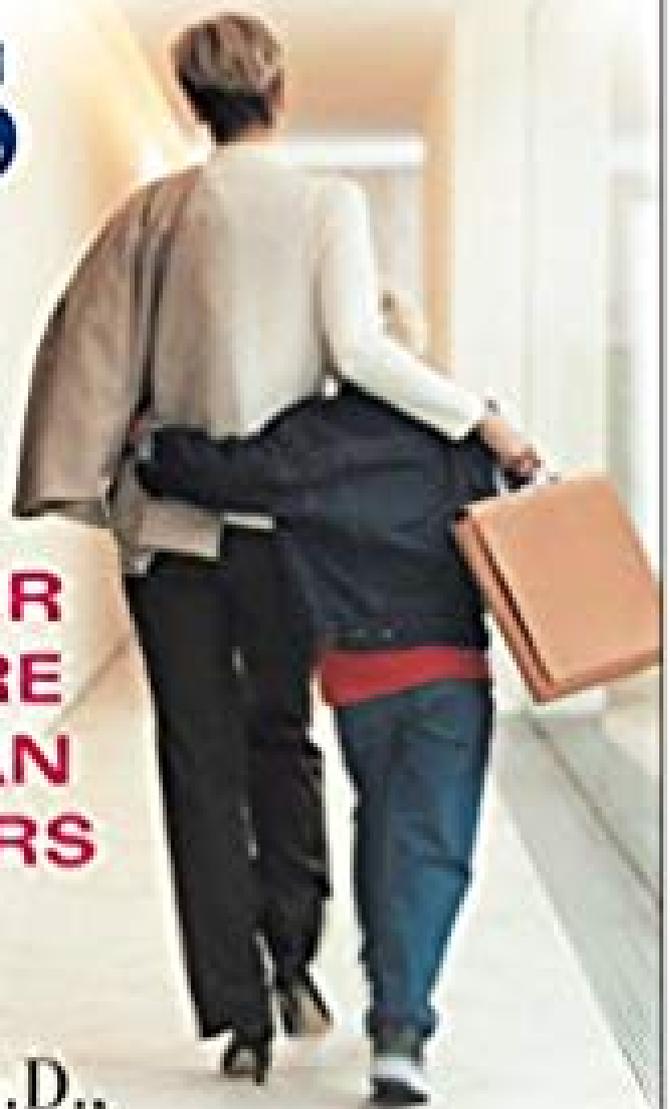


# Hold On to Your Kids

**WHY  
PARENTS  
NEED TO  
MATTER  
MORE  
THAN  
PEERS**



Gordon Neufeld, Ph.D.,  
and Gabor Maté, M.D.



Gordon Neufeld

## Hold On to Your Kids: Why Parents Need to Matter More Than Peers



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International authority on child development Gordon Neufeld, Ph.D. This “, M.D. matters even more to them than anything else.their values, identity, and codes of behavior., joins forces with bestselling author Gabor Maté This up to date edition also specifically addresses the unprecedented parenting issues posed by the rise of digital products and social press. undermines family cohesion, interferes with healthy development, and fosters a hostile and sexualized youth tradition. Children end up getting overly conformist, desensitized, and alienated, and being “great”, to tackle probably the most disturbing trends of our time: Children today looking to their peers for path— s loyalty and love. will empower parents to be what nature intended: a genuine source of contact, security, and warmth because of their children. By assisting to reawaken instincts innate to us all, Neufeld and Maté to sons and daughters, establish the correct hierarchy in the house, make kids feel safe and understood, and make back your children’ Retain Your Children explains the sources of this crucial breakdown of parental influence—peer orientation“reattach”and demonstrates ways to “



