

THE BELLY BOOK



a nine-month journal for
you and your growing belly

by amy k

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The Belly Book: A Nine-Month Journal for You and Your Growing Belly
(Potter Style)



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Before you can fulfill your baby, you may spend a swell (as they say) nine months getting familiar with your developing belly.time-lapse” The 1st pregnancy journal devoted 100% for you as well as your belly, The Tummy Book is arranged by trimester and contains pages for ” stomach photos and ultrasound pictures, along with prompts for authoring morning sickness, food craving, maternity clothes you under no circumstances want to see again, and much more.



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Looked at a large number of books and happy I picked this one I looked through dozens of these kinds of books in Amazon, at the bookstore, and on Etsy.. Super easy to create in and incredibly customizable! Highly recommend! But if you like that type of thing then that would be a pro for you of course! This publication covers those topics however in a more tactful, polite method. The tone is great and laid back, funny language.. I also like that the book is arranged by weeks, not months, and has space for stomach bump pictures and ultrasound photos. There is a page for each prenatal go to and for each week. There are also other pages regarding how exactly we told family, etc. Upsides: If you remember to fill up it out regularly, it is probably going to end up being fun to look back again at. I'd intended to also keep a journal, but I've been so exhausted that I've just been writing in this book. 39 weeks Love the book just wish it proceeded to go up to 42 weeks the book only goes up to 39 weeks individuals last couple of weeks before baby is born would be nice to document. Great reserve! Took out from the box and was really surprised. Great book that has just enough guidance but also offers space so that you can add extra thoughts for your child. This is our first baby and I wanted a simple book to remember these occasions and for my child to have 1 day. I'm a crafty person but having too much "freeness" with things like this may stress me out. So I'd say it is the perfect amount of guidance queries with blank areas to add various other thoughts. None of the negatives are HUGE offer breakers and I did search many books on Amazon, a few of which were awful in my opinion and even worse in the "diary" likeness. The questions aren't the same weekly, so you get "aversion/craving" questions and "movie watched this week, reflections" writing prompts. The size of Rhoad Island, Texas, or Louisiana purchase?" I just wish it had a folder/envelope for each trimester to carry extra photos and such but it doesn't take away from how sweet and useful it really is. Smart way to track stomach photos and doctor visits also with monitoring the joys and not so joys to be pregnant. It's a good buy. There are various spots for u/s and belly pics, and so far it seems going to all of the milestones with me." Love this book! I love it! We purchased this to keep an eye on milestones during our first being pregnant. I'll likely buy this publication again in the future for subsequent pregnancies. This is strictly a journal that assists lay out areas to fill in what mommy is feeling and anything she would like to jot down. Edit : This book says the next trimester ends by the end of the 24th week, which is incorrect! The questions about each week's symptoms/activities change, which is nice, but I stopped filling it out because I felt the questions weren't particularly interesting. Love this reserve! There are various places for u/s ... :-(Good but not amazing That is our first pregnancy and I was looking for a book to record the knowledge. In the event that you do purchase, read through the whole thing once you obtain it so you remember to write down things like "first-time I felt the flutter" or "first time I wore maternity clothes. I like that it offers you the choice to write as much, or as little, as you need.-- There exists a lot in the reserve that's useless to me since it has nothing in connection with pregnancy, to me anyway. I love it! This one is good but not amazing. Pros:-- It's simple but cute.) were clarified- like, is week 1 the 1st week after your last period or.-- It has a band which you can use to keep it from opening up randomly. Spend some time browsing the books before you get and make sure this is what you were looking for though. I'm 14 weeks and only started having a little bump a week or two ago, so those web pages are useless unless I simply want to check out my normal pre-pregnancy stomach.-- Another thing that didn't fall into line was our heartbeat appointment. I didn't realize and wrote our encounter in at our 12 week appointment, because that is when it happened. In the book it really is, I believe, the very first thing for the next trimester. NOW I AM upset, because the whole 2nd half of my reserve is wrong. Disappointed Easy to create in and customize! It goes out of order- there must be little section markers. The prompts/questions were by significantly the best of all the books I noticed. the same music I was hearing last week and pre-pregnancy. Pre-

natal visit info reaches the back of each trimester section for example. A lot of the books I looked at had some really weird questions in them to answer and too much concentrate on "my growing boobs" and "I'm puking constantly" and stuff you wouldn't precisely want in a reserve. It's separated into trimesters and by weeks. That one does help you keep an archive of appointments and how you experienced, and have the areas for the images, etc.-- It has pages focused on appointments and an area to glue/tape your ultrasound-- It has stomach pic pages (although I do mention a con with that one also)Cons:-- A lot of the first trimester (of mine anyway) will be empty because they have so many web pages dedicated to week by week stomach picks.It would also be helpful if the "weeks" (week 1, week 2, etc.. Personally i think like with some of these questions it begins acting similar to a diary/journal rather than a pregnancy reserve/journal. Great present too! I definitely love this book! Good but needs improvements Downsides:You have to look over the whole "trimester" section to know what things to write, when.-- Some of the wording is clever and funny...? Personally i think like this book covers all the essentials in a great yet diplomatic method (won't feel weird about sharing it with people), and may be the right length. It also has some humor in it with questions like "The length of your appetite? Yet, it's still fun.General, kind of fun, but think there could be some improvements made to help to make it easier/even more fun to fill out. I can get over that, as the within of the book is great. I recently ordered this book to document my pregnancy. It paperwork each trimester by week, including space for every week belly photos. Also offers space for ultrasounds and weekly notes. Generally, the portions that solicit answers (about morning hours sickness, meals aversions, etc) I really do not find to be too invasive! Disappointed Wow. Just enough guidance! The book is all dirty and messed up. Like asking me which kind of music I'm listening to this week. But, probably for a lot of who like writing more and don't need creative provocation would appreciate it. Instead of place tummy bump photos (reason behind my size) I placed our ultrasounds in them. Therefore the name is really hokey, and it's not as cute as a number of the others. I plan to add more to the inside and outside given that I know the gender of our kid. Its okay. Strictly a journal As a first time parent i have been doing PLENTY of research. Section for each week of pregnancy belly bump which I'm sure I will not use all of them, but otherwise I'm pleased with the reserve. The reserve is hard back again bound and includes a stretchy elastic strap to carry it closed. It can great at that but for the price there is not very much to it. Any journal would do. Pretty cool small pregnancy book Just received my Stomach book today. I am so glad I chose this book. I expected a little bit more out of this like fun facts or tidbits about what week you are on and what to anticipate but it isn't that. Really do like this book Really do like this book , however I wish it had extra space where you could write personal notes in it. Almost such as a journal. Besides that I would recommend this. And would repurchase. It has been a fun experience. Ideal for tracking memories during pregnancy Love it. ??



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