

Present — OVER — Perfect

LEAVING BEHIND FRANTIC
FOR A SIMPLER, MORE SOULFUL
WAY OF LIVING

SHAUNA NIEQUIST
FOREWORD BY BRENE BROWN



Shauna Niequist

Present Over Perfect: Leaving Behind Frantic for a Simpler, More Soulful Way of Living



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OVER 500,000 COPIES SOLD! In these webpages, New York Moments And it's changing everything. is an invitation to the journey that changed my life. I'm a wife, mother, girl, sister, friend, neighbor, article writer, and I know all too well that settling feeling. But over the course of the last few years, I've learned a method to live, marked by grace, love, rest, and perform. bestselling author Shauna Niequist invites you to consider the landscape of your own life, and what it might look like to leave at the rear of the pressure to be perfect and commence the life-changing practice of simply getting present, in the center of the mess and the ordinariness of existence. "Present Over Great As she sets it: "A few years ago, I found myself exhausted and isolated, my soul and body unwell. And, it seemed everyone I talked with was in the same boat: desiring connection, signifying, depth, but settling for busy. Shauna offers an honest account of what led her to begin this journey, and a compelling vision for an entirely new method to live: soaked in grace, rest, silence, simplicity, prayer, and reference to the individuals who matter most to us." Written in Shauna's warm and vulnerable design, this collection of essays focuses on the most crucial transformation in her life, and maybe yours too: leaving behind busyness and frantic living and rediscovering the person you were designed to end up being. I was tired of being tired, burned from busy. Present Over Great is a hand reaching out, pulling you free from the constant pressure to execute faster, push harder, and make more, all while maintaining an exhausting image of perfection. I walk this path with you, a path away from frantic pushing and proving, and toward your essential self, the main one you were created to end up being before you started proving and earning for your worth.



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Great Message but Hard to Relate I was drawn to Shauna Niequist's newest publication, *Present Over Great* because its title appeared to indicate our current season. I quickly recognized that Niequist's existence and my life are vastly different. She admits that having too many dishes was challenging and a distraction. She's learning to settle in at home with a cup of tea and her family members.. I'd suppose the sparkle of acknowledgement is tempting. In that feeling, Niequist is open up about her transformation in mindset and what that price her family and her career. Nevertheless, as an average mom who does not have a Big Career to state no to, I experienced trouble relating. The big ideas were powerful but the details had been privileged and narrow. Niequist prospects an idyllic life: Vacations at a lake house, travel, a great deal of family support, the capability to reimagine her work-from-home job to even more perfectly in shape her family's needs. And I say this as a middle-course, educated female of privilege. This publication has helped tremendously.**I received this book free from the publisher in trade for my honest opinion. I am just a regular wife, mom, and employee, and the pressure to end up being all those things perfectly all of the time is intense. The average chapter is 5 web pages, so not a hard task.** Couldn't relate Stopped reading after about 30 pages. Boring I wanted to like it, nonetheless it was boring. I have neither of those - I'm just trying to keep the house clean while my toddler wrecks it and remind myself (in between filthy diapers and my filthy hair) that perfection provides nothing on getting present with my baby. I simply couldn't relate with her. I remaining it in a hotel room.. But, I just could not relate.start here. I can't just drop work projects. I didn't find any application for people who did not have her career. My first book from this author This author is pretty entitled. 1/2 method thru I halted reading. Humble bragging, no direction Ugh... I attempted, I really did, kept thinking maybe the next page will offer you something life changing. two words for this book: HUMBLE BRAGGING. Loved! The chapters have become specific to the author's own lifestyle and experiences that I possibly could not enjoy the book just as much as I originally wanted. I just finished a chapter on white dishes. when my family is soothing on the weekend I'm cleaning and organizing and packing. My (blogger) cousin said it changed her lifestyle, so . Nope, likewise song over and over. I'm the accountable one. Maybe it's harder for someone with a lot of opportunities to state no and to find that stability.. I even have a "yes" tattoo!.. blah blah" like OMG?.. And she goes on to state during some Hawaii holiday she considered her husband and said "we can't live like this anymore" meaning what? A hand calling a new approach to life That is a book I won't pass along to a friend because I wish to read it over again.. This book speaks the reality about how exactly our culture can misguide us into thinking our achievements and busy lives are paramount to a fulfilling, meaningful life!. I don't know very well what she is trying to state, but it just sounds like even more humble bragging about their extravagant vacations and they second house at the lake??Her thoughts just continue aimlessly and I want so much that there is a clear direction because of this reserve, but it's just random thoughts of hers, bragging about her accomplishments or about her spiritual "ah-ha" moments.Disappointed simply by this book as the reviews were high... Quickly Delivery and Good Read Quickly Delivery and Great Read A must browse! Like most of the previous comments, the author is quite hard to relate to... I relate to her priority shift but I have no idea many in my world who relate to her lifestyle. I simply could not take the boredom any more. I honestly don't realize how this reserve got so many 5 star ratings. The author contrasts her busy existence of touring, speaking, and composing, with her vacations at the lake. Nothing at all in it related to me. So disappointing! Maybe it can help someone else. Good. I keep this on my desk at work and read it more like a devotional than a true Christian living book..even for a guy Even as a guy, I find this easy to relate to, if a bit feminine with examples. Take time to slow down and read this publication!. I could use it as a daily devotional as I function every day to live a far more intentional life where my values come first in the decision making on what I choose to use my period. I was hoping to read some inspiring material and learn some useful techniques. Ehh We was really excited to learn this reserve. If anything this adds credibility to the concepts she presents - for the reason that they connect with both a nearly 40 year old

author mother and, in many ways, to a man professional ten years her junior.. What?. While I'm learning to live with a messy playroom, Niequist is finding balance by saying no to Big Possibilities and Flashy Job Presents. Though I can't personally say that dishes certainly are a struggle of mine, I have other forms of clutter, both physical and mental, just what exactly she says really makes sense. Invest the the title at its term, "Present over Ideal," it really does help you to focus more on big picture concepts you will ever have, what you're right here to do, who matters most, and gets you thinking about your top life goals. And this comes from a man reading a ladies' publication. Meaning. I might go weeks without looking at it, or read 5 chapters within an afternoon. The first few chapters are her listing off all of the many accomplishments she achieved and how she works harder than everybody else in her existence "when I was 11 years old I decorated the store windows while my mangers had hangovers! Loved loved loved! Wished to like it but the writing design is irritating and tedious. Touched home in so many areas! Hoped to take pleasure from it but did not. Couldn't complete the first chapter! Yes, she gives illustrations that I'm sure some can't exactly relate to, but the big picture principles stay. My (blogger) cousin said it changed her lifestyle, so of program that caught my attention.. Buy this book! Reminder to decelerate and gain perspective Where things are for me personally at this point in my own life, that is a reminder to be still and listen, to really have the courage to make the hard decisions for what is really important. For anyone who is looking to simplify, be present in each moment. I'm sorry but, this book appears like she is trying to describe to herself why she deserves to relax, listing off everything she does. I tried to enjoy it, I really did I tried to enjoy it, I really did. I don't have a 'spiritual advisor'. I've already purchased another one as a gift! This is a great, easy read! I question how people living paycheck-to-paycheck, without the simple reinvention would relate with this message?.. That's good - I don't think for one moment I'm the target audience.



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