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Existence Changing, Saved our teen! It hands back again the responsibility and onus to parents in creating and keeping close, secure accessories with our children and producing sure we are there for them because they undertake developmental stages. I will be honest with you and let you know that I was within my wit's end. Extremely valuable to parents at any kind of stage! The reason why I didn't give 5 stars: The author thinks it's not that parents are any less loving, competent or devoted than constantly, it's simply kids are peer-attached due to modern social structure. Her grades were suffering and she started stitching into her pores and skin during school. I in fact get what he's stating, but some passages come off wrong, they make it appear to be he's advising sneaky emotional manipulation. Worth reading. We read the book extremely quickly since it resonated thus strongly with all We was going right through. Our society values peer influence so extremely and at such a superficial level that people are losing our kids to isolation and hopelessness disguised by technology and harmful friendships. With the publication half-finished, convicted of its truth, and with tears in my own eyes, I started practicing unconditional acceptance with my children almost a year ago as I slowly digested the rest of the book. This meant that she would have to do it again 7th quality and be a year behind. As a single mother with her and a baby, in addition to a full-time career I focused on homeschool her. She reached a wholesome weight, she was much too skinny. Or possibly he does feel "all's fair in like and war" if kids are strongly peer-attached and beyond control.) This book gives useful step-by-step instructions to get your kids back again from harmful destructive behaviors that are becoming more and more prevalent because of our current lifestyle. It could prevent many problems experienced by parents, prevent the sad disintegration of emotionally healthful childhoods, the tearing apart of families. Initially. After the first two weeks things started to ease. She started applying herself more, she softened, began taking great like and responsibility with her sister and with our house. I followed the information of the book and rebuilt our relationship and the tenderness we have for each other. Which isn't to say kids don't need friends. She stopped yelling at me and ignoring me! The girl that just wanted to be on the internet or texting in bed was now going to the gym several times a week, taking walks with the youngsters around the neighborhood, volunteering to greatly help younger students figure out how to read and really focusing on improving us relationships. She broke down and told me about all her fears and wall space. Still, it really is worded in a manner that could put some individuals off if they take it incorrect. We worked out a strange plan of night and weekend study focused on real life skills and developing her values system. Throughout that one school year we did 2 yrs of work and captured her up. Intuitively, we understand the concepts Neufeld outlines - about kids, peers, and the damage that originates from inappropriate attachments to peers and from weak parental attachments. She held my hand as we drove to the bus stop. She was excited about meeting new children and really applying herself at college. This week she received an award for her volunteer service over the past year. Also, every day, I've people tell me what a amazing and intelligent child I have. It details some of the underlying reasons children disconnect from their parents, and gives parents practical, research-structured solutions for how exactly to maintain good romantic relationships and continue to guide their kids until they can guide themselves. Reading this book led me personally to make a very hard decision that I believed was absolutely outside of my capacity since a mother.. Five Stars Importantly perspectives about what is going in in individuals, families and Schools. (The institution, her father, my mother, no-one understood why I needed to this.. In case you are losing your son or daughter people work fast and become brave. It was the best decision I available. We struggled with the application of the concept of unconditional love. Until this book I'm a physician. An M.D.

This can be probably the most critically essential books a parent can read (and I've browse many). I've struggled through multiple drug abuse with one young child, and gross insecurity in 2 others. Although I have been a believer for several years in unconditional love, I struggled with the application in my own relationships. Until this publication. A parenting publication that clarifies unconditional acceptance. I pulled my child out of school in her last semester of 7th quality. I noticed some harmful evaluations said Neufeld is too cynical and kids actually need strong friendships. In the event that you buy only one reserve on parenting in your daily life buy this one. Excellent insights, a significant read! His ideas may seem quaint and old fashioned to some, but that doesn't make sure they are any less valuable. I've raised 3 children, ages 33, 30, and 28. The initial few chapters are fascinating but it turns into repetitive and - as another reviewer noted - occasionally wordy which managed to get a bit tiresome, but didn't lessen the worthiness of the task. This book presents something important most other books overlook. My copy is dog-eared on nearly every page - each web page includes a gem. She entered high school today, directly on schedule! But society thrusts upon us the idea that peer human relationships are so required and healthy, kids should be "socialized" from infancy on, and children naturally stop being near their parents in grade school and it's really normal to allow them to rebel completely and want nothing related to their parents by - or before - adolescence. I was raised in the big town public schools and found firsthand the negative behaviors and saw how girls were taken advantage of. Not other children. I noticed how everyone desperately tried to "fit in" with a false image marketed to them by the press. I watched because they lost their self esteem. Intuitive, Empowering Insights It isn't an exaggeration to state that this reserve is changing my entire life (and then the lives and trajectory of my kids). I recommend the book even though it's much longer than I believe it has to be, because the materials is so important, and I've not really seen it in additional books. The rewards, specifically with my kid who was a medication addict for 14 years, have been nothing brief of miraculous.. Maybe they believe it's normal or don't understand that - throughout the background of mankind, this was not the case, which behavior and societal framework is completely unprecedented. She was honest with me! But Neufeld's reserve suggests they need to "follow the first choice" and it requires to become a trustworthy, solid mature innovator. I saw how children sell their true inner selves out merely to fit in with a couple of (equally clueless) kids. But mainly because a therapist in the trenches for decades, hearing households discuss the battlefields in their homes, can you blame him? Who easier to find out manhood and womanhood from, but from grown adults? This publication lays out in easy-to-understand conditions why we should focus on keeping a close relationship with our kids rather than fretting over behaviors we can't stand. Relatives and neighbors helped, peers were more peripheral because they would be likewise busy with their own families.! But school just didn't exist as it does today. Everyone read this book If you have children, or know kids, or ever expect to connect to any kids in any way, you must read this book. Therefore, I believe Neufeld's book is very insightful. For the reason that void, children find attachments to fill up the void, and several parents are (at least before behavior problems begin) relieved when their kids busy themselves with gaming, peer attachment, or other things that keeps kids active and out of their locks. Kids shouldn't "lead" additional kids. When children are peer-attached, it is extremely dramatic - and traumatic. The kid who certainly loved me, I'm an extremely cool mom, now ignored me and rolled her eye. This book is extremely valuable to parents. As the modern cultural and economic framework doesn't help matters, I believe many parents are distracted by gadgets, careers, personal passions, or other things. And yes, as some adverse reviews noted, he sounds a bit melodramatic. Parents could examine their own behaviors and

