

HAIR



RULES!

The Ultimate Hair-Care Guide for Women with Kinky, Curly, or Wavy Hair

A . D I C K E Y

Anthony Dickey

Hair Rules!: The Ultimate Hair-Care Guide for Women with Kinky, Curly, or Wavy Hair



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Kinky, curly, or wavy hair isn't in addition to recommendations for maintaining healthy, gorgeous hair. It's a problem! "locks—it's not a " Hair Rules! hair instead of celebrating its unique consistency. But now hair-care and style expert A. Dickey, regarded by best magazine beauty editors to end up being the foremost authority on looking after, cutting, and styling curly hair, has written Hair Rules! to end the frustration faced by women with curly hair every time. For too long, hairstylists and hair-care companies have ignored the requirements of ladies with kinky, curly, or wavy hair, focusing on it as "a problem", the usage of oils, and the safest coloring, styling, and chemical relaxing techniques—t "s just locks with a different group of tips! My mission," is easy: to advise and encourage all women with nonstraight locks to strive to attain their beauty, whatever their ethnicity, and whatever their tastes. writes Dickey, " is usually chock-full of simple ideas for all types of curly hair and covers from the best shampoos and conditioners to make use of, to damage-free hair-drying (dust off that hood dryer!



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Not Hair Care book for Different Hair Types Save your valuable money, this book is not about hair care. It basically about Dickey story as a hairstylist. Within the last chapter, it essentially a dermatologist discussing scalp health issues. Read Dickey's publication, you will learn greater than what you think you understand about ethnic locks. These books are real hair care for these particular hair types, not Dickey. What a Good Book Hair Rules is an extremely good book! Information in the publication has given me a new thought on my organic hair and the suggestions provides helped me to comprehend how important to keep my hair hydrated to avoid dryness and breakage. A. My sister provides been natural for a while and recommended this reserve. I am following his tips on the uses of using conditioner on my natural hair and I have been experiencing wonderful result! I gained a better understanding on how exactly to moisturize my 3c/4a hair The book was extremely informative. My wash and go's have never been this defined, smooth and bouncy. Hair Rules is explained in the most simple way to understand too. I ended up saving cash by not buying costly conditioners, and dumping my beautician. Very good good sense publication! I would recommend every women not just curlies to read this book. You will be pleased that you did." Great information. Reading Dickey's book made me realize how much cash I've wasted on the incorrect hair items for my hair type. Great, but didn't completely meet my expectations Five Stars great Five Stars Nice summary of essential ideas. Dickey even interviews a specialist in neuro-scientific cosmetic dermatology. I'm able to blow dried out my hair right or wear it in a more natural design without problems. Dickey lets you know straight up what the issue is and how to find a solution. Bad beauticians don't proceed unscathed in his publication! This reserve answered my questions and provided me tips on how to condition and shampoo my hair. Whether you possess kinky-curly organic, straighten with chemicals, texturized or choose it weaved or braided. Have a look at real hair care books like the Science of Dark Hair for afro textured locks (with 65%-100% African descendant), The FRIZZY HAIR handbook for non African descendant wavy and frizzy hair (which is certainly looser than combined race hair), Don't SHOP for Hair maintenance systems without me for bone directly and straight locks, and Curly Like Me for 25%-50% African descendant mixed locks types.. Thanks Anthony Dickey. Dickey breaks it down on hair textures, and what type of hair item uses to use for hair consistency type needs for hair care and styling options. It's an excellent, informational book. It gives a detail by detail process of how to do everything from shampooing, conditioning to daily styling. Looking for more books on this subject. My locks hasn't felt so good. A great read I love this publication. I'm transitioning to a texturizer on my very long, type 4a/4b hair. It has been 31 years since I've noticed my natural hair so I had no idea how to start. Dickey's book talks about the "root" of the issue and quickly follows up with a solution. I gained an improved understanding on how to moisturize my 3c/4a hair. Since reading this book, I feel I am armed and prepared to start my journey to healthy, beautiful, normal hair. She goes on to speak about different locks loses due to situations. Really like this book! I must say i love this book!! This book is very informative..! Anthony Dickey breaks it down and provides up so much information. This reserve is a reference publication for myself and family. I am currently heading natural because of severe harm to my hair. We actually, really appreciate "Hair Rules. A forward thinking solution to hair This book covers a whole lot of questions we as kinky-curly sisters have about our hair woes. Hair Rules, Guidelines! It is so amazing to finally have a great book like this that tells you almost everything one requirements to know about hair. Very interesting and will cause you to more proud and confident approximately your natural hair. Gave 3 stars because I want there is more. He under no circumstances at all pushes you to his

items (by the way, if you try them, they are wonderful). Crazy hair I really like it. This book help me to understand my hair type. Five Stars nice book Five Stars Very informative. Well written. It not only gives good tidbits for the normal hair but for the relaxed, color treated, weaved and so many more hair styles.



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