

From Chaos to Calm

Effective Parenting of
Challenging Children
with ADHD and Other
Behavioral Problems

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Three points of view-parent's, therapist's, and child's-make this the most practical guide on the market for raising a child with Interest Deficit Hyperactivity Disorder or other behavioral issues. It'll teach parents how to:* Engage in proactive, not really reactive, parenting* Discipline consistently and effectively* Cope with stalling, forgetting, overreacting, and other everyday behavior problems* Work with a child's teachers, and even more. When getting up, going to school, completing homework, assisting with chores, and addressing bed all become battlegrounds, the step-by-step proven methods presented here will help parents achieve peace in their households. They need a guide that will assist them with the unique discipline and organization challenges kids with these problems possess.Traditional parenting and discipline books aren't effective for parents who are coping with kids with ADHD, OCD, depression or additional disorders.



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Behavioral tips worked great with my 3 1/2 year old! We have a very strong willed child who could be very defiant and had many days with temper tantrums particularly when turning off the TV or tablet for bedtime. Five Stars A must browse for parents (at any stage) of ADHD kids!.) could also turn into a disaster pretty easily. As a Psychiatry Resident I turned to looking textbooks and journal publications for ideas of how to handle behavioral problems with my daughter, but missed the guidance I wanted. Then a couple of days ago I picked up this reserve up at a Barnes and Noble and could not put it down. They quickly label and try to teach all children the same way, simply incorrect. The ideas of token economy and modeling finally clicked. But she got one back after she let me change her.) after 8:30 and that meant no TV for mom and dad either. We applied both last night and had immediate results! We came up with a system using Chuck e Cheese tokens. My daughter did whine for TV, but we held firm and offered puzzles, toys and other games until she became tired. We then had taken out the tokens and she got therefore excited she ran to the toilet and brushed her tooth, after that got changed and in bed in less than 10 minutes! She got 3 tokens last night for brushing, changing, and getting in bed on time. She got another 3 for getting brushed and dressed today, which happened faster than ever. She in fact came up if you ask me and said "I want to change my diaper today. We decided no TV (including watching on cell phones, or tablets! We'd to eliminate 2 for not really listening when it was time to change her poopy diaper and calling her father stupid." We decided 10 tokens this week equals a trip to Chuck e cheese :-), she's at 5 tokens up to now. Outdated, do more research and think for yourself. Full of practical examples Well thought out.!!! Love this book! It also helped me understand more of what's going on in his head and how I should be giving an answer to him when he's struggling. Worked in Elementary universities for years, as a loving yet disciplinary type of mother or father felt the Mother was way over the top with goals of her young son. Our son was diagnosed about three years ago and is currently 9 years old- I'd recommend this book to any parent with an ADHD kid. We thought obtaining the reward early would have a more effective positive reinforcement. Each child is unique? Ordered this for a family member, read parts not that impressed. Would like to know how the child turned out as an adult. There are a great number of factors that we've changed in our own routine due to this book. When you have a child with ADHD, you need to learn this. The scenarios with the little boy for bedtime and morning describe a typical scene with my 3 1/2 year outdated! Chaos to calm If you need info on some stuff thst your wondering what your child does or why or if indeed they have problem this is a good insight publication to have my got some sensory complications and this helped understanding a few of it great reserve helpful will recommend Five Stars Excellent advice. I really do acknowledge with having your son or daughter examined outside of the system. Five Stars Great book very informational Five Stars Im still scanning this book but so far its very informing ! Obtaining her to brush, comb her locks, change her clothing, eat a meal, pick up toys, use the potty, or let us change her diaper (I know she's getting a little outdated for diapers. Great book! Full of practical examples and very clear, actionable advice.



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