



ETERNITY SOUP

INSIDE THE QUEST TO END AGING

GREG CRITSER

AUTHOR OF *FAT LAND*

Greg Critser

Eternity Soup: Inside the Quest to End Aging



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Mix the latest and most rigorous scientific research, irrepressible old-fashioned entrepreneurship, and the ancient human desire to live forever (or at least a lot longer) and the effect is today's "compounding." Its achievements are up to now mainly marginal, but its claims flow with all the allure of a twenty-first-century elixir of youth. In *Eternity Soup*, acclaimed science writer Greg Critser requires us to every outpost of the antiaging landscape, house to zealots and skeptics, charlatans, and ingenious clinicians and academics. Critser finds a lot of chicanery and credulousness in the antiaging realm but also a unexpected degree of optimism, also among some formerly sober skeptics, that we may indeed end up being on the cusp of something big. inspired by certain laboratory findings concerning mice—live their lives in a state simply above starvation. ("It's Rather, we should just figure out how to fix and replace organs and cells that break down, such as a vintage car collector who continues a century-old Model T shining and operating like fresh. in the sunbelt? Right here, too, will be the theorists and experts who are seeking to comprehend the cellular-level factors behind senescence and ageing and other people who say, Why bother with that? the exploding multibillion-dollar antiaging sector.— How will they liberate themselves from this segregation that shunts them off to ") We meet the fresh wave of pharmacists who are reviving the erstwhile art of "the only the initial five years that are uncomfortable," Where will they find pleasure and meaning to match the inevitable loss that is included with longevity? testosterone patches, human growth hormone (so promising therefore potentially harmful), theories that view aging as a curable disease, laboratory-grown replacement organs (" *Eternity Soup* is an illuminating, wry, and provocative account of a long-dreamed-about globe that may now be becoming a actuality. says one proponent. "It really is such a stup-eed organ!"), and bountiful other troubling, hilarious, and invigorating substances. We go to a conference of the Caloric Restriction Society, whose people—"Waiting Rooms" using mortar and pestle to combine extravagantly profitable potions for maturing boomers wanting to recapture flagging sexual vitality. God! And that elicits its new set of issues: How will our society cope with a projected brand-new cohort of a million healthy centenarian Americans? says one. *Eternity Soup* is a simmering brew of tes I would like to create a kidney,"



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Eternity Soup: Inside the Quest to get rid of Aging Regardless of what age you are, you should be doing whatever you can to stay healthy and boost your healthy lifespan. That merely makes good sense. If you recognize, the next question is what is it that we should be carrying out? and I am anxiously awaiting your next book! I will list them my caution cautions as a comment. We may quickly be increasing lifespan more than a year every year - and you understand which means. You could live vastly healthier and much longer.. Where will be the really first class investigative reporters? You can't really sort through the many hype and half truths put out by media on deadline. Growing old and growing healthy is my motto therefore i picked this reserve up questioning what Critser would do to my practice of the last ten years.. He captures the exhilaration of what is occurring and what it could mean, the ups and downs, the excitement of the chase and the fog of ignorance that science is functioning through. Loved Fatland which is another great publication by Critser. If you typically prevent unscientific self-help books, and wish to read an accurate portrayal of cutting-edge science and personas in the ageing field, this book is excellent. This is what may be standing between us and death. Although there are no pat answers here, and the simple truth is, as always, somewhat complicated, Greg clarified about as much as I could anticipate as a layperson, and it had been easy reading. I just wish there have been a simple answer, however now, at least, I've a good map of the land. Another home run If Greg Critser wrote a reserve about the making of paper bags, I would read it -- he makes things that interesting. His earlier book Fatland changed how my children and I look at meals, and I began casting a wary attention at pharmaceutical commercials after Generation Rx. He takes technology and talks about it through the lens of culture, both public and personal. He injects critical topics with wit -- both generous and sardonic.. I can also start to see the why some didn't. A compelling, intelligent, often humorous look at the science of anti-aging Greg Critser did a rare thing in his latest publication, Eternity Soup: He has examined the complete realm of anti-aging science, former and present, in a highly-readable, highly-entertaining narrative that allows a nonscience guy like myself to truly understand the many scientific tracks currently being pursued. The complete anti-aging issue is quite a fascinating one which should interest anyone who possesses a curiosity about science and medication and/or the quest to prolong individual life. And. But how? Bravo! it also works out that the anti-aging world consists of an amazingly colorful cast of personas who are entertainingly taken to lifestyle by a writer who's as adept as any gifted novelist you may admire. Bravo, Greg Critser. Quality of life? He finds the stories within the research and explores them in a way that has me retelling them to friends later.. There are so many nay-sayers, and there are so many crooks ready to take our cash for products at greatest worthless and at worst dangerous. Sometimes, though, this is often grating. Don't let the topic matter scare you away. This was an absolutely fantastic read. A precise look behind the scenes The scientific field of aging has experienced an explosion of knowledge that many people are unaware of. I came across myself laughing out loud while reading a few of the chapters. Place me down as a pre-order for Critser's next book---whatever the subject! Great read and fascinating I actually saw Eternity Soup recommeded in last month's Scientific American plus they were right. That is a fascinating story about aging and not just why it happens but how scientists and lay folks are trying to both understand ageing and avoid aging. Critser writes with a control of the subject and some of the the lengths people will head to avoid growing older and is the price they purchase not aging worthwhile. Great book! I loved the book. It really made you believe..This was an easy read being humorous, entertaining, and educational with interesting interviews and studies explained by Greg. Another reviewer has examined 9- but only provides 5 star reviews..!and right on Greg Critser has to be one of the best reporters and authors on

medical issues around: he knows how to explain the technology, bring characters alive, and engage visitors in riveting tales even though making us think deeply about issues we'd probably never even considered.. Without taking sides, Greg helped me start to see the many different sides to this quest, perhaps the best and least heralded that man offers ever been on.

