

MY TWICE-LIVED LIFE

A MEMOIR OF AGING



DONALD M.
MURRAY

Donald M. Murray

My Twice-Lived Life: A Memoir



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In an extraordinary memoir that skillfully negotiates between your fierce candor of a war veteran and the quiet sensibility of an artist, Pulitzer Prize-winning Boston Globe columnist Donald Murray dives head first into aging, a subject that is often only whispered about, stereotyped or, a whole lot worse, ignored. But simply because he courageously sheds light on the tough aspects of ageing, he discovers that there is more joy loaded in it than he ever truly imagined. From his struggles to put himself through college and his vivid experiences as a paratrooper in World Battle II, to his shaky acceptance of himself as a article writer and his survival of immense personal tragedy, Murray addresses issues and emotions that society has lengthy deemed taboo for males of his era: feelings of inadequacy, grief, family members dysfunction, and most significantly, the indignities old. A sickly child without siblings, he had only solitude to develop on– Born to God-fearing Scottish parents, Murray grew up with little more when compared to a handshake from his mom and a solidly built insufficient confidence in his abilities and intellect. In his hands, aging can be adventurous terrain, full of options and unprecedented insight–s eyesight for observance and revelation onto his own personal life, Murray ventures back again through his seventy-plus years with an unsparing honesty and clarity that age has afforded him. Turning his penetrating journalist’ Whether he is relaying a war story or his poignant ritual of hearing for his wife’s breath every day, Murray never shies from a truth–regardless of how uncomfortable it may be. Propelled forwards by the like of his work, a peaceful devotion to his family, and an unceasing commitment to understanding his place in the world, he is a stylish reminder that the travel to live fully does not end at pension.a lonely meal, but one that fed his imagination and his talent for sketching out the subtleties of life that have made his columns so beloved.a time that we spend much of our lifestyle fearing but, when reached, bestows upon us unexpected presents.



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Don Murray is an excellent writer. His sense of humor is comforting as he places everything into appropriate prospective... However the memoir gives him more area to explore and develop his subject matter. His reflections on life's ups and downs are inspiring in many ways. He comes across as a serious human being who has a lot to talk about. His editor convinced him to check out the subject matter as a memoir, entire and of itself. His wife, Minnie Mae, has already established serious medical issues with Parkinson's, diabetes, and breast cancer. Amazing This intimate book, so honest and generous of Donald Murray to have written and shared his procedure for aging. After reading *Tuesdays With Morrie* by Mitch Albom, I found myself wanting even more of the same kind of novel and with that I discovered *My Twice-Lived Life*. The fears faced after his coronary attack and dealing with the decline of his wife's health will resonate with others working their way through this stage of life. Four Stars Great book at a great price

Journeying Through Aging Donald Murray examines his life from the perspective of aging. The wisdom learned from 70 plus years of living helps him analyze his childhood experiences in an unloving house and his young man experiences in the mud and trenches of World War II. He details his development in understanding as a article writer and what formed his advancement. His marriage, his jobs, his health; Good notion. I still miss Donald Murray's columns in the Boston Globe!! Write about the difficult stuff.! His journalistic view makes it good reading, therefore enjoy his circulation of words and learn the wisdom that may help you or your parents producing the same trip.! I've read most of Murray's Boston Globe columns. Not for the faint-hearted or those that want to deny aging, but for anyone who would like to discover one man's lifestyle and how he reflects onto it so beautifully, that is a fantastic read. A pal of mine in Utah used to state of such writing, "That's it. He speaks of teachers today, how they seek additional learning in summer applications and professional development, and he writes about how exactly he came to teaching writing. We're utilized to Murray authoring writing. It's very easy to read, as the sub name chapter are carefully organized. His reflections on life's ups and downs . Anyone looking for answers about aging should browse this masterpiece. I liked every page and know I'll reread this treasured novel again and again. I can't wait around to provide it to my mother-in-law to learn. The Courage and Clearness of a Twice-Lived Life *My Twice-Lived Life* has long been in the building. Don writes about these times of increasing care-taking obviously, compassionately, and unsentimentally. And he is a master of terms who can describe both his struggles and blessings in a convincing method. each is examined and examined through the zoom lens of ageing.! It is often amazing what he does with these 800 word personal essays. Don Murray is a wonderful writer. Murray did a significant job capturing not merely his life but thought process. There exists a little of this woven throughout the chapters in *My Twice-Lived Life*. But writing isn't his major topic here. He writes about the stuff of his life---his childhood, his parents, and World Battle II, in which he was a paratrooper. Many of us know items of this story, because those bits been employed by themselves into Don's textbooks and columns, but right here we obtain the most complete rendering and sense-making of this tale, including one poem he wrote of Lee's passing." I'll use this chapter with my college students at Miami University who are studying to become English teachers. In immediate opposition to those that deify some past golden period of schooling, Don recounts his own school days and deromantizes that myth. Mr. Everything you get from a book is not always a function of the issue of the read. Five Stars On time and as described. Murray's 1st idea was to create a collection of his Boston World columns that handled aging, the Melancholy, and World Battle II. In "Fatherhood" he ends the chapter by concentrating on the loss of life of his 20 year outdated daughter of Reyes' Syndrome in the late 1970s. One chapter is usually titled "The Not-So-Good-Old COLLEGE DAYS. With people much younger than

myself, I've read chapters of the book, and paid attention to chapters read if you ask me. I wished I'd had this book to read two years ago during the time my mom slipped away gradually and inexorably. Getting in my own mid-40's, my attitude has started to wander about what lies ahead. OH MY GOD -- JUST WHAT A MASTERPIECE!"Don Murray will that in my own Twice-Lived Lifestyle. Reading it produced me want to live life well, fully attuned to my senses, alert to the compassionate tales around me, learning how I might approach the arriving years with courage and caring and humor. A Memoir for Those of All Ages Some books are easy reads, some books are hard reads. Those chapters were good reading, but the actually courageous chapters are about aging. Donald Murray gives you with his memoir a straightforward go through, yet a rewarding feast. Counter from what he may think, his memoir isn't about aging, it really is about life. Within the last two chapters Don writes about the extended dying of a neighbor, what he learned as nurses and one doctor tended to her and touched her and helped her to release. Treasure pieces about fear, wish, solitude, and union with family and friends.



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