

A close-up, high-angle shot of a woman's face, focusing on her green eyes and the right side of her face. Her hand is visible near her forehead, suggesting a facial exercise or massage.

Give yourself a  
natural facelift –  
no surgery,  
no chemicals.

See results in  
6 days!

# THE ULTIMATE facecise

Carole Maggio

'One of the 100 best beauty products in the world' *Harper's Bazaar*

*Carole Maggio*

## **Ultimate Facercise**



[continue reading](#)

Carole Maggio's Facercise offers helped many thousands of people look younger without surgery through her scientifically-designed precision exercises. Today, using the most advanced face technology, Carole provides devised the "Best Facercise", a programme that is even quicker and better than the first. ("Daily Mail"). "Among the 100 best beauty products in the world". "The programme does indeed work". In just eight a few minutes, twice a day, you can open up your entire eye area and reduce puffiness and bags, lift your eyebrows, define your cheeks, plump up the lips, convert the corners of your mouth up, smooth out lines, and company your entire throat and jawline. ("Harpers & Queen"). She also has chapters on the innovative (non surgical) beauty remedies and advises on how Facercise can help eliminate the hard lumps remaining under the pores and skin by collagen or fillers and can smooth out the consequences of botched plastic surgery. By working the muscles harder and better, it provides more dramatic results.



[continue reading](#)

9 STARS!so. I work in film and on t.! It certainly, I mean Does work. I turned 60 2 months ago and had never looked my age group until several months back. I was a sun worshipper as a youth, didn't start looking after my epidermis until my 30s, had olive-gone-sallow coloring, had been quite diligent about skin care and staying out from the sun for the last 25 years or so - but it swept up with me. Looking forward to seeing results.. To state that I am stunned and over the moon doesn't even begin to do the system justice. It only provides 12 facial exercises. This lady is a tale! Deeply etched wrinkles possess softened, and "lesser" wrinkles have disappeared. Pores have shrunk. I've a jawline, obviously defined! My throat profile is beautiful and not saggy for the first time since my 20s. My poor nose, broken 6 times and never reset, has changed form.! So I amazed her with a more recent book and in addition got the DVD. Thank you Carole Maggio! Maggio's system.!v.just gotta keep at it. I am so glad to possess this super-complete book on just how many ways, specifically facial exercise, that we can be doing our finest every day! You keep making it easy to be gorgeous and ageless!!!what perhaps you have done to yourself?? Both have muscle groups. And what Ms. Maggio did for my self-confidence, assuredness, and pleasure is beyond price. VERY nice!. The concept is indeed simple, you work your body , why not that person ? Facercise Ok so my mom had I think the original facercise book and through the years web pages went missing along with the whole publication when she would loan it out. My lips are fuller and pinker. She wants it and uses it all enough time. I'm a dude and even I remember a couple of the exercises and do them. I do the eyebrow lift thing. I would suggest the product as I do believe you can transform the facial muscle tissue tone.. Maggio's Best Facercise dvd and made a decision to test it out for., recently had my headshots redone, and my agent told me that I have to get new types because I look therefore different and about twenty years younger - and then commented, I understand you haven't had function done on your face because I last saw you a couple of weeks ago. I'm an individual trainer and face muscle tissues should become any other muscle mass in the body SO good! Thank you, thank you, Carole!. Five Stars Haven't really began to utilize it but hoping to discover it works as it says. Very Good I've used another book virtually identical and there are definite outcomes. I Much choose this over any medical intervention. In other words, use your brain to imagine the muscle tissue moving. I really like this dvd I take advantage of it in conjunction with Tal Reinhart Face workout. My facial workout regimen is 8 min in the morning (after mastering the form) with Carole Maggio Facercise and at night complete facial workout with Tal Reinhart (about 20 min). working the program I only watched the dvd once so it is really prematurely . to make an intelligent opinion on it. You will not regret ordering this dvd it's the best. WOW it does work First off i want to say I had plastic surgery many years back and the pain was everlasting and the down-time was 3 x longer then advertised.. WOW. I thought there has to be a better way, therefore i tried facercise. The Elixir of youth is here for all those willing to commit to two brief, daily sessions, worth every second and every penny! Everyone, be kind to yourself and RUN - usually do not walk - and purchase this system, stay with it diligently and with self-discipline, and be as happy and grateful as I am as you view your transformation daily, both inside and out! Family, friends, and acquaintances just gape at me. Great product. Face lift The exercise to delete the deep groove around my mouth area is easy to do.! I was saving up for an eyelift, probably a facelift, when I chanced upon Ms. I am 43 but a lot of my close friends think I'm in my own early 30's. Can continue with this program Wow Factor! Carole Maggio really gave the wow factor in her new Dvd and blu-ray. I am actually enjoying this group of Facercise workouts and it is very easy to check out. And this is merely my TENTH DAY of doing Ms. The guidelines are obvious.. My eyes are not only larger and brighter, but I no more have to wear reading eyeglasses (I kid you not really - yesterday, I understood that I was reading a magazine content without glasses). Save your money. Waste of cash. I committed to two daily sessions with the dvd, first thing each morning and again in the evening, about 20 minutes every time - rather than have I done anything so well worth my time. She is faker than her giant lips. Best Facial workout I ever purchased The Best Facercise is so effective you can FEEL the results on the very first day and with repeated use you will see

results within weekly. My pores and skin and texture have transformed to tawny and rosy - and soft. Some of the motions require mental imagery! I have found many helpful video clips on YouTube, they were free and more effective. I cannot believe this video experienced so many good testimonials. Well, it got my \$50, unfortunately, so I experience obligated to save someone else from falling for this. Try YouTube. Many fantastic yoga facial exercise video clips for free.



[continue reading](#)

download Ultimate Facercise ebook

download Ultimate Facercise txt

[download free Medicine for the Outdoors: The Essential Guide to First Aid and Medical Emergencies epub](#)

[download free Krause's Food & the Nutrition Care Process \(Krause's Food & Nutrition Therapy\) e-book](#)

[download free Fluid, Electrolyte and Acid-Base Physiology: A Problem-Based Approach djvu](#)