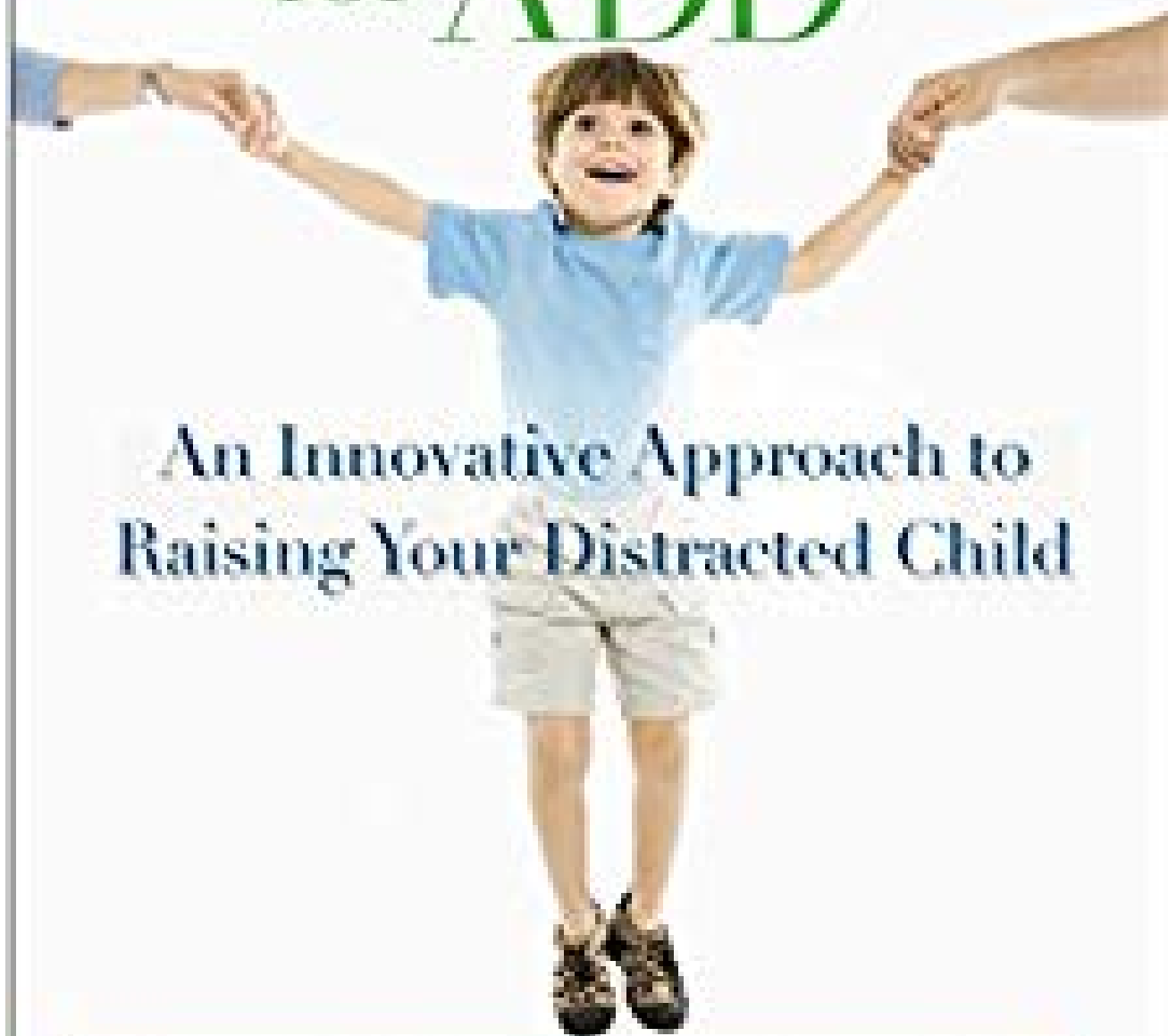


Super- parenting for ADD



**An Innovative Approach to
Raising Your Distracted Child**

EDWARD M. HALLOWELL, M.D.

*Co-author of the bestselling *Delivered from Distraction**

and PETER S. JENSEN, M.D.

*Author of *Making the Tired Brain Work for Your Child with ADD**

Edward M. Hallowell

Superparenting for ADD: An Innovative Approach to Raising Your Distracted Child



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With decades of encounter working with ADD children, Dr., to bring you an invaluable new approach to helping your ADD kid. VIEWING THE MIRROR Characteristics Acknowledge the positive sides of the bad symptoms associated with ADD: stubbornness = persistence; Jensen, M. Now he teams up with top educational Combine researcher Peter S.”D. Edward Hallowell offers long argued that Combine is all too often misunderstood, mistreated, and mislabeled as a “ Superparenting for ADD offers a specific game plan including THE CYCLE OF EXCELLENCE Nurture an environment in which a child can properly take risks, reserve period to let a kid dabble as a way to find out, encourage playful practice, support mastery of an art, and recognize a child’ impulsiveness = creativeness;•disability. UNCONDITIONAL Like Tune out the diagnosticians and simply nourish the spirit of your child for who he is. intrusiveness = eagerness.••s accomplishments.



