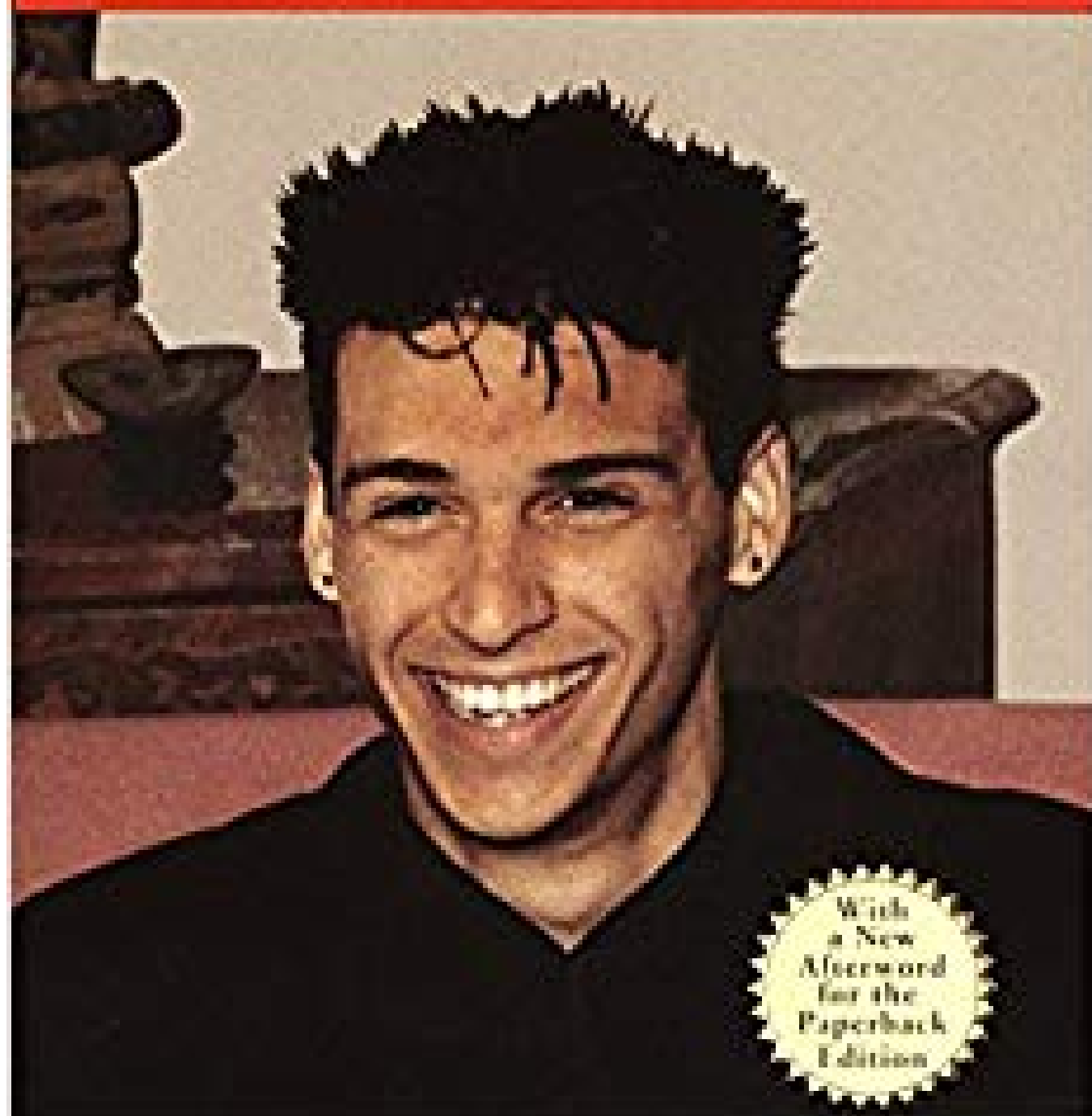


THE NEW YORK TIMES BESTSELLER

DANIELLE STEEL



With
a New
Afterword
for the
Paperback
Edition

The Story of Nick Traina

HIS BRIGHT LIGHT

Danielle Steel

His Bright Light: The Story of Nick Traina



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"This is actually the story of a fantastic boy with an excellent mind, a heart of gold, and a tortured soul. I would like to offer people wish and the realities we lived with. . This is Danielle Steel's effective, personal tale of the boy she dropped and the lessons she learned during his courageous battle against darkness. I would like to share the story, and the discomfort, the courage, the like, and what I discovered in coping with it. . . It is the story of a sickness, a fight to live, and a race against death. By nineteen, he was lifeless. My wish is that someone will be able to use what we discovered, and save a lifestyle with it."—Danielle Steel From your day he was created, Nick Traina was his mother's joy. I would like to make a difference. I'd like Nick's life to be not only a tender memory for us, but a gift to others. Posting tender, painful thoughts and Nick's impressive journals, Steel brings us a haunting duet between a singular son and the mother who loved him— At once a loving legacy and an unsparing depiction of a devastating disease, Danielle Steel's tribute to her lost son is a gift of life, hope, recovery, and understanding to us all.and a harrowing portrait of a masked killer called manic depression, which afflicts between two and three million Americans.



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I understand the pain I too have/had a boy that was manic depressed, this book is the real deal. Five Stars It is a sad tale, but also has some humor. MANY THANKS Ms. Anyway, I can see the discomfort of people I know who face most of the issues in their family members that she brings up in this very personal journey. I've seen a couple of movies about her books though. That is probably the one Danielle Steel book that is meant and is usually meaningful for a guy and I truly thank her for posting her journey and my best to her family. Many thanks Danielle for writing this book (I can't even imagine how challenging it was to create) so others possess an insight to this disease. Necessary for anyone who loves someone with mental illness I've never read any of Danielle Steele's fictional novels, but We flew through this accounts of the life span of her son, Nick Traina. The last chapter where Nick died acquired me in tears. I suffer to from manic depressive disorder which book was awesome. How easy it is to lay judgement when externally, how difficult it is to cope with when inside. I couldn't stop crying! There are few mentions of the difficulty the average family members finds in getting medication or medical help. Steele provides opened her center here, even though it was probably unpleasant. I relate and the tale