guarantee they don't drive children to peers for their own convenience. And while we have been shifting our perspective in alignment with the concepts discussed in this book and implemented some of the advice, we've noticed a marked difference inside our home. In my degree, we had to study the human brain, behavior, and the subconscious, so I have basic understanding. I've seen the writer speak on youtube, he's excellent but rambles a bit. The third reason is, by the end, things are worded oddly. It noises rather manipulative the way he advises us to obtain our children back if they're peer-attached. This is when somebody sews shapes to their skin with a needle and thread. This book can prevent a lot of parents heartache. In any event, Gordon's concise, intelligent, insightful explanations of child attachment, of behavioral issues, of the dynamics resulting in this situation are worth reading. I believe easily hadn't put her 1st and completed everything I possibly could to get her away from her unhealthy friendships that I would've lost her permanently and her academic possibilities and life possibilities would have suffered severely. She was indignant!.. Many parenting books contain tips but they're - at worst - misguided, and mostly teach about placing a band-aid on the parent-child romantic relationship wound. This reserve is about preventing the romantic relationship wound, or - whether it's already been inflicted (however innocently) - cleaning it out, healing it, and preventing further injury. For the first few chapters of the book, it's a full page turner with many valuable insights. THEREFORE I got this publication. Many kids became absolute nightmares with their parents. I maintain telling people it really is like a giant permission slip to mother or father as your heart originally tells you to!. Traditionally, men and women trained their sons and daughters to become men and women by being with them, children would work with or help out their parents. I'm so pleased to review this book since it absolutely changed my life and my daughter's lifestyle forever! Another reason is, the publication would benefit from better editing. Behavior seems to be enhancing, but more prominently, we are ENJOYING our period with our kids more. I cannot recommend this publication enough! My 13 season old, who used to be a sweet kid became constantly defiant and depressed at home. I partially disagree. This past year, she was depressed and aloof, individuals were concerned about her. Whether you have a child or a teenager, Retain Your Kids is for you. Every Mother or father and Grandparent should read this book. It really is SO important to know how we Have to keep our children CLOSE so they find out from US and not become PEER attached! It explains at length why we, as parents, ought to be the most essential person in our children's lives. Obtain the book, read it. It is fascinating! MUST Go through for PARENTS! This book is a MUST READ for ANYONE who is a parent - or will be a parent! This book is outstanding!! Which isn't to say human life throughout history was nirvana!! He probably doesn't mean it that way. This book reveals the critical truth that American kids are detaching from their parents because of feeling neglected and instead attaching to their peers, who cannot provide them with what they have to mature. This is a huge problem that parents aren't seeing. Every mother or father should read (or pay attention to) this publication. I also got the sound book - best for those who are not avid readers. Others had been outwardly respectful, but led double lives and were up to no good. No-one agreed that I was performing the right thing! Five Stars Thanks Good input, though it's most likely a bit wordy for . I think those individuals are misguided - or maybe they haven't witnessed what really goes on with kids nowadays. We give birth to these precious humans and we simply want to protect them, shower them in affection, and take pleasure in them. Good insight, though it's most likely a bit wordy for some, and it calls for a bit of reading to get to the main points. Young human beings didn't spend all their time with same-age companions, largely unsupervised.



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