

A black and white photograph of a snowy mountain peak. The mountain is the central focus, with a group of hikers in the foreground. The hikers are wearing heavy winter gear and are pulling a sled or a large pack. The scene is set in a high-altitude, snowy environment. The title 'MOUNTAIN RESCUE DOCTOR' is overlaid in large, bold, red letters. Below the title, the subtitle 'WILDERNESS MEDICINE IN THE EXTREMES OF NATURE' and the author's name 'CHRISTOPHER VAN TILBURG' are also overlaid in red and black text. At the bottom, there is a small copyright notice.

MOUNTAIN RESCUE DOCTOR

**WILDERNESS MEDICINE IN THE
EXTREMES OF NATURE**

CHRISTOPHER VAN TILBURG

Christopher Van Tilburg

Mountain Rescue Doctor: Wilderness Medicine in the Extremes of Nature



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" He examines the high costs of search-and-rescue operations and provides an interesting overview of the debate on whether victims should be held responsible for a few of the costs. Hood. For readers who are not really acquainted with the tough and gorgeous Hood River area, [Van Tilburg] balances its undeniable perils with the joys of its scenic wonders . . .--Library Journal "Outside folk in Oregon have long benefited from Dr." Mountain Rescue Doctor is an exhilarating tour through the perils of nature and medicine. Filled up with adventure and good advice. Van Tilburg's dogged spadework in translating to the web page the intricate essentials of his unique trade makes each breathtaking rescue literally come to life. Exhilarating undertake the daily life of a unique make of doctor. The Climber's Information to North America Christopher Van Tilburg, MD is an er physician, a ski patrol doctor, an emergency wilderness physician, and a member of the Hood River Crag Rats, the oldest mountain rescue team in the country."--John Harlin III, Editor of The American Alpine Journal and author of The Eiger Obsession, Mount Rainier and As a physician, a previously published author (Backcountry Snowboarding; Introducing YOUR CHILDREN to the Outdoors), and an adventure-sports activities devotee himself, Van Tilburg can be uniquely qualified to spell it out the fears, enjoyment, frustration, and benefits of these searches. A fast-paced account of Mt. In Mountain Rescue Doctor, Van Tilburg shares personal tales of harrowing and suspenseful rescues and recoveries, including the latest Mount Hood disaster, which claimed the lives of three climbers.s Weekly " Van Tilburg's beeper goes off, the decision may take him racing up a mountain peak to rescue an hurt hiker, scaling a rocky ledge to intubate a hiker who offers fallen over a cliff, right into a blizzard to find missing skiers, or even to a mountain airplane crash scene for body recovery. . Chris Van Tilburg' Chris captures the enjoyment of a rescue with the interest of a genuine mountaineer, and does therefore in extremely readable prose. Now his additional great skill--as a writer--has brought these interesting tales to the country at large.s skills as a crisis doctor and his selfless devotion to rescuing injured hikers and climbers while a volunteer for his community mountain rescue provider.--Kirkus "" "When Dr." And lastly, we confront some of the ethical challenges a wilderness physician faces in making tough options about who can be saved and at what price. Van Tilburg's work takes a unique combination of emergency medication, survival abilities, agility, and extreme sports activities. Adults will likely enjoy this introduction to the field of wilderness medicine. We find out about the tools and techniques of crisis wilderness medicine, along with the feats of human being strength and delicacy necessary to treat patients under intensive conditions. Dr.--Publisher'



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Detailed Mountain Rescues Dr. who began wilderness medicine. Five Stars A+ Devoted to Craig Rats a volunteer rescue business located in Portland, OR. I particularly liked the powerful descriptions. The writer vividly describes the wild beauty and deadly nature of the mountains which state numerous lives each year. He thinks he is the great leader, the incident commander, anywhere he is actually. Gripping good read! Important reading for any wilderness first responder and outdoor enthusiast, since it unveils the truth of wilderness rescues. Great stories and Lots of great information on search and rescue generally .! I thought that some of the reviews for this reserve were a bit unfair. Equal Levels of Exciting Reading and Essential Wilderness First Aid Education This book provides an honest description of how SAR calls are organized and carried out. He did talk to people for help which is not the same as purchasing everyone around. Through good story telling brings reality to what it takes to rescue outdoor enthusiasts away the mountain and introduces you to the people who do it, many of them as passion. I was hesitant to try out this book due to those reviews but it really was good and well written. Great browse for Outdoor Mountaineering enthusiasts. Well crafted using easily understandable vocabulary and concepts. He thinks he is the great leader, the incident commander From the point of view of the doctor, all mountain rescues are directed and coordinated by him. Van Tilberg tells that story very well. The book in areas is just a little repetitive when discussing his personal life, but the parts about the rescues were terribly interesting. I loved it so much that I wanted it to last and rationed myself to a chapter a night time. Almost a must read for Pacific NW folks who love our mountains. (Although it was recommended by a ski-patrol, mountain rescuer friend from the Colorado Rocky Mountains.) Compelling! Actually enjoyed this book. Quite a few typos but that didn't distract from the entire experience. A good mix of rescue stories and personal narrative. A touch too specialized and wordy in places re area descriptions, but still a satisfying go through. He justifies it because of the adrenaline high experienced by many who work in the rescue field. There exists a human side to rescue in the backcountry, and Dr.. From the result of our SAR missions on our family members, to coping with the feelings that flood a rescuer, particularly when you get "off the mountain" or "from the woods". Helps bridge the gap between initial responder and qualified rescuer without being a "how exactly to" instruction. I read it straight through, and today it sits on my wilderness medical bookshelf, best next to "Doctor on Everest". I will be recommending it to my next Wilderness First Aid class in January. One of the best books I've ever read Among the best books I have ever read . Good read! However the doc is not the incident commander, regardless of what this author appears to think. Van Tilburg's book is definitely well-written and researched, although he would have benefitted from a proofreader. Nevertheless, the publication is richly detailed. The writer didn't come across as arrogant to me and the decisions in his group had been often created by someone apart from him. I don't begrudge him the valuable rescue work he does, but the scales bend far in direction of ego and self-centeredness. Great read if you are a mountain explorer of whatever variety, hiker, climber, skier, snowboarder. He also throws some very good information regarding wilderness medical techniques, without being overly technical or distracting. A great read, exciting action, the author's style holds your interest. I will absolutely make it part of my mountaineering oriented medical classes!. Emergency personnel seem to consider directions from him. Though he protests normally, it is clear the doctor puts his own need to participate regularly in dangerous rescues much before his family's have to spend period with him. In practice, most rescue groups are well-trained and do not pay attention to the medical man when deciding how to setup a rope belay program, or secure a scene. That goes to the rope rescue group and trained specialized responders. Of program you will need a doctor or medical personnel to take care of the patient. Great publication by the Dr Great publication by the Dr. average There is some interesting

info here nonetheless it was overly long and repetitive--so the three stars. The reserve became repetitive--a great editor would have helped in this regard.



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