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Love this book! It has provided me a new perspective on my boy that we need to look at his learning disabilities as gifts not as deficiencies. I have already been reading, very gradually, actually. I got it with the hope that it would tell me what things to "perform" about my child. And, while it is providing me some "to dos", it is much more than that. Please note that even though Hallowell prefers the word ADD more than ADHD, but this book is really Superparenting for ADHD. This book, for me personally, isn't just a "how to". I frequently feel just like the writers have already been looking into my home window! That's an irresponsible suggestion for many, many reasons.. I recommend it! Highly recommend! In addition to the message of Unconditional Love and other important themes in this publication for raising a distracted child, Superparenting offers in Chapter 9, concise and valuable information regarding treating ADD: Lifestyle changes (Sleep, Diet, Workout and Positive Human Get in touch with), providing Structure, Counseling, and Medication. It is a contact to parent with an increase of consciousness, center, and connection. Personally i think empathized with and appreciated and encouraged when I read the reserve. Shifting from viewing this diagnosis as only something to "overcome" or "drive through", to something that we will both be living with and learning to incorporate into how we live our lives collectively, is a major shift for me personally. I am more hopeful, even amid the maddening areas of parenting. Some of the information I had currently encountered from therapists and various other text, however generally there are always interesting tid bits and "ah-ha" moments when you read Hallowell's books. Hallowell's other fine books, you should consider looking at books written by Thomas E. Understand this book, it really is a breath of oxygen! Hallowed Hallowell Hallowell provides hope and inspiration for parents struggling to raised understand their special needs child and meet up with their needs. He includes a balanced perspective and reminds us of the importance of acknowledging our children's strengths and fostering self-esteem. I am learning to be a far better advocate for my boy with others. Superparenting is a "need to read" publication for parents new to ADHD... After ten years of experience as the parent of an ADHD child, Personally i think that Superparenting for ADD may be the first book that parents new to ADHD should browse. It offers valuable ways of help your son or daughter reach his/her full potential. Appendix A offers equally valuable info on using Behavioral Ways of help your son or daughter improve his or her behavior. As a specialist educator, I think this book ought to be near the top of the reading list for both parents and teachers which have and know kids with ADHD. That made me feel just like I wasted my money buying this book. This is completely acknowledged in the book. I wish it had been available when I was first learning about ADHD. Next, I believed it was also ridiculous that this same kid became the poster child for ADHD. Brown and Russell A. I have more respect for him, and which allows me to parent him from a much more loving place when compared to a judgmental place. In addition to this and Dr. Soothing. Hallowell, Dark brown and Barkley each possess websites with informative articles for parents, teachers and others. So, I am savoring it. This book was fantastic exactly what I needed This book was fantastic exactly what I needed. I must admit that I've not finished reading the book, yet. Best book about parenting a kiddo with Insert we have . It really is challenging me to avoid trying to "manage" my son, therefore he matches better into my fast-moving circulation of life.. Best book in parenting a kiddo with Combine we have found. Reshaped our thinking about how to raise our oldest. Strongly suggested! He's 8 now which book has been a God send. a good chunk of the book discusses the Kolbe Model .. Tad long. I was so excited to learn this book when We heard about it and starts reading the moment it arrived. I appreciate th idea of the mirror traits and recognizing the positive sides of ADHD, however the author appears to gloss over many important ideas. First, this tale about th family sitting around eating brunch and laughing because the kid forgot to consider his medicine so he was consuming more is merely ridiculous. Just makes for a great instruction to better parent our add kid. Great and helpful Insightful. Both of these sections only justify the purchase of this book. Five Stars 1 New to an ADD child This is an excellent book for a parent who is searching for help with their child. Most importantly, on page 131, the authors in fact suggest devoid of a formal iep, but instead making an informal

IEP with the instructor. Something that would be good for all parents of all kinds of kids. Finally, a good chunk of the reserve discusses the Kolbe Model and that we should go online (and pay) to take the evaluation. It provides valuable strategies to help in the day-to-day issues of raising and teaching the ADHD kid. Again, the idea that children who've ADHD do possess many special qualities is vital that you recognize, but the author makes light of way too many important aspects of ADHD and does not provide many useful tips for actual "super-parenting." That is good! Worth the money I admit We am still scanning this, but I love the style and strategy of this publication. Its encouraging and enables you to look at Increase from a different perspective. I desperately required this type of encouragement and plan to utilize the tools and concepts found within the webpages. Phenomenal I bought this book when my child was diagnosed with ADHD. books of Hallowell are wonderful, educational and books of Hallowell are wonderful, educational and reassuring This book has given me a great perspective on coping with certainly situations with our children This book has given me a great perspective on dealing with certainly situations with our children. None of that is to state that it denies the frustrating, frightening, and sad parts of parenting a kid with ADD. Again, he seems to gloss over the struggles most families face parenting a kid with ADHD. It offers suggestions and affirms that what you are really doing is right. It's truly informational and a godsend to learn. It is demanding me to slow down and really see him, pay attention to him, find out what gifts he brings to the desk, and what may i learn from him and this parenting journey. Five Stars Helpful book! Positive encouraging and factual. His example seemed the make light of the importance of medication. Easy to read.. Barkley. I'm uncertain of any mother or father or family would laugh and joke about forgetting to take medicine. Loo



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