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The Baby Book

*Everything You Need to Know About Your Baby
from Birth to Age Two*

REVISED AND UPDATED

SEARS

PARENTING
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William Sears, M.D., and Martha Sears, R.N.

Authors of The Pregnancy Book and The Successful Child

William Sears

The Baby Book: Everything You Need to Know About Your Baby from Birth to Age Two (Revised and Updated Edition)



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The "baby bible" of the post-Dr. Jim, both pediatric specialists within their own correct, the Seases have created a totally updated guide that is unrivaled in its scope and authority. Dr. Costs and Martha Seases attract from their huge experience both as medical professionals and as the parents of eight kids to supply comprehensive information on just about any aspect of infant care. Working for the 1st time with their sons Dr. THE INFANT Book is a wealthy and invaluable reference that will help you get the most out of parenting -- for your son or daughter, for yourself, and for your complete family. Spock generation, already embraced by hundreds of thousands of American parents, has now been revised, extended, and brought thoroughly up-to-time -- with the latest information on from diapering to day care, from midwifery to hospital birthing areas, from postpartum nutrition to infant development. THE INFANT Book presents a useful, contemporary method of parenting that reflects the way we live today. The Baby Reserve focuses on the essential needs of babies -- eating, sleeping, development, health, and comfort -- as it addresses the queries of most significant concern to today's parents. The Seases acknowledge that there surely is nobody way to mother or father a baby, and they offer the basic guidance and inspiration you should develop the parenting style that best fits you and your child. Bob and Dr.



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Very good book - didn't find it to be "AP all the way or nothing" I'm an operating mother of a 2-month-old baby young lady, our first child, preparing to return to function. I've tried baby putting on, but I have one of those rare infants who doesn't like to be held a whole lot who screams her mind off when I place her in a sling.. Actually, I was pleasantly surprised that lots of of the tenants of the AP motion are in line with my (desired) parenting style instead of some sort of granola/coffee shop socialist/impossible to execute lifestyle with a child. The Sears give suggestions for various different scenarios, AP or not. The advice about dealing with toddlers is quite excellent. Other reviewers said that the publication makes them feel that if they're not really breastfeeding, sharing the bed, stopping their jobs, and wearing their baby almost everywhere (including to the toilet), they are horrible parents.), then gave my hard copy to a friend. With regards to the attachment parenting advice, my very own opinion is that most of it really is solid. This publication is more like a true owner's manual for a baby. I'm actually surprised it doesn't come out and say that vaccines cause autism. I hesitated in buying this reserve because (1) I was dubious about Attachment Parenting (AP) and its own merits and (2) there were so many negative reviews stating that the reserve is a significant guilt trip for anyone who can't or won't adhere to the Sears's suggestions to the letter. bought as a gift for a person who won't take the information seriously. I did not quit my job, and she'll be entering daycare soon. She will not sleep inside our bed, as I am terrified of smothering her, and because I want some sleep myself. So she sleeps in a bassinet next to your bed and we're in a position to attend to her instantly. The Sears were quite clear about getting anti-pacifier and because of that we instructed a healthcare facility not to provide her one under any circumstance. After spending many consecutive hours with this fingertips/thumbs in her mouth area (and I couldn't place her to the breasts for hours because of cracked and bleeding nipples), our resolve crumbled and we gave her a pacifier..I absolutely did not find this reserve to be an attachment parenting manifesto. Yes, you will be sleep-deprived, scared of rolling over on your own baby, and perhaps people can look at you weird for sleeping with your baby or for nursing your child. But I didn't wish to dispose of the book after we "went against" it. I took the tips of another reviewer and combined this book with Penelope Leach's YOUR CHILD and Child and have found both to end up being valuable resources. A few of the very best elements of this book have to do with child development. I think they give an extremely accurate picture of a few of the period and energy it takes, but it can pay off when your kid is usually independent, respectful, and loving. Other reviews get into this more. Most books about baby care and attention seem to examine like troubleshooting manuals -- there's information about day-to-day life, but very much space is specialized in the problems that can arise. I love this book!!! Its awesome to know even more about the Moro Reflex, etc. I did so not feel that way at all. I then found another duplicate at the library bargain book sale and bought it for a friend who's pregnant. It's big! But to get a concept of what people proceed through because of their kids -- it isn't ALWAYS EASY, but you don't turn into a parent with an easy lifestyle, and you now have a little human being who needs you. Parents should be loving, and do what functions for them! I love the Sears' philosophy. It'll be hard to find something that parrots back everything you believe you have to be doing--or want to be doing. If you are only going to read one baby book, this might not be my recommendation. after that ran to the shop to buy several more. But perform what works for you, and, as the saying goes in the book, say "My doctor says to do it" because Doctor Sears said so! I have no regrets -- nursed my oldest till he was two, shared our bed with him, and today we are performing the same with this second baby. Our oldest is just five and doing this well, so independent and caring! I examine it all though in addition to so many additional baby books. Parenting is normally hard, and it is a learning knowledge. For me personally, this book has value because it handles so many aspects of baby treatment and development. This publication is an excellent guide (not instructions) during that process. I have done some things they have suggested, plus some not. As well as the ample information about health and diet, there are wonderful sections on development, actions, and the long-term arc of your child's growth. The practical information is good. I'm

