspirational man who is actually "Atypical" in the perfect way. Excellent selfprotrayal. they read like dull-witted middle school textbooks As a life-very long misfit who only lately, at age 46, is seriously wanting to deconstruct his own awkwardness, I am reading every Asperger-related publication I can get my paws on. And mainly, they read like dull-witted middle school textbooks, with authors paid per cliché. Jesse Saperstein's books will be the outstanding exception, and you ought to drop whatever you're presently doing, and immediately order both of 'em. A. Jesse takes you through the full gamut of his encounter, with brutally honest tales to cause you to wince, laugh coffee out your nose, and obtain misty-eyed at the poignant vignettes only those on the autism spectrum will understand. Very lively and easy read! He lives as a true example of finding ones personal best attributes and carving out ones own purpose. It also assists that he's gut-bustingly hilarious, and an immensely talented wordsmith. S. Here he

mentions that some people think the analysis is just a justification for laziness or an attempt to hop on the latest health fad. For me this is a glimpse into what living with Asperger's can be. His trials and tribulations of navigating cultural quagmires permeates every page. His aching need to be approved by his peers can be heartbreaking.) and his talent as a article writer shines through. Never have I browse anything like this.JS this is a plea, please write even more! D. JS describes acquiring acceptance with cultural outcasts in the wilderness, acceptance from people he'd by no means expect it from in a place he'd by no means expect it. AN EXCESSIVE AMOUNT OF inappropriate language and focus on crass subjects I found a few of the tales gross and inappropriate for a teenaged Aspie to learn. This book is not only about hardship, it is also a glance at the Strengths of Asperger's and the reader is taken up to heights of joy as Jesse describes his personal victories, which aren't so personal considering one of is own accomplishments is raising thousands for a pediatric HIV/AIDS summer camp. Recommended reading for those curious about more about life as an Asperger's or Autistic Specific! This book caught my attention originally because of the title. I came across the title's name carried through along with his style and offered what it promised. I must say i enjoyed the book, a gift my wife provided me, and I came across it to be extremely relatable. Close to the end, it experienced just like a chapter or two was thrown directly into increase the amount of the reserve and the timeline will jump around a bit through the entire book, however the message is apparent. I'd also like to hear even more of the dark aspect of asperger's. Not sure who the prospective audience ought to be -- not really for teachers, clinicians, parents, not Aspies who make an effort to stay out of the sexual gutter and certainly not female Aspies. Read it to laugh yourself silly (the author's command of language and his outrageous sense of humor place him in a course with Jean Shepherd, Philip Roth, and C. Most of us, on / off the spectrum, can learn many of life's lessons including how exactly to enjoy and embrace the uniqueness of ourselves. In this book we get a peripheral view of the damage both physical and mental a person with asperger's endures in life, along with the ecstasy. Well written memoir that has it's talk about of humor, heartache, and cringe worthy occasions. But he also gazes intelligently through every level of the autistic knowledge, making clear feeling of it all, and illuminating a tangible path through the obstacles. Five Stars good read funny and poignant a book as I've ever read Seeing that honest, funny and poignant a reserve as I've ever go through, Jesse Saperstein's memoir is beautifully written and powerfully felt. He manuals us through his life on the autism spectrum, sharing personal anecdotes that sometimes make us laugh out loud and occasionally make us hurt, all the while offering us a view inside of how someone with Asperger's thinks and FEELS. What a great read! Well worth a look. It is an excellent place for information about living with Asperger's syndrome... This is a must read! Very helpful. I won't tell you what my favorite parts are because that would spoil a few surprises, let's simply say We thoroughly enjoyed every word of it and am waiting anxiously for his next publication! Highly recommended to attempt to understand the Asperger's brain! Well written Created with honesty and clearness Atypical is the story of a young guy who builds his very own road to success despite many challenges Thank you for sharing such an unfiltered perspective about living with Asperger's. Through each of the chapters as the tale unfolds, the reader feels your struggles and encounters in your triumphs. I am hopeful that my young child will develop a few of the admirable and heroic features of Jesse Saperstein.



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