

# be different

"An essential guidebook that will help  
all the creative, quirky, geeky, and wonderfully  
different kids to become successful in life."

—TEMPLE GRANDIN



My Adventures with **Asperger's**  
& My Advice for Fellow Aspergians, Misfits,  
Families, and Teachers

John Elder Robison

author of the *New York Times* bestselling  
*LOOK ME IN THE EYE*

*John Elder Robison*

**Be Different: My Adventures with Asperger's and My  
Advice for Fellow Aspergians, Misfits, Families, and  
Teachers**



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In How to identify carefully selected presents and utilize them to your advantage Every person has something unique to offer the world, and everyone can create strong, loving bonds with their friends and family. will help readers and those they love find their path to success. With his trademark honesty and unapologetic eccentricity, Robison addresses queries like: • Look Me in the Eye, John Elder Robison described developing up with Autism Spectrum Disorder at the same time when the medical diagnosis didn't exist. He was smart but socially isolated; his talents gained him careers with toy makers and rock bands but do small to endear him to authority statistics and classmates, who had been put off by his inclination to blurt out non sequiturs and avoid eye contact. By enough time he was diagnosed at age forty, John had currently developed an array of coping strategies that helped him achieve a apparently normal, also highly successful, life. on how to improve the weak communication and social skills that keep a lot of people from taking full advantage of their often impressive gifts. When to create an effort to fit in, and when to embrace eccentricity • In each story, he offers practical suggestions for anybody who feels "In his bestselling memoir, How to deal with bullies • Why manners matter • How to harness your powers of focus to master difficult skills • How to examine others and adhere to their behaviors when in uncertain interpersonal situations • different" VARY, NY Times bestselling writer of Look Me in the Eye shares a fresh batch of endearing stories about his childhood, adolescence, and young adult years, giving the reader a rare home window in to the Autistic mind. End up being Different



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Not Damaged, Just Different The follow-up to his debut work 'Look Me in the Eyes' helps by giving a more detailed explanation of how Mr. Robison processes the globe as a person with high-functioning autism. As I am also somebody who can be on the spectrum, there are various of his conditions which also connect with me. I am a 56-year-old gentleman who only became aware of my "odd" characteristics while raising a son with Asperger's. Truthfully, I didn't relate at all to the symptoms that he related. Getting "normal" is definitely 100% impossible and in trying to be regular you limit yourself and your life. Robison's characteristics like a heightened sensitivity to textures, a near total lack of friends in college as well as poor grades, and his exclusive ability to see sound are not in my repertoire, all of those other material is familiar if you ask me. Fortunately, the author's objective was to present the challenges and positive aspects to be an Aspie. The writing was decent, and I'm sure it'll be a help many those who have Asperger's. Highly recommended! Robison begins regaling the reader about his personal stories and how his high-working autism helped or resulted in misunderstandings, it becomes very enjoyable. I found myself laughing a lot, especially because I've done similar interpersonal faux pas. The author covers such areas as the difficulties of negotiating school, understanding social cues, dating, expressing emotions, empathy, the arbitrary nature of manners, staying great in emergencies, being seen as egocentric, and sensory problems. The book also explains how he persevered and provides suggestions in addition to encouragement to fellow Aspies. 'Be Different' is an instant read and really worth reading for not only people with high-working autism but anyone interested in understanding how this influential segment negotiates what normal people consider run-of-mill circumstances. Excellent, Enlightening, Positive Read Yes, he offers his struggles. The Appendix can be interesting and includes some helpful descriptions in addition to resources. It's the kind of work which entertains while providing you valuable insight and maybe will assist you to reflect about someone in your life who you think is definitely a vexing odd bird. Enlightening the nypicals who seek to understand Aspergians John Elder Robison has spent his life teaching himself to compensate for his own insufficient social skills due to living with Asperger's Syndrome. His 1st book, "Look Me in the Eye" includes tales of hilarity and discomfort, sometimes at his very own expenditure. The response to these tales has surely much surpassed his expectations, as he quickly turns into looked to as "the guide" to parents' hopes and teachers' dreams. Seeing the need to find out more, Robison presents to others the best understanding he has developed about autistic thinking within a life time in his new reserve, "VARY". "VARY" presents deeper explanations of the thinking - at least as Robison provides experienced it - as a kid and as a grown-up. He reflects on what much easier his own existence might have been if others have been there to guide him instead of punish him for unidentified