pleased I own a duplicate of the book, because it's not the kind of book you'll want to go through and then return to the library. It's big, and I find myself referring to it on a monthly basis or two as my child adjustments. The Sears' overall message (as well as Penelope Leach's) is that you need to be open-minded as a parent, and do what works best for your baby, for you personally, and your life-style. The essential toys recommended are so useful. The carefully described sequence of occasions before sitting, crawling, and walking are fascinating. For example, while they do condition many times that breast feeding is best, they also give a lot of information about a safe and sound and loving method to bottle feed if you can't or won't breastfeed. Also very useful was the chapter about fussy babies. The attitude taken by the authors, along with the methods suggested in this chapter, were extremely helpful during my baby's first couple of months. The Sears offer different ways of managing feeding, sleeping, and so on, and motivate you to create your own choice. We supplied our young son with the nurturing he seemed to desire, and he's now a lively and independent toddler. Some of the details seems outdated, but overall a useful book. I believe this book is a little too quick to place down the intentions of parents who don't practice Sears methods, which is why I think some parents dismiss this reserve as guilt-inducing. Four Stars Thanks. I have yet to find a parenting publication that I trust entirely -- I choose ideas, based on my instincts and my son's needs. i adored it for myself. Good book Extensive book and quality of the book commensurate with Price Five Stars A fresh parent must read A true reference I found every single chapter of worth here, even though I am going the baby led weaning method with solids for my child, rather than the traditional way Dr Sears recommends. Definitely loved this reserve and will be referring to it for years to come because of how completely it encompasses baby and toddlerhood. But this didn't stop me from getting a great deal from the book. Some great info, some very damaging pseudo-science Old edition, so there are a few outdated things, like epicac syrup. I am aware. This book doesn't just tell you how to satisfy your baby's wants, but also provides tips for savoring this phenomenal time. I used this book with my first child, then bought the ebook (not a Kindle, so I won't say! However, there is A significant amount of weird stuff. Yes, most women post partum do not get their intervals, but most trusted sites won't recommend breastfeeding as a contraceptive "until you are completed". Or that evidently letting a baby cry will damage it emotionally for the rest of time. Its marketed as a publication by doctors with great assistance, when in fact, its filled with crazy. I breastfeed and waited 2 weeks before bottle feeding expressed milk. Five Stars AA++ good book. great info. So she spends lots of time in her bouncy chair wherever I am, rather than on me. oh well. A number of important aspects of attachment parenting work very well for my family, and so this book is quite helpful. A little dated. This book offered us with many useful ideas for tuning into my son's wishes and demands. It's soooooo thorough. Great reserve encompasses the whole child This book is well-known for being a must-read if you are interested in attachment parenting. This one was not the best, but also not really the worst. Don't short change your son or daughter later by firmly taking shortcuts when they're infants.



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