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SECRETS TO  
LIVING  
A GORGEOUS  
AND  
CONFIDENT  
LIFE  
↓

FOREWORD BY VANESSA WILLIAMS

# Brazilian

Janeá Padilha  
*of the J Sisters*  
and Martha Frankel

# Sexy

Janea Padilha

Brazilian Sexy: Secrets to Living a Gorgeous and Confident Life



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Fun, frank, and empowering guidance for a "Brazilian sexy" state of mind, from a founder of a renowned Manhattan salon." In her book, Padilha shares the secrets to becoming "Brazilian Sexy"-gorgeous and confident- including how exactly to: -Develop an approachable, irresistible glow -Show the proper amount of pores and skin for age and body type -How to eat, drink, and live it up while remaining match and fearless -Knowledge the ups and downs of life with gusto -Provide sizzle into any relationship -Think yes instead of no -Know when to be challenging and when to yield Among the founding users of Manhattan's well-known J Sisters salon, Janea Padilha is known as much for giving her customers frank lifestyle and relationship advice as she is for the Brazilian waxes that prompted Gwyneth Paltrow to exult, "You transformed my life!



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