

NEW YORK TIMES bestselling author of
THE LIFE-CHANGING MAGIC OF NOT GIVING A F*CK
and YOU DO YOU

sarah knight



get

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SH*T

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JOURNAL

practical ways to cut the bullsh*t and win at life

Sarah Knight

Get Your Sh*t Together Journal: Practical Ways to Cut the Bullsh*t and Win at Life



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get your sh*t together and journal your way to your best life Whether you're trapped in employment or romantic relationship you hate, overwhelmed by a million emails, or just need just a little help along the way to world domination, the hardest portion of changing your life is knowing where to start. In this no-holds-barred, no f*cks provided journal, Sarah can help you determine out what you want, how to begin, and ways to get it all done. That is where New York Times bestselling "anti-guru" Sarah Knight comes in. With space to create in your goals, milestones, and to-dos, along with hilarious graphics, charts, and straight-talking tips, The Get Your Sh*t Collectively Journal is usually a must-have tool in your organizational arsenal. By training you through the small sh*t, difficult sh*t, and deep sh*t, she'll set you on the path to performing, well, whatever the hell you desire.



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