## ERIK H. ERIKSON JOAN M. ERIKSON HELEN Q. KIVNICK

## Vítal Involvement ín Old Age

"A major contribution to this understudied and under-appreciated period of life."

-Robert Atkinson, Chicago Tribune

Erik H. Erikson

Vital Involvement in Old Age



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Erikson's now-famous idea of the life span cycle delineates eight levels of psychological development by which each of us progresses." Erik H. PARTLY four, "Later years in our culture", the authors offer suggestions for "vital involvement. PARTLY two, they discuss their interviews with twenty-nine octogenarians, on whom life history data has been collected for over fifty years. Part three is a dialogue of the life background of the protagonist in Ingmar Bergman's film Crazy Strawberries. The authors start this work with their theory of life's stages through old age. The last stage, later years, challenges the given individual to rework the past while remaining involved in the present. Erikson is winner of the Pulitzer Prize and the National Book Award.



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Continuing to Understand Myself as I Continue on My Lifeline I am composing my life stories for family members and want to make sure truthfulness and perspective in relating experiences and perceptions along the way. In my career as a college counselor I was alert to the Erikson's life routine stages. Very helpful for anticipating issues you might have as you age Requires a little bit of patience to take the ideas--sometimes had to stop to absorb what I'd read. This book is the answer to my inquiry and dependence on a base range for the aging--and hopefully, sageing. Well written with the basic tenets organized clearly and exemplified with interviews of several elders. Highly suggested for those thinking about on-going self-discovery and overview of one's own life as it continues on. Five Stars Excellent studies and descriptions of contributors to successful vs unsuccessful aging. Stages in a different view I used this reserve for part of my grasp thesis.. and there are several helpful nuggets for negotiating old age and leaving an excellent emotional legacy Still is true today.. Great! Great! and there are lots of helpful nuggets for negotiating old age and leaving a good emotional legacy. My want now was to check out my entire life at age 71 and look back and see how each stage was constructed upon that which was experienced and accomplished in the previous stages that resulted in where I was currently moment. Excellent read Five Stars like VERY INFORMATIVE This book helps a person to understand the changes one goes through in the different levels of later years. I utilized this reserve in my own dissertation and was pleased with the direct approach. Excellent A required book for any doctoral learner or graduate student in the field of developmental psychology or related public sciences. This acquired very useful information regarding the levels in the perspective of the older adult.. It was recommended to me by my psychologist. I would recommend this for anybody that likes Erikson's phases... take out the outdated sociological language about "informants," etc.



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