

#1 NEW YORK TIMES BESTSELLING AUTHOR OF CESAR'S WAY

# CESAR MILLAN

with MELISSA JO PELTIER

Use Cesar's Way to  
Transform Your Dog  
... and Your Life

A photograph of Cesar Millan, a man with grey hair and a goatee, wearing a red polo shirt, smiling and standing behind four dogs. The dogs are a German Shepherd, a large poodle, a pit bull, and a dog lying down in the foreground. The title 'BE THE PACK LEADER' is overlaid in large white letters.

## BE THE PACK LEADER

Star of National Geographic Channel's *Dog Whisperer*

Cesar Millan

Be the Pack Leader: Use Cesar's Way to Transform Your Dog . . . and Your Life



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The New York Times bestseller! Me fame s customers, viewers, and fans [Millan is] serene and mesmerizing. ll improve your pup' He deserves a cape and a mask. Be the Pack Innovator is filled with useful tips and techniques, including: How to make use of calm-assertive energy in associated with your dog also to others around you .” Success tales from Cesar’s guide for taking your relationship together with your pet to a higher level. like the Grogan category of Marley & Be the Pack Head is Cesar Millan’ An instant reference guide of specific, step-by-step procedures to tackling some of the most common pet behavior problems” “[Cesar] arrives amid chaos and leaves behind peace. s breed Malcolm Gladwell, THE BRAND NEW Yorker“ By developing the skills necessary to end up being the calm-assertive owner your pet needs to ensure that him to live a well balanced, fulfilled life, you’ . . The reality about behavioral equipment, from leashes and harnesses to clickers and e-collars s behavior and your own life aswell. How to satisfy the needs of your dog’ New York Times



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Solid Training Advice His approach is simple; These appendixes can be extremely helpful to a pet owner and consulted long after reading the book.. Cesar claims that your dog is normally a mirror to yourself and any issue behaviors it has is definitely a reflection of your behavior in relation to it. Business lead them. I respect Cesar because he gets the guts to utilize aggressive (written off) canines, unlike many positive-only trainers (won't name titles who are quick to euthanize). He understands a proper relationship with a puppy is normally a primal one where the owner must assume pack leadership to attain respect, harmony and stability for all involved. just what a game changer Hello, Our adopted little 7 year aged Yorkie terrier, Rambo, lived up to his name. Fun stories however, not instructional I am actually quite the lover of Cesar Millan's function and find his present both entertaining and practical. I was very much hoping that this book could be a tool to make use of while working with our recently adopted hound. The Leader of the Pack Cesar Milan the superstar of your dog Whisperer and Cesar 911, wrote this publication to transform your daily life with your doggie as you become the Pack Head of your dog. If you've ever been pulled down a block while strolling your pet, you know what I mean. Thank you Ceasar! I used one of Milan's books 12 years back, whenever we got our last pup. We have actually got many compliments on Rambo's sweet "character". As in his initial reserve Cesar reemphasizes how Americans treat their dogs like humans in fur coats, not really allowing them to end up being the dog that they are and yearn to end up being. So, I feel empowered again, and wish jointly Cesar and I can create another particular dog-human relationship. My old son loves the various tools we are learning, and reminds me of these too! Stressed throughout is the importance of calm assertive leadership when coping with your dog. Nevertheless, while reading the reserve it became clear immediately that this was significantly less of an instructional instruction than it was simply a written sample of many of his previously documented displays. I realized I got forgotten how to deal with it. I am currently seeing the rough areas go smoother since I got this.. The method of exercise, discipline and affection for the reason that order is required and also rules, boundaries and restrictions regarding you puppy, yourself and family. I found this book to be part pet dog psychology and personal improvement for folks . There are appendixes on coping with pet walking, obsessiveness , pet socialization, dog recreation area etiquette , vet visits etc. treat a doggie like a puppy (don't superimpose individual thoughts and emotions on them), exercise, discipline, reward, and most importantly. So far as learning to be a Pack Leader of your pet after reading, more effort will be required. When you have a pet or are thinking of getting one or just want to understand them more, you will find this a fascinating read. This book was a good read and it had been interesting to listen to about other folks and their house animals, but I did not find that it held much information to aid in personal endeavors to "rehabilitate and teach" yourself as well as your pet. Our dog became this wonderfully balanced dog whose name now makes people laugh. Suggested. This book changed everything for the better! I have read this book and listened to it on audible now three times. Every time I examine it I get something new out of it. It's useful and easy to put into action immediately. Our 12 year outdated schnauzer had received very little trained in her life, even though I acquired her as a pup. After a in regards to a month of practicing constant relaxed assertive leadership with her she now waits patiently for her food, walks right following if you ask me on the leash (even when I'm walking with the baby buggy), sits, is learning to lay down, she has halted wandering off when off leash, has just had one accident it the house, she now includes a soft cage that she adores and chooses to sleep in at nigh, she's halted darting thru doorways before me, waits for me personally to lead her places, she actually is now walking nearly 3 miles a time, has virtually no anxiety anymore and to make it a lot more exciting, my children are doing better as well. I trid another publication a freind told me about, but it didn't take action for my persistent Sheltie. These equipment have changed my entire life and my children. I now see myself as a pack head and I'm able to do it in a calm loving, assertive way; Five Stars Extremely ideal for dogs and owners. It's been amazing. We discovered how exactly to communicate our calm energy to the dog, so he would relax. This book is a great introduction into his strategy.thank you Cesar pertaining to

your honesty. Generally, simply being agitated continuously. whenever we would leave him in the home. He was whining and shaking on car rides & We discovered through Cesar Milan's book, Cesar's Way, that energy is the universal vocabulary and that Rambo's behavior was directly affected by his owner's energy levels. Thank you Ceaser! Great information If your likely to train using Cesar's strategies, this book is the one to read. I love the list of do and don'ts in schooling. Improving your dogs behavior requires a transformation in your behavior which is not always easy but this book will give you some guidance. no gone, we have an extremely stubborn puppy. We would recommend Cesar's Method because not only gets the publication changed Rambo's lifestyle, but ours as well. Insightful Really made me look at myself rather than my dog...lots of work to accomplish.. His bad habits included jumping on people, jumping up for his meals, and barking for what appeared like permanently. I think that this book has been a lifesaver. We adopted Cesar's 3 part formula of exercise, discipline and affection (for the reason that order) to the letter. I can figure out what I am doing wrong and change my behavior and have success with my dog. Thank you Ceaser Millan!! LEARNT A WHOLE LOT ABOUT MYSELF AFTER READING HIS PUBLICATION Life saving information!!! We adopted two pups from our community shelter and noticed immediately that we needed help to begin them and us on your path. My romantic relationships with my 2 dogs has recently changed dramatically Dog schooling for a well behaved dog I love how simple the training methods. Focusing on how important it really is to be balanced and the pack leader will help us increase our young puppies to be happy and balanced themselves. Cesar Milan is still my favoite trainer.! CESAR MILAN - CESAR'S WAY Like CESAR MILAN AND JUST HOW HE WORKS WITH OUR CANINE FRIENDS!! making the respect of those around me. One Star Unhappy with Cesar's rules. And he did!



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