

Nutritional Foundations and Clinical Applications

A NURSING APPROACH | SIXTH EDITION



Michele Grodner • Sylvia Escott-Stump • Suzanne Dornier



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Michele Grodner EdD CHES and

Nutritional Foundations and Clinical Applications: A Nursing Approach



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Looking at diet and dietary therapy from the nurse's perspective, Dietary Foundations and Medical Applications: A Nursing Approach requires a wellness approach based on health advertising and primary prevention. Written by educators Michele Grodner, Sylvia Escott-Stump, and Suzie Dornier, this leading nutrition text promotes healthy diets and shows how diet can be utilized in treating and controlling diseases and disorders. Health Debate and Social Concern boxes explore controversial medical issues and emphasize ethical, sociable, and community concerns, to enable you to develop your own views. It offers guidelines with a human, personal touch, using first-hand accounts showing how nutrition principles apply to patients in real-world practice. Applying Content material Knowledge and Critical Thinking/Clinical Applications case studies help you apply nutrition principles to real-world practice situations. This edition includes fresh chapters on the consequences of tension on nutrient rate of metabolism and on nourishment for neurodegenerative disorders such as for example Alzheimer's and Parkinson's disease. Nourishment in Metabolic Stress: Burns, Trauma, and Surgery chapter examines the effects of tension on nutrient metabolism and starvation along with severe stress due to procedure and trauma. NEW! Personal Perspective boxes offer first-hand accounts of interactions with patients and their families, demonstrating the non-public touch for which this book is well known. Terms and a glossary produce it easy to understand important vocabulary and concepts. The Nursing Strategy box analyzes a realistic nutrition case study with regards to the nursing procedure, demonstrating practical methods nurses may use nutrition in practice and process. Teaching Device boxes include strategies for providing nutrition counseling to patients. Nutrition for Neuro-Psychiatric Disorders chapter covers neurodegenerative disorders such as for example Alzheimer's and Parkinson's disease and psychiatric disorders such as depressive disorder and bipolar disorders. NEW! Cultural Factors boxes highlight health issues and eating patterns linked to specific ethnic groups to help you approach, interview, and assess sufferers from diverse populations. NEW corporation for the clinical chapters contains: 1) Disorder: background and implications, 2) Food and nourishment therapies, 3) Education: Teaching Tool boxes. UPDATED content displays changes to Healthy People 2020 and the Dietary Guidelines for People in america 2010. UPDATED! Website listings by the end of each chapter refer you to related sites for extra research and study.



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