

Annie Strole

Homemade Beauty: 150 Simple Beauty Recipes Made from All-Natural Ingredients



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150 all-natural skin, hair and body care quality recipes that are inexpensive, toxin-free, and easy for readers to make themselves. From turning blueberries right into a lush detoxifying mask to fresh lemongrass into a non-toxic bug repellent, Homemade Beauty will take the ubiquitous eat-local, farm-to-table idea and brings it to the beauty category. Homemade Beauty is certainly a beautifully packaged assortment of 150 all-natural skin, hair and body care recipes. As reports on the dangers of chemicals in cosmetics become increasingly alarming and the aspiration to live a far more natural lifestyle grows, many of us are wanting to take beauty regimens into our own hands to ensure we are putting only the safest & most natural ingredients on our anatomies. Commercially available organic beauty products are expensive, however they are easy and cheaper to create at home and most require 5 basic ingredients or much less, and excitement you when you realize these pampering items take only 5 minutes to make! Recipes like Almond Rose Body Lotion, Coconut Lavender Shampoo, and Brown Sugar Vanilla Scrub will enchant you with heady scents —



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I have for a long time made many of my very own beauty products like salts, salves Annie's Homemade Beauty is a treasure trove of tips for the natural splendor addict. I acquired it as a "letme-try" sort of matter, but as I began reading I couldn't help but need to try all the recipes. She stated she liked it. My children are experimenting with a few of the recipes now! This reserve has great dishes and concepts for creating your very own healthful and non toxic beauty routine. Everyone Can Use This Book! Just what I wanted. And, oh my goodness, who would've thunk the Strawberry Tooth Whitener was a thing? This is a perfect beginners guide, with plenty of ideas to keep you choosing years! Info great. I cannot say enough good things about this book. Fun for "tween" to learn and carry out! If you are an in the home esthetician or you desire to be one; Every recipe includes a little narrative about the benefits of the elements and the directions are easy to follow. I've liked everything I've made up to now! The ingredients are easy and simple to find, and most importantly, all natural. The book is well written and clearly organized. This book has great recipes and ideas for creating your own healthy and . It totally functions- and super easy. Three Stars I made a shampoo recipe, face wash and creme wash. All the recipes were very oily. I'm stoked to try your body oil recipe and also have already tried the Mattifying Face Powder- it rocks! She likes to place honey on her encounter and pumpkin in her locks so this publication seemed like the perfect gift for her. This book comes with an incredible selection of recipes to match any skin or hair issue you may have. I've already produced a grocery list so I will get started ASAP. Precisely what I wanted. I love it. My daughter is 11 and loves this book! She goes through the fridge searching for ingredients to make the masks and beauty item recipes. Once and some time she'll make one and decide not to wear it her face, but she has fun putting it all together and getting ideas. The publication stays in your kitchen with our cookbooks!I've wanted to make my very own cosmetics for years however the amount of information online is usually overwhelming, this book is ideal!. I've struggled with pimples for many years now, and have considered a holistic approach. There are a number of that require products for you may need to order ingredients, but many of the recipes can come straight from your own kitchen. From shampoos to moisturizers and lip balms is included. The Best I absolutely love this book! Uncertain if she was just being nice or actually referred the book but that's one much less person on my shopping list!! Had so many recipes I needed to copy, I made a decision to buy it rather. I am all about natural. Less chemicals and undesired stuff, that you occasionally obtain with stuff we buy every day Purchased this book after borrowing a duplicate from the library ... Love this book. Would recommend it to anyone! Fantastic find! I've for years made a lot of my own beauty products like salts, salves, and dry shampoo. I simply bought all my ingredients and can't wait around to try all of them! Such a great book for beginners I really like this book. My teenagers are brushing their tooth with strawberries! Quality of imprinted book was not. I'm content with the info inside this book, but not with the print quality of it. Uneven web pages and leading and back covers aren't the same size. One Star Not my thing Great recipes. Purchased this book following borrowing a copy from the library. Five Stars Awesome book. Great natural options. Natural Beauty I purchased this as something special for my friend who's into natural beauty products. This is a great book of useful recipes. This book is an excellent go to reference for all the new factors I haven't tried!



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