expresses my own frustrations in looking to get help. That was certainly a worthy goal, and this is the only book I've seen which deals with the trials of Bipolar Disorder in CHILDHOOD. She's managed something else, in my case, nevertheless." through this memorial background all who browse Danielle Steel will certainly gain a lot more respect for her as a remarkably loving mom. It wouldn't matter if this book were badly written, that i don't believe that it is; this is an inspiring, diary-honest, easy-examine. We each do the best we are able to to survive it. My heart is out the Danielle and her family. It's an unforgettable eulogy of a beautiful son. It's a publication every teacher, minister, medical expert, and library should own. Read this book unless you read anything else. I also have not really browse Danielle Steel's books before. I cried through the entire book. I had to have this book because it relates to me as well. I would get this horrible feeling of hopelessness. My family has a history of mental illness as well. My aunt is in the condition mental medical center and my nephew needs to be medicated and he is only 9 years old. Myself at 40 years old also requires a medication. P. One moment I can be so full of excitement for zero reason at all that I feel like I am going to explode and my hands actually ball into fists so tight I make my very own palms bleed. Then in the blink of an eye like a giant tidal wave washing over me I become so lost and filled with despair that I experienced often regarded as suicide myself. I could sympathize with the feelings and emotions in it. Very well created and hard to put the book down! It was riveting. I lost my son to the condition this year 2010, he was also 19. Highest praises for all those whose lives had been disrupted by his disease! Three times after buying this book I have finally finished it. His struggles with Bipolar Disorder, and her heartbreak are heartwrenching, but as the mother of a kid who lives in the same tortured world, I am inspired by the effectiveness of Nick's dreams, his family's like, and his mother's imagination in her unending seek out appropriate resources. That is an intimate book. No other reserve has done that if you ask me before. Personally i think like I dropped a member of family myself and I never even knew him! Totally Awesome Book I discovered this book mainly because a suggestion from Amazon. Rest In Peace Nicky! Worth the Read - However, not worth 5 stars This was not an every-man read of a family with bi-polar demons. I thank the writer for her courage. It's about remembering to consider rainbows after devastating storms. I don't suggest to trivialize the story or appear mean spirited about the content. This was a very informative tale about manic major depression. As Nick do, as Danielle and her husband did. I by no means want you to believe it was poorly written or that it was not well worth your time. It really sheds a light on the condition

