

"Invaluable . . . a must read . . . Dr. Martha Herbert gets it. She not only gets it, but she puts it out there as an awesome book so the rest of us can get it, too!" —AUTISM WATCH

THE autism revolution

whole-body strategies for
making life all it can be

MARTHA HERBERT, MD, PhD
with KAREN WEINTRAUB



Harvard Health Publications
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Dr. Martha Herbert and

The Autism Revolution: Whole-Body Strategies for Making Life All It Can Be



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"Relieve Autism And while various other doctors may dismiss your child's look at the way the brain and body interact . . . " Martha Herbert] has developed a new way of viewing autism. Herbert guides you toward restoring health insurance and resiliency in your beloved with autism.— . After years of treating patients and analyzing scientific data, Harvard Medical School researcher and clinician Dr.— "s genes and destined to remain fixed forever. Instead, it is the consequence of a cascade of events, many seemingly minor.yet hopeful and positive—s physical symptoms—"as coincidental or irrelevant, Dr. With this easy-to-read book, parents can gain wisdom on how best to guide your kid to achieve a wholesome and thriving life. Drawing from the most recent research, systems, and insights, in addition to inspiring case studies of both kids and adults, Dr." Her specific recommendations try to provide optimal nutrition, reduce toxic exposures, limit tension, and open the entranceway to learning and creativity. .for your child with autism, and for you personally, your whole family, as well as perhaps your next baby as well. [Dr. Her impressive science history merges with good sense and actually intuitive sense [making] complicated scientific and medical materials seamlessly blend with a holistic viewpoint." . a must-read .[Herbert] goes further than most autism professionals.Library Journal Dr. Martha Herbert gets it. She not only gets it, but she puts it out there in an awesome book so the rest of us can get it, as well." Martha Herbert presents a revolutionary new watch of autism and a transformative technique for coping with it.Autism View Autism, she concludes, is not a hardwired impairment programmed into a child' .Invaluable .the anxiety, sensory overload, sleeplessness, frequent illnesses or seizures—An in-depth, scientific— "Mother Central . As thousands of families who've cobbled together these solutions themselves know, this program can have dramatic benefits— Herbert views them as essential clues to what the underlying problems are, and how to help. .—Wish and practical guidance .



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So thankful I found this reserve. I read it ... So thankful I came across this book. Dr. I wonder just how many families give up in despair because they possess absolutely no hope? That is one I will read again and again. Mostly thorough Many objective book I've continue reading developmental issues thus far. Parents occasionally think it as an either/or proposition;! It is not a medical publication for practitioners to make use of to take care of the disease but it does give changes, and why they could be helpful, a mother or father can make in their child's life that may prove beneficial. It also discusses some treatment plans that are currently available for children with autism that are dangerous and just why they are harmful. This is a great guidebook to finding the right treatment path for anyone seeking to heal in a natural/whole body method. Autism occurs at vital stages of child advancement and stops or greatly retards development. Great book! Despite over forty years of research connecting symptoms to the disease process that people call autism it really is still considered a psychiatric disorder that's not medically treatable. either I go the ABA route of the medical, when in actuality it's the combined approach which will give the best end result. Dr. Herbert did include the fact that agents are being created that could be very useful in the treatment of this disease in the future. This information has been designed for some time for people who know where to look but somehow, it is never in the press. My 3 year older son with ASD has already benefitted from some of the changes we are producing to focus on the entire health of his body. The holistic techniques discussed in this reserve go considerably beyond the treatment of autism. This book is a step (and I hope a huge one!) in changing the way we consider autism in this country. I am telling all the families inside our clinic to learn this book, placing it on our site and every listserve I am on. predicated on research and understanding not merely wishful thinking. Herbert! Overall, the writer could did a better job at more information instead of rants. Five Stars A must go through for anyone working with a child with a neurological disorder Must read!. Many thanks Dr. Well researched, easy to read, practical. I go through it cover to cover in just a few days, and found the info sound and helpful- and even even more- hopeful. Herbert's research has led just how for several doctors who have been very effective in curing or at least reducing the bad symptoms of Autism. EASILY had my way this book would be go through by every Pediatrician in the U.S. along with by educators coping with these unique kids. There exists a wealth of details in this reserve and by applying it we're able to make the world a far greater place for these precious kids. This is a very good read and incredibly very helpful This is an excellent go through and very very helpful.. An essential book This is one of the most important and essential books on autism Martha is one of the worlds leading experts on autism, and explains what autism is quite clearly. It has provided me new strategies to try with my autistic boy. It will change how you find your child and give you countless methods to help them. Autism Revolution looks at the whole person, not condemning with a label, but seeking deeper and learning from the person what functions for them and what doesn't. Really worth every penny! A "must read" for anybody who understands a person with autism, but specifically parents, doctors, teachers, and therapists. It's really thinking beyond your box and will be offering tremendous expect improving their lives. We read this publication at the urging of our pediatrician, and I am so pleased we did. This publication will give everyone hope! The 1st section of the book is about the technology and the next half about rehabilitation. it is a wonderful encouragement to those of us touched by autism that there is hope for progress, as well as a hope of complete recovery for some... And. Autism Revolution looks at the whole person, not condemning . This is a must-have book if you really want to learn how to help someone with autism. But initial and foremost, the authors underlying message is that one must have utmost compassion and acceptance for those on the autism spectrum. !The

entire message of this book, is that there is hope, and a variety of treatments to try. Filled with information information and references. Changed my life This book may be the gateway to endless possibilities for parents of kids with autism.. Needs more work! A lot of unneeded talking. There was some good content within the book that I decided on because it made perfect sense. There is hope. This is an important book! Comprehensive while still interesting and relevant. I do wish there was more on the various treatments obtainable such as for example DIR and pivotal response.. Medical Treatment can make the child healthier but the child has to be taught what he has missed. Essential! This publication explains in extremely readable language why autism is an illness and a treatable disease. Very great strategies and advice!



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