Informational We am a scientist working in the biotech sector. This book, compiled by a talented journalist, gives a large amount of technical details from a neutral stand. Three. Do you REALLY need to live forever?. No, on second thought, I'll not. Of course there are also a whole lot of good, possibly helpful, valid options out there. So now you possess three choices.. Skip my review. Join the group of sensible those who are skipping this review. Two. It is always so well written that I forget he is a science writer, I am entranced by the humor and how research in his hands becomes something easy to understand and to relate with. It may or might not be better than eating dessert first, though if you want to live forever, perhaps you should stop with the desserts currently. I like it. If you would like more, you will be dissatisfied. No cash back. I might possess titled this review ""curious incident of the dog in the night-time:" I refer to probably the most famous Sherlock Holmes mysteries, "Silver Blaze," where the crucial clue is that a dog will not bark when the beneficial race equine is stolen as the pet knows the thief. I live on a large populated island in Puget Audio that might be known as "Woodstock West" because so many old hippies have retired right here. I also discovered Eternity Soup to end up being an entertaining book to learn because Critser does a lot more than present scientific details and data. I wholeheartedly recommend Eternity Soup. Go through this book I must say i enjoy Greg Critser's function and We am also anyone who has practiced `longevity medicine' in its mildest type for several years. Well here is one: Greg Critser. Read the comment 1st. It produced me smile, it really is full of interesting information and he pokes holes with a sharp stick as needed. wonderful fun. For instance, in talking about issues that could arise from improved life expectancy, Gritser writes, "This, he says, brings with it all of the problems you might imagine: an increase in governmental spending, a strain on existing medical assets, inequalities in care, and an irrational boom in demand for pirated variations of the Grateful Dead's spring 1972 concert in Frankfurt where Jerry performed thatawesomefifteenminutesolo on "Trucking. informative and incredibly well researched I recommend this reserve to those of us who see our culture as enthusiastic about the aging. Greg was beyond thorough in his research giving us a complete accounting of some segments of our culture that live world of doing whatever it takes to stay youthful. I also valued his love of life and personal touches throughout. The book is easy to read and well worth the time. I cannot recall reading another research based reserve that was so informative however so thoroughly entertaining. After all, we're discussing something bigger than championship rings or gold medals even.. You will note the vast majority of the 5 celebrity reviewers have only reviewed this book.I can't wait for Critser's next intriguing and idea provoking book! Also, remember that the author's very own mother is normally a reviewer- she adored the book! Did she also vote my review as unhelpful?. His topics are timely (witness the cover of Time Magazine the week after Eternity Soup was released) and as somebody who is feeling the fluctuating hormones of middle age group, who looks in the mirror daily and has to decide if I like what I observe, I came across Eternity Soup amazing -- as a lot of a wake-up contact as Fatland was 6 years back. If all you have to is a light reserve on this issue of aging study, you will see it engaging. Read the review first. I came out in the middle, and gave it 3 celebrities. It is an easy go through. I know most of the scientists Critser describes in Eternity Soup and found his descriptions to be directly on the mark. Highly Enlightening and Thoroughly Entertaining! For anybody interested in the quality of their life that is essential read." Read this

Reserve before Investing in an Anti-Aging Therapy Greg Critser's overview of the current status of the anti-aging medicine in Eternity Soup is outstanding. This is the first reserve to comprehensively examine the anti-aging industry also to evaluate the scientific precision of the promises made about numerous remedies currently on the market to slow down aging and maintain youthfulness. As a scientist with over 35-years of encounter in aging research, I was extremely impressed with the scientific precision of this publication and the fairness that Critser provides in reviewing both anti-aging therapies and scientific analysis in aging. [Pointless trivia: when I was 13 years older I attended senior high school in Woodstock East a couple of years before the flames of Jimi Hendrix and Janis Joplin burned brightly and briefly like moths drawn to a flame. He describes the history behind the anti-aging promises and the research discoveries in aging, giving the reader an insight into the personalities of the researchers and anti-aging entrepreneurs. The author has a breezy style. He raises interesting problems about the quality of aging, what is aging, just how do we do it gracefully so that it is about more than outliving our ancestors. [The case of the older dog that didn't bark in the night-time] I will begin by giving you 10 reasons not to read my review of ETERNITY SOUP, by excellent technology writer Greg Critser.. Since my grandmother lived to become 105, I hope to be a Centenarian,also, but wanting the quality of life like stated in the reserve. Great book in the truth on fighting aging Just like the way Critser weaves a tale about the beautiful and wacky globe of our quest to remain young. His narrative style punctuated with scientific specifics is an engaging design and a stimulating browse.. He delves deep. refreshing (if not really rejuvenating) on all counts. Here is my (more balanced, I am hoping) review: I could see why many reviewers loved this book. One. Breezy tour of aging research A warning to review readers: Put your cursor over the reviewers names.



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