

**Everything that follows  
is based on recent,  
real-life experience that  
has been proven to work**

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PROFESSIONAL SURVIVAL SOLUTIONS

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James Shepherd-Barron



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Everything That Follows Is Based on Recent, Real-Life Experience That  
Has Been Proven to Work: Professional Survival Solutions



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"Throughout my work I've built an airstrip in Burundi, helped deliver a baby to a Rwandan refugee on a Congolese roadside, navigated to safety when dropped in the deserts of Chad, taken cover from ricocheting bullets in Baghdad and negotiated with rebel warlords in Darfur. I hope you don't need to do the same. But if things get dangerous, this guide can help you--and those with you--to survive." on surviving the most dangerous places on the planet. Everything that Follows draws upon his years of experience to offer usable advice—simply because practical as it is definitely pulse-pumping—International aid worker James Shepherd-Barron has faced countless life-threatening situations all over the world. re about to embark on a trip overseas, or simply want to know how to proceed when the going gets tough, this guide will help you survive.filled with easy-to-use illustrations, packing lists, useful phrases, and real-existence anecdotes— Needing urgently to know how to fire an AK-47?Whether you' Under risk of chemical strike?provides expert advice on how best to make it through. This reserve—Facing down a rabid pup?



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Real-world warts and scars This little book is rife with errors, but is a practical guide compiled by person who has "been there, done that. On pages 110 to 111 the tendency of automated weapons to kick up and to right has hardly any related to rifling "torque effect. Such an excellent read! There exists a large amount of hard-won wisdom in this small book." I cannot verify a lot of the publication, but I do know a few things. 30 Grenades and Pyrotechnic Signals. Ditto for the assistance on page 173: "by no means contact a mine. It's filled up with great insight on how to remain safe and travel smart.. An expert rifleman can keep all single pictures from a serviceable Kalashnikov with good ammunition in a man's chest at 200 meters. Errors such as this ought to be corrected before fresh printings. It takes talent, but can be done! A must read for experience types, will undoubtedly conserve lives if you heed it's assistance The Kalashnikov security is positive, will lock the bolt in a forward position so that no cartridge could be stripped from the magazine into the chamber if someone inadvertently movements the bolt handle. The Stoner M16, however, can load a cartridge from the magazine and possibly fire it if the butt OR the muzzle is usually slammed hard enough whatever the safety position. Another thing trivial: on page 205 the normal mistake of calling the RPG a "rocket propelled grenade" is repeated. The popular RPG-7 and more-contemporary RPG-18 are "hand-held anti-container grenade launcher" in Russian. Confusing the problem more will be the World War Two RPG-43 and RPG-6 anti-tank Hands grenades, big shaped-charge armor-busting weapons that were hand-thrown against Nazi tanks. Where it is wrong, some analysis will right things. 10 the writer and illustrator commit a significant gaffe in describing navigation with a wrist watch..by twisting the knob on the bottom" (page 114) I dug up my copy folks Army Field Manual 3-23. "Full-auto shotguns have unrifled bores but nonetheless will kick up and to the proper when fired from the proper shoulder. The tips on page 113 that "If the problem needs body armor, consider whether you need to be there" is definitely wisdom. Sadly, the title's claim that "Everything. These are the kind of errors that true people who have real experience make--and generally, they're trivial. Some non-US grenades have interchangeable fuses with delays ranging from zero secs to a lot more than ten mere seconds for different applications. Keep in mind Newton's law--the recoil push is usually along the bore collection, which can be angled to the shooter's center of gravity and to the shoulder support--the motion to the proper is caused by the recoil pushed on the right shoulder instead of center-line." Anti-tank property mines frequently come built with anti-tamper devices intended to destroy the engineers tasked with clearing the mine field. Anti-personnel mines may be booby-trapped too--and daisy-chained in order that several explode simultaneously. I'm not doing this reserve justice--but sometimes the situation is unwinnable--press relations, for one, and "neutrality" for another. Aid workers transformation the total amount of power in blighted areas. Often, starvation is definitely a weapon utilized by one or more factions to eliminate their rivals. Media people have agendas." The Chinook is normally a CH-47--the HH-43 is a rescue helicopter called the Husky. When I go through "You'll be able to vary the fuse amount of a grenade. offers been proven to work" isn't quite accurate. Must-Read Common Sense Book for those who Travel I read an excerpt out of this reserve in a magazine and was immediately hooked. One trivial mistake that means there is nothing on page 31 where in fact the Chinook is called a "CH-43. I've traveled abroad many times and wished I had read this reserve sooner. Experts with automatic weapons learn how to compensate for these effects. The better form has the two free ends on a single side of the knot when completed. Several of my friends possess borrowed the publication and loved it. I even bought a few copies through the holiday season to give out as gifts. Very interesting This is a great book and very useful. There