transgressions. I wish this book had been a bit longer but I am therefore glad that it includes links to groupings, societies, and schools that might offer further support for Spectragians and other people who require it. But he has learned a lot about himself and how to function in the world to be remembered as a successful person. "Be yourself" is certainly a title that suits because with aspergers, the pressure to fit in is improved. This book is a "must read" for anybody involved with loving or serving these children and who might recognized a hitherto misunderstood adult. A few of the issues he discusses are as problematic to "nypicals" because they were to him, and his salient points apply to many children who are misunderstood by those that make assumptions instead of making the work. The whole cause I purchased it was I wanted insights into my own condition, but I came across it lacking. Robison's kind and wise views give center from the heart. Not Really Relevant to Female Aspies As a lady Aspie, I just didn't find myself in this publication. Similar to the author, I was just diagnosed in my own late 40s. It had been an okay publication, but I finished up placing it down before I completed it. The book begins slow and I had a sinking feeling the thing was going to be like those self-help books created as if the reader has the cleverness of a 4th-grader. But I don't think women with Asperger's will find what they're looking for here. In addition, it might provide to enlighten related persons who have to forgive those people who are not in charge of their condition. :) Five Stars great book Excellent! John Robison writes in a wry and amusing, yet informative, way, for the real you and me. For example, he gives a set of people affected by Asperger's, however, not one girl is shown. It's like he wrote this publication exclusively for guys, which is his right, I just think people should be aware of that before purchasing it. meh just boring, repetative rather than even a good reference. It showcases the extended difficulties that those with Aspergers face, and the way the author overcame them to be highly successful. Another key point that I will comment on is the need for standing out, pursuing you're center, being unconventional and performing what's best for you. This is an excellent reserve about embracing one's unique differences to become the best you possible. He refutes the theory that lack of response means insufficient feelings, in fact, he says that the truth is quite the opposite. While some of Mr. That is an enlightening, positive read for those of us affected by Asperger's. The chapters are brief and the materials is offered in a matter-of-fact manner, exactly like an Aspie. Robison has a knack for humor seeing that he describes and analyzes events with explanations for his blank stares and misunderstandings because of differences in language interpretation. This is a great read even for all those without aspergers since it teaches the importance and the benefits of being yourself. Fortunately, once Mr. John Elder writes in a conversant, relatable style. It seems the globe has this type of outline for how exactly we should live,

however the writer is a obvious example that even if you go off the well worn path, the opportunities are countless. Five Stars An affirming and engaging memoir of lifestyle as a young man on the spectrum. being unconventional and carrying out what's perfect for you Let me start by saying so inspirational this book is. I wish I had got such a book to learn as a youngster, then I would have just continued my obsessive path of most things Shakespeare :) (we was quite definitely discouraged by friends and family and I ended up "lost" for several years). that is why it got 1 celebrity. Positive and affirmative. A Good Book About Clear Mindset I really like the author's apparent and naturalistic style, the advice is so necessary for Aspergians who may find themselves dropped in the mire of 'career choice' or without the wise support. other than that it is alright. So that they can enlighten those people who are attempting to desperately to comprehend, but who are handicapped by being "nypical" (non-Aspergians), he has answered some of the queries asked of him by the countless caregivers and family members who now look to him for this guidance and much more. It's simply not for everyone. I understand that he's discussing his own experience, but I felt he excluded ladies from it completely. Excellent!



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