. Ms. It does not address the real challenges of monetary hardship most people encounter due to trying to help a loved one fight through these complications. It saddens me. God bless and keep you. Gives insight into the Parent of a BiPolar Child I think this book was extremely cathartic for DS. I would recommend it to parents of Manic-depressive children. It will be not only helpful but comforting as experiences and feelings are defined as common ground. I think individuals in the mental health field would gain good empathetic insight by reading this book. This book brings a whole lot of light to the darkness depression can result in. DS rambled so much; I am aware why, but didn't appreciate reading through a lot of it. A struggle to survive! There are plenty of photographs of Nick and his family punctuating most of the chapters. We loved reading every web page and as I read I willed what to come out differently, but also knew they hardly ever could have. This insight into an author I've read and adored for decades Losing a son like losing a limb designed for" ds. The Tale of Nick Traina produced me feel that, if Danielle Metal could survive her son's white-scorching dance with life, so can I face whatever years lie forward for my child and our family. A lovely and heart-wrenching account of a family's struggle to learn to live with and overcome a mental disease!! I have bad depression. Steel writes novels for females, who knows. Thank you for this revelatory tale of bipolar disorder. I know it well for myself and for my children. It really is devastating. It's full of practical, creative ideas for coping with a mentally-ill child. Most families aren't in the financial position that this one is - therefore it can be a lot more painful to read than necessary. I would recommend this reserve to everyone so there may be greater compassion and knowledge of this illness and possibly less stigma. Due to the wealth and privileges of the Steel family it had been not what I hoped for. Sad but true I had similar experiences with among my children starting about age 12. The issue to getting help for our children and for them to be observed as something other after that 'disruptive' 'rude', or 'uncontrollable and unwilling' slights them in the worst possible way. It got us 3 yrs for the experts to reveal what we had already known. The unwillingness to visit a kid with a chemical imbalance is a horrible injustice to these valuable children. She says in the forwards that one of her reasons for writing this book was that she hoped she could educate people about this often-fatal mental illness. Schools need to have more liability and not simply be able to label them as 'troublemakers'. It's an illness that they don't control as being a diabetic these kids need help, guidance, understanding, and validation. I guess Ms. I am so very sorry for your reduction Ms Steel. Good Men's Read I know. I know. My wife was dismayed when she noticed me reading a Danielle Metal book, which I read between football games on TV (go Pats). This book I would suggest to anyone. It really is SO difficult to find therapists that are prepared to invest in a challenging individual. dear Nick Traina. I desire I would have read this publication sooner, to know that it was genuine because as a mom sometimes you search for symptoms that is there but they are hidden behind a brave encounter. Danielle always known as it demons he was fighting, and I always claimed Bailey was fighting a war in his head. Five Stars An excellent but sad book Very touching and enlightening about manic depression. Steele because of this book! He was shining light for all those closest to him. It really is just that I believe most of America with family members with bi-polar will find this to be a heartfelt story about a family with extraordinary means open to combat the condition. Highest praises for all those whose lives had been disrupted by his illness AN EXCELLENT True Story Go through! I found it to become depressing. The medicine helps me a lot. So unfortunate about Nick, but I'm grateful that Danielle Steele brings awareness to unhappiness and suicide! A must read! The ups and downs have become good or very bad, there is no among. Danielle Steel is fantastic. Thank you This book was

amazing. This reserve is filled with personal letters, poems, and song lyrics. I only suggest that if you are in a vulnerable place with this disease in your own circle of loved ones, you will probably find it painful to learn. Thank you Danielle for sharing Nicks journey, all of your journeys with this dis order.



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