are plenty of daily how-to things that function, but the majority of the book is positioned in a war zone or 3rd world countries, where the author has spent a lot of his time. I will suggest get it, and read up on it because a large amount of the material is quite interesting and may be useful in one way or another, but the majority of it isn't anything you will end up being needing on a daily basis (like how to fly a helicopter, fire an AK-47, etc. The level of detail varies, but the author is blunt in regards to a few circumstances where there is usually nothing an untrained specific can do. Topics are protected briefly, and the written text occasionally makes such quick transition as it races from topic to subject that reading it direct through is probably not the best strategy. If you are going overseas to work, no matter in what capability, you need to learn this book, and take it with you. Lengthy experience distilled into print This book can be an outstanding reference for all those in the international aid community and others who travel internationally in challenging environments. Generally speaking, the book is accurate, useful (especially to those in the humanitarian aid community and others traveling in dangerous, undeveloped, or disaster-plagued regions). Shepherd-Brown fills his book "Everything that follows is based on recent, real-life knowledge that has been proven to work" with both detailed instruction and a wide-ranging set of anecdotes from personal experiences. The advice comes from an experienced practitioner with a long career dealing with the armed service, NGOs, and worldwide civil servants in the most challenging contexts. The publication ranges from the basic to the arcane and relies on no-nonsense prose to place teach useful skills. Excellent, eye opening function. The advice ranges from driving tips for tough situations (including roadblocks) to repatriating remains, with an increase of topics than any brief review could adequately capture. An extremely small sample of the assorted topics includes: managing worldwide staff, negotiating, land navigation, firing an AK-47, etiquette in the field, dealing with natural and man-produced disasters. There are comprehensive chapters on employed in the "deep field," "health and hygiene," and "personal security," among others. I haven't noticed any variable delay hand grenades--and I'll admit that I don't know everything. The publication falsely shows that in the northern hemisphere, after lining up the hour hand on a wrist watch with the sun, the path halfway between your hour hands and noon on the view will become north. Pages 34 and 35 talked about firing the Kalashnikov rifle--but overstated the system's reliability while understating the accuracy. Scanning this little book could be more preparation compared to the average new help worker gets before delivery into a troubled area--make use of multiple sources because actually the very best will be wrong sometimes. Errors are unavoidable in this sort of book, plus they can add the small to the potentially life-threatening. A good example of a trivial mistake: On p. 37 Shepherd-Barron mislabels what's in fact a sheet bend a "reef knot" (reef knot is definitely a synonym for a square knot). The name used is definitely a minor error in the field, as the author describes the purpose of the knot correctly. However, the illustration shows the less secure type of a sheet bend. I highly recommend this reserve to people journeying on humanitarian work in high conflict areas throughout the world. Dependant on where one is definitely, that kind of error could lead a person deeper into the wilderness, directly into hostile territory, completely away from water, or into various other world of hurt... In fact, it is the reverse. The path will be (roughly) south. A more significant (and surprising) mistake: On p. On the other hand, I have witnessed individuals who can jam their Kalashnikov. Frankly, I would like to see a crisis medical professional's assessment of a few of the advice given in the health chapter.) Insightful, and valuable reserve, especially for travel and security. In cases just like the tracheotomy, I assume that the assistance is given for a last-ditch effort from any trained care where certain death may be the only option to

action. A few of the information (cleaning wounds with beer, cola, and urine, for instance, or providing as very much water or sweetened drinks to someone who has been severely injured by a mine) are unorthodox. In the latter case, if surgical care is likely, the assistance seems ill-advised because of the chance of vomiting under sedation. Some type of authoritative reference for the even more surprising medical advice would be appropriate. Path is given on a wide range of medical topics (CPR, tracheotomy, vaccines, diarrhea, delivering a baby, bullet wounds, mine injuries, toothache, and sexual assault, to name a few). It fills a real niche for those who travel extensively in demanding environments, particularly those who do in order volunteers, experts, or others in responsibility. That said, as a whole, the publication is outstanding: quite practical, wide-ranging, and accurate. The author's long experience in the humanitarian help community serving in positions of responsibility in the field advantage the reader, but references for the most unorthodox medical promises will be a most welcome reassurance. A very unusual book Written by a man who's been there-carried out that. Don't trust